

**2034 NANUKU SANGAM SCHOOL**  
**LESSON NOTES**  
**WORKSHEET 2 -2021**

**Subject; Healthy Living Year: 3 Name: \_\_\_\_\_**

<b>Strand 3</b>	<b>SAFETY</b>
<b>Sub-Strand 1</b>	<b>PERSONAL SAFETY</b>
<b>Content Learning Outcome (CLO)</b>	Recognise the need to follow rules in order to ensure their own safety and safety of others.

NOTES

**Topic : Safety – Going to school**

1. Go straight home after school and come straight to school from home.
2. Do not play or loiter on the way.
3. Don't climb trees or go into bushes to pick fruits.
4. Use the safest route. Be alert to dangers.
5. Don't pick up strange or unfamiliar objects.
6. Keep away from stray dogs and all other animals. Never arouse the anger of an animal. It may attack you.
7. Don't throw stones.
8. Don't talk to strangers.

**ACTIVITY**

**PUT A CROSS (X) OR A TICK ( ) IN THE SPACE PROVIDED**

- \_\_\_\_\_ Make friends with strangers
- \_\_\_\_\_ Visit your friend after school.
- \_\_\_\_\_ Never play on your way home.
- \_\_\_\_\_ Go straight home after school.
- \_\_\_\_\_ Do not climb trees after school.

**Topic : Safety while crossing a creek or bridge**

1. Cross at the shallowest and safest point.
2. Use the footpath if there is one.
3. If you have to use a tree trunk bridge, walk on it carefully, with bare feet and balance yourself well.
4. If it is a small bridge with no railings, wait until it is clear of traffic before crossing it.

**ACTIVITY**

**WRITE TRUE OR FALSE**

1. Always cross the river at a safe point \_\_\_\_\_
2. Cross the bridge when it is busy with traffic \_\_\_\_\_
3. It is safe to run on a tree trunk bridge when crossing a bridge \_\_\_\_\_
4. It is safe to cross the bridge if the footpath is available \_\_\_\_\_
5. It is safe for traffic to cross bridges with no railings \_\_\_\_\_