

STRAND	SAFETY
SUB STRAND	Personal Safety
CONTENT LEARNING OUTCOME:	Analyze the difference between prescribed and over counter drugs.

LESSON NOTES

DRUGS

- A **drug** is a substance which may have medicinal, intoxicating, performance enhancing or other effects when taken or put into a human body and is not considered a food or exclusively a food.
- **Prescribed drugs** are those issued by the doctor to cure a particular sickness for example; antibiotics.
- **Over the counter drugs** are those that can be bought without the doctor's prescription for example; panadol.
- **Illegal drugs** are drugs that are not allowed by the government to be used by its people. An example of an illegal drug in Fiji is marijuana.



ACTIVITIES

1. What is a drug?

Drug is a substance which may have medicinal, intoxicating, performance enhancing or other effects when taken or put into a human body and is not considered a food or exclusively a food.

2. List down three drugs that we can get over the counter.

- **Panadol.**
- **Ibuprofen.**
- **Aspirin**

3. Difference between prescribed drugs and illegal drugs?

Prescribed drugs are those issued by the doctor to cure a particular sickness for example; antibiotics whereas Illegal drugs are drugs that are not allowed by the government to be used by its people. An example of an illegal drug in Fiji is marijuana.