

**SANGAM SKM COLLEGE – NADI**

**YEAR 11**

**HOME ECONOMICS**

**WEEK 4 WORKSHEET**

**MODEL ANSWERS**

**QUESTION 1 THE FAMILY**

- a. Explain the change seeking identity in an adolescent's life.
- **Young people are busy working out who they are and where they fit in the world**
  - **Adolescent youth experiment with different identities (values, music, religion, etc.) to determine what sort of person they'd like to become. Youth may experiment with their physical appearance by altering their clothing, hair styles and colors, and make up. Youth may also experiment with different friends, peer groups, and activities. Youth may also challenge long-standing family traditions. For example, while Jone may have always enjoyed the family's tradition of Saturday movie night, he may now argue, and whine when asked to participate. Instead, he may express his desire to get together with his friends at Krishneel's house to play video games.**
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- b. State one hormonal change that occurs during adolescence.
- **Pubescence is characterized by many physical, emotional, and hormonal changes. The hypothalamic-pituitary-gonadal system is maintained in a dormant state (with a low level of activity) during prepubertal years by higher central nervous system inhibition. With the onset of adolescence, the reproductive endocrine system becomes increasingly active. The attainment of sexual maturity in terms of secondary sexual characteristics, the production of spermatozoa in the male, and the cyclical female pattern with release of ova are end-points of the developmental process**

## **QUESTION 2 RESOURCES**

- a. Define Refuse in the 4Rs of conservation.
  - **Our throw-away culture is one in which it is often cheaper to buy new items rather than have old ones repaired. But this is of course very wasteful. There are numerous items that can be repaired rather than thrown out: TVs, bicycles, shoes, clothes and furniture are just a few examples. Buying clothes from charity shops are examples of reuse.**
- b. Explain the importance of conserving natural resources.
  - **Resources are features of environment that are important and value to human. However, the advancement of modern civilization has had a great impact on our planet's natural resources. So, conserving natural resources will bring sustainability**

## **QUESTION 3 HOUSING**

- a. State the role of
  - i. Home and Interior Designer
    - **Interior designers make interior spaces functional, safe, and beautiful by determining space requirements and selecting decorative items, such as colors, lighting, and materials. They read blueprints and must be aware of building codes and inspection regulations, as well as universal accessibility standards.**
  - ii. . Carpenter
    - **Carpenters construct, erect, install, and repair structures and fixtures made from wood and other materials. Carpenters are involved in many different kinds of construction, from the building of highways and bridges to the installation of kitchen cabinets.**
- b. Explain one factor that influences the choice of location for houses
  - **Cost - The amount of money available will determine if the location is affordable .Houses are usually expensive in urban settings and those closer to all amenities. You can either rent or buy a home.**