

SUVA SANGAM COLLEGE

YEAR 11

COMPUTER

WORKSHEET 4

Strand 1	COMPUTER AND APPLICATIONS
Sub-Strand	Health and Safety Issues
Reference from Text	Pg. 40-45

Questions

No.	CONCEPT IN BRIEF: Health and Safety Issues
1.	a) What is ergonomics? b) Why is ergonomics important?
	CONCEPT IN BRIEF: Health and Safety Issues - Physical health and Workplace Safety Rules
2.	a) Define the phrase —Repetitive strain injury . b) List five basic safety precautions to use when working on a computer.
	CONCEPT IN BRIEF: Health and Safety Issues – Power Fluctuation Types
3	List and discuss the types of AC power fluctuations can cause data loss or hardware failure.