

**BA SANGAM COLLEGE**

**YEAR 11**

**ENGLISH**

**WORKSHEET - 2**

**Comprehension Passage**

**Consumers' Right to Healthy Food**

Consumers have a right not just to food but to Healthy Food. This is the theme for this year's World Consumer Rights Day. The Consumer Council of Fiji together with the Ministry of Health, Diabetes Fiji, and the National Food and Nutrition Centre will host a discussion with health experts and members of the Food Industry on the theme, which is high on the global health agenda.

The world is facing a major health crisis and Fiji is no exception with an alarming record of Non - communicable diseases (NCDs). Diabetes, obesity, high blood pressure, heart-related problems and other NCDs are rife in Fiji. Today, 1 in every 3 persons is diabetic, 33 amputations are done per month or eight every week on average (that's one every 12.6 hours), and one in five people may end up having stroke – all because of unhealthy diets. What is more disturbing is that the youngest diabetic patient in Fiji is just 12 years-old.

Healthy diet is central to resolving the NCD epidemic as they always say that 80% is food and only 20% is exercise. Consumers need to make an informed choice when buying food and drinks. Therefore, it is vital that consumers have access to clear and accurate information at the point of choice in terms of nutrition labels on the food/beverage packets.

The World Consumer Rights Day celebration was celebrated on 13th March at Southern Cross Hotel in Suva, and was opened by the Minister responsible for Consumer Affairs, Minister for Industry, Trade and Tourism, Mr. Faiyaz Koya. The second part of the programme was the landmark launch of the Alliance for Healthy Living, an initiative of the Diabetes Fiji, Ministry of Health, National Food and Nutrition Centre and the Council. This was officiated by the Assistant Health Minister, Ms. Veena Bhatnagar.

The Council had also invited key stakeholders from the Food Industry (manufacturers, importers, distributors and retailers) to be part of the discourse, with a hope to have an open, fair and meaningful discussion on the issues and to find a way forward. All stakeholders must be prepared to work together as multiple interventions are required to arrest the NCD crisis which is not just costing the nation money but lives.

**Part 1 - Multiple Choice**

1. What is high on the global health agenda?

- A. Consumers' right to food.                      B. World Consumer Rights Day.  
C. Consumers' right to healthy food. D. Consumer Council of Fiji.

2. According to paragraph 2, the increasing rate of Non Communicable Diseases is due to

- A. major health crisis.                      B. other NCDs.  
C. heart related problems.                      D. unhealthy diets.

3. What word in paragraph 2 is a synonym of alarming (line 6)?

- A. Facing.                      B. Amputations.  
C. Disturbing.                      D. Diabetic.

4. The World Consumer Rights Day programme in Fiji had two parts. Which part was formalized by Mr. Faiyaz Koya?

- A. The landmark launch.                      B. The first part.  
C. The Second part.                      D. Consumer affairs.

5. The phrase "...to arrest the NCD crisis..." (line 29) is synonymous to which phrase in paragraph 3?

- A. ... resolving the NCD epidemic ...  
B. ... 80% food 20% exercise ...  
C. ... make an informed choice ...  
D. ... point of choice ...

## PART II            SENTENCE COMPLETION

Complete the following sentences using ideas given in the passage.

Try to use your own words where possible.

6. All stakeholders (line 28) refer to \_\_\_\_\_

\_\_\_\_\_

7. In Fiji, 1 in every 3 persons is diabetic. What makes this figure more disturbing  
is

\_\_\_\_\_

\_\_\_\_\_

8. Consumers can ensure they have a healthy diet by

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**PART III      OPEN ENDED**

Answer the following questions with complete sentences

Use your own words as far as possible.

9. Why is it important for all stakeholders to work together?

10. Who does the word they (line 13) refer to?

11. What does the Consumer Council of Fiji hope to achieve by including members of the Food Industry to be part of the discussion?

**GOOD LUCK**