

SANGAM SKM COLLEGE – NADI
HOME ECONOMICS DEPARTMENT -YEAR 11

WEEK 4 WORKSHEET

THE FAMILY AND HOME MANAGEMENT

- a.
 - i. Define adolescence.
 - ii. Explain the change, seeking identity, in an adolescent's life.
 - iii. State one characteristic of an adolescent with a low self-esteem.
 - iv. State one emotional change that occurs during an adolescent's development.
 - v. Give one effect of this change on the adolescent.
 - vi. Explain one way adolescents can manage this change.
 - vii. State one hormonal change that occurs during adolescence.
- b.
 - i. State one primary need of a family.
 - ii. Explain one adjustment that has to be made in a newly married stage.