

Labasa SANGAM (SKM) COLLEGE

Home Economics

YEAR 9

REVISION WORKSHEETS

SUB STRAND 1: WORKSHEET 1

SUB STRAND 2 & 3: WORKSHEET 2

SUB STRAND 4: WORKSHEET 3

**WORKSHEET 1**  
**STRAND 1: HOME MANAGEMENT**  
**SUB STRAND 1: THE FAMILY**

1. Define the term: Family

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2. Identify the following types of families in Fiji:

- (i) Ana's family includes her mother and her two sisters. \_\_\_\_\_
- (ii) My father re-married and I have two step brothers. \_\_\_\_\_
- (iii) My guardians do not have any children. \_\_\_\_\_

3. Differentiate between nuclear family and extended family.

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4. Discuss the following functions of the family:

- (i) Cultural function

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- (ii) Intellectual function

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5. Differentiate between social function of a family and economical function of a family.

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6. Explain how a family is able to provide the following needs:

(i) Physical needs

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(ii) Emotional needs

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7. Complete the following sentences:

(i) Praising one for good work and accepting someone helps to develop

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(ii) Discriminating or neglecting someone fosters

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8. Identify **one** role which is:

(i) Given to you at birth \_\_\_\_\_

(ii) Assigned to you \_\_\_\_\_

(iii) Chosen by you \_\_\_\_\_

9. Discuss the following six C's:

(i) Companionship

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(ii) Care and concern

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(iii) Consideration

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10. Define: Family Relationships

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11. Explain the influence of the following six C's:

(i) Communication

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(ii) Cooperation

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12. State **two** characteristics of good citizenship.

(i) 

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(ii) 

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**WORKSHEET 2**  
**SUB STRAND 2: MANAGEMENT IN THE HOME**  
**SUB STRAND 3: HOUSING**

1. Define: Values

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2. Differentiate between needs and wants.

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3. Identify the **third** step in the decision making process.

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4. List **two**:

(i) Human resources

a. \_\_\_\_\_

b. \_\_\_\_\_

(ii) Non-human resources

a. \_\_\_\_\_

b. \_\_\_\_\_

5. Differentiate between renewable resources and non-renewable resources.

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6. Discuss **two** ways of managing resources at home.

(i) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(ii) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. Complete the following sentences regarding renewable energy resources:

(i) Bio fuel is powered by \_\_\_\_\_.

(ii) Hydro electricity is powered by \_\_\_\_\_.

8. Define the term: Housing

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

9. Explain **two** ways how housing needs satisfy our physical needs.

(i) \_\_\_\_\_  
\_\_\_\_\_

(ii) \_\_\_\_\_  
\_\_\_\_\_

10. Describe the following types of housing:

(i) Squatter Settlement  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(ii) Apartment  
\_\_\_\_\_  
\_\_\_\_\_  
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11. State **one** characteristic of :

(i) Housing Authority Provision

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(ii) Senior Citizens Home

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(iii) Village Housing

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12. Identify **two** common hazards that affect housing in Fiji.

(i) 

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(ii) 

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13. List **two** ways to improve housing structures in order to cope with natural disasters.

(i) 

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(ii) 

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**WORKSHEET 3**  
**STRAND 2: FOOD AND NUTRITION**  
**SUB STRAND 4: THE KITCHEN**

1. List three kitchen safety rules.

- (i) \_\_\_\_\_  
\_\_\_\_\_
- (ii) \_\_\_\_\_  
\_\_\_\_\_
- (iii) \_\_\_\_\_  
\_\_\_\_\_

2. List two electrical safety rules.

- (i) \_\_\_\_\_  
\_\_\_\_\_
- (ii) \_\_\_\_\_  
\_\_\_\_\_

3. Identify the cause of the following kitchen accidents:

- (i) Scald  
\_\_\_\_\_  
\_\_\_\_\_
- (ii) Fire  
\_\_\_\_\_  
\_\_\_\_\_

4. Identify one prevention of the following kitchen accidents:

- (i) Burn  
\_\_\_\_\_  
\_\_\_\_\_
- (ii) Poison  
\_\_\_\_\_  
\_\_\_\_\_



5. State two aims of First Aid.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

6. Differentiate between kitchen hygiene and personal hygiene.

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7. State the use of the following kitchen equipment:

(i)



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(ii)



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(iii)



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8. State the use of the following cleaning materials:

(i) Sponge

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(ii) Scourer

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9. List two ways of conserving water in a kitchen.

(i) 

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(ii) 

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10. Why are cutlery and glassware washed first when washing dishes.

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11. Identify one cause of sink blockage.

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12. Give a reason:

(i) Wipe stovetop when still warm after each use.

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(ii) Wrap foods properly or cover foods tightly when putting it in the refrigerator.

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(iii) Never use anything sharp to clean the refrigerator.

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(iv) Do not put hot food in the refrigerator.

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13. Identify the use of the following kitchen linen:

(i) Tea Towel

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(ii) Pot Holder

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(iii) Dish Cloth

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**THE END**

**STAY SAFE AND STAY BLESSED!**