

**1077 RAVIRAVI SANGAM SCHOOL**  
**YEAR 8**  
**SUBJECT: HEALTHY LIVING**  
**WORKSHEET # 2**

<b>STRAND</b>	<b>STRAND 3 SAFETY</b>
<b>SUB-STRAND</b>	<b>Personal Safety</b>
<b>CONTENT LEARNING OUTCOME</b>	Explains the need for applying rules in familiar settings.

## LESSON NOTES

### Personal Safety

- Familiar settings around us are our home, school and community or village.
- The environment that we are in everyday must be safe.
- The environment must be must be protected from hazards, abuse, intruders, or harm.
- Most of the time there are written and unwritten rules to control behaviour in these settings.
- The rules or guidelines are there for fairness and order.



## ACTIVITIES/EXERCISES

1. a. List two rules you have at home.  
b. What happens when you break these rules?
2. What do you think will happen if there are no rules in school?
3. There are some rules in the church, temple or mosque you attend.

List two of these rules.