

BA SANGAM COLLEGE

YEAR 11

HOME ECONOMICS

WORKSHEET 5

THE FAMILY

1. What is a family cycle?
2. Identify and describe the different family life cycle.
3. Describe the following needs in your own words:
 - a. Safety needs
 - b. Emotional needs
 - c. Physiological needs
 - d. Esteem needs
4. Define adolescents.
5. Discuss the effect of the following changes in an adolescent's life:
 - a. Social
 - b. Moral and spiritual
6. Identify and describe how adolescents can manage the change that they go through.
7. Differentiate between
 - a. social and intellectual change.
 - b. Actual norm and perceived norms.
8. Define the following:
 - a. Pregnancy
 - b. Teenage pregnancy
9. Describe the parents' role in teen pregnancy prevention.
10. List 3 causes and 3 preventative measures of teenage pregnancy.
11. Describe the term baby blues and list 3 symptoms.
12. Discuss the effects of teenage pregnancy on self and family.

ESSAY QUESTIONS

QUESTION 1

Emotional changes are common among teenagers.

With reference to the above statement, discuss

- Two emotional changes that occur in teenagers
- One effect of each of the emotional changes identified above.
- One way teenagers can manage the two emotional changes identified.
- Two ways parents can assist their teenage children manage emotional changes.

QUESTION 2

Unplanned pregnancies are common in many families today.

With reference to the above statement, discuss

- Two effects of unplanned pregnancy on the
 - Family
 - Baby
 - Mother
- Two ways the family can show their support to the mother