

**SUVA SANGAM COLLEGE**

**YEAR 11**

**HOME ECONOMICS**

**WORKSHEET # 2**

**TOPIC: THE FAMILY**

**(a) Family needs** are basically human needs such as, food, water, clothing, shelter, and air are the needs of a family. Good communication, love, respect, understanding, more time to spend together regardless of a busy hectic schedule is also what a family needs.

Provide a definition for the following family needs:

(i) Primary Needs:

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(ii) Secondary Needs:

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(b) Explain how families can meet their needs according to Maslow's Hierarchy.

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(c) Define the term **adolescence**.

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(d) Adolescents experience a tremendous amount of physical growth and development. List down 2 **physical changes** that occur in a male and female adolescent.

Male	Female