

PENANG SANGAM HIGH SCHOOL

HOME ECONOMICS

YEAR 13

WORKSHEET (WEEK 6)

1. Minor crimes committed by youths is termed as
 - A. Riots.
 - B. Violence.
 - C. Vengeance.
 - D. Delinquencies.

2. Which organisation in Fiji promotes the Yellow Ribbon programme?
 - A. Police Force
 - B. Military Force
 - C. Medical Services
 - D. Correctional Services

3. Which of the following is a psychological problem associated with old age?
 - A. Impaired hearing
 - B. Depression and anxiety
 - C. Nutrition misinformation
 - D. Long standing food habits

4. The bone disorder which is common with the aged, especially women is
 - A. Osteoporosis.
 - B. Osteomalacia.
 - C. Osteoarthritis.
 - D. Osteomyelitis.

5. An example of a fixed expense is
 - A. Fuel.
 - B. Clothing.
 - C. Insurance.
 - D. Electricity.

(a) Read the statement given below and answer the questions that follow.

Childhood obesity is associated with a higher chance of premature death and disability in adulthood.

(i) Define premature death.

(ii) State one cause of childhood obesity.

(iii) Explain why the statement given above is a concern for all Fijians.

b) State two ways lifestyle has contributed to the onset of gout.

(c) Explain the importance of the School Canteen Policy.

(d) (i) Gluten is responsible for the framework structure of baked products.

Explain what gluten is.

(ii) Name the two proteins responsible for gluten formation.

(e) (i) What is the colour of freshly milled flour?

(ii) Identify the pigment responsible for the colour in freshly milled flour.