1008 Dreketi Sangam School
Year 7
Healthy Living
Answer Sheet 2021

EXERCISE 1 TRUE OR FALSE

1. Peer influence comes into a variety of forms. T
2. It is very easy to say "No" to peer pressure. F
3. You must always follow what our peer says to you. F
4. A friend is not a real friend if he or she doesn't respect your decisions. T
5. Always try to walk away from a situation where you might be pressured on. F
6. Choose your friends wisely. T
7. Always think of the consequences of your action. T
8. "Going with the flow" is okay. F

EXERCISE 2 PARAGRAPH WRITING

Think of an incident where you were negatively pressured. Write a paragraph on the incident

Include the following:
i) What was the situation?
ii) State as how you were negatively pressured?
iii) Did you agree or disagree to be part of the situation? If no then how did you overcome the negative peer pressure.
iv)What were the consequences of either saying yes or no to the situation?

Title: _____