

HOMSTUDY PACKAGE

WEEK 1

YEAR 8 HEALTHY LIVING WORKSHEET 01/2021

SOLUTION

Section A: Fill in the blanks.

Dishonesty support fairness trust happiness good Relationships

1. Some characteristics of healthy relationships are **fairness**, **trust** and **support**.
2. **Dishonesty** will turn a good relationship into a bad one.
3. In a healthy relationship people's life are filled with **happiness**.
4. **Relationships** need to be maintained and healthy relationship will work.
5. Controlling behaviours can turn **good** relationship into a bad one.

Section B: Short Answers

1. Why do we need relationships?

- To overcome loneliness

- To help, support each other and to live in peace and harmony

2. Why is trust important in any relationship?

- So that the relationship is a healthy one and does not break apart

- Without it, the relationship will be shaky and will eventually fail

- To feel secured, honoured and be responsible for each other's action

3. Think of and name **three dishonest practices** that can contribute to unhealthy relationships.

- Dishonesty

- Bullying

- Fighting

- Swearing

(Accept other similar related answers)

- Discrimination

- Cheating

- Stealing