

# WEEKLY HOME STUDY PACKAGE 1 COVID- 19 (EXTENDED SCHOOL BREAK)

SUBJECT	ENGLISH	YEAR	5
NAME		ADDRESS	

STRAND	Reading and Viewing
SUB-SRAND	Socio-cultural context and Situations
CONTENT LEARNING OUTCOME	Discover texts that are constructed for particular purposes and appeals to certain groups

#### **Canteens Under Watch**

SCHOOL canteens are classified as food establishments.

As such, they are required by the Food Safety Act to have a *valid* health and business licence.

It is an offence to operate a canteen or food establishment without a valid licence.

And canteen operators found in *breach* of the law are *likely* for a \$10,000 fine or five years imprisonment.

Canteen managers and operators, whether school owned or outsourced, must obtain business permits from their relevant municipal councils or rural local authorities.

The permits must be visibly displayed in the canteen area.

Food hawkers or people who sell outside the school compound also need to have valid licences from the municipal council and local authorities.

The Health Ministry's National Food and Nutrition Centre revealed this in a statement while reiterating that compliance with the School Canteen Guidelines was paramount.

It said a survey in the Western Division in 2012 found that 80 per cent of schools surveyed did not comply with the School Canteen Guidelines.

"Principals and head teachers of all schools are to take note that since the canteens operate within their school premises which is under their jurisdiction, they are to enforce and monitor the compliance of their canteen operators and managers," the statement said.

"School canteens play an important role in advocating for good nutrition and health in children.

"Canteens should become enabling environments where children have the option of buying nutritious and healthy food at affordable prices."

	1. School canteens are ci	assified as		
	a. food establishments	b. restaura	ant	c. eatery bar
	2. When operating a school a. card b. lice		e must have a c. receipt	valid
	3. How much would a ca a. \$5,000.00 b. \$20,	nteen operator 000.00		eak the law?
	4. What should canteen a. junk foods only b. b.			c. healthy snacks only
	5. Who should be enforce a. the principals and heac. teachers.	_	_	ng of the school canteens? ators
5. Wh	at kind of things sho	uld be sold	in the schoo	ol canteen?

\*THE END\*



# **WEEKLY HOME STUDY PACKAGE 1**

**COVID- 19 (EXTENDED SCHOOL BREAK)** 

SUBJECT	MATHS	YEAR	5
NAME		ADDRESS	

STRAND	Numbers
SUB-SRAND	Volume and Capacity
CONTENT LEARNING OUTCOME	Explain and show the basic relationship of units of measure for capacity and volume of an object.

# Volume and Capacity

# 1 000 millimetres = 1 litre

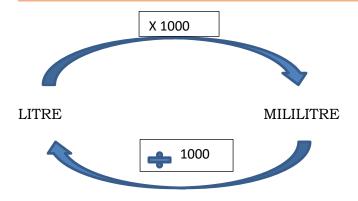
 $1\ 000\ ml = 1\ L$ 

e. \_\_\_\_ millilitres = 4 litres a. \_\_\_ litres = 2 000 millilitres

f. \_\_\_\_ millilitres =  $\frac{3}{4}$  litres g. \_\_\_ millilitres = 12 litres b. \_\_\_ litres = 500 millilitres

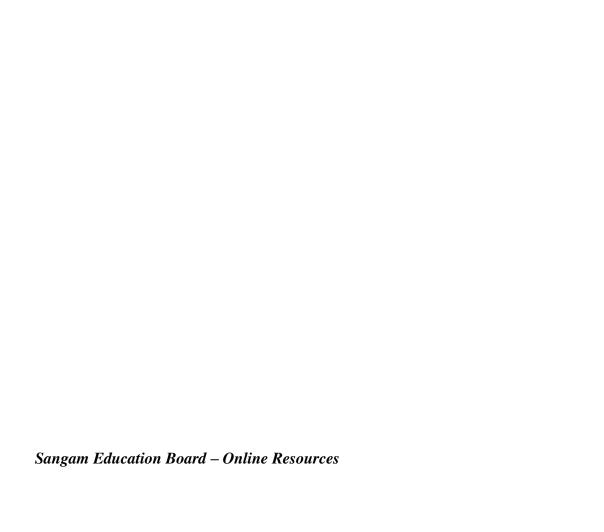
c. litres = 7 500 millilitres

h \_\_\_\_\_ millilitres =  $2\frac{1}{4}$  litres litres = 250 millilitres



2. Estimat	ting Capacity			
	f this flask holds 50ml eeded to fill a:	of water when	full, how many flasks v	vould be
	500 ml water bottle?	375 ml can	1 litre milk container	250 ml mug
	flasks	flasks	flasks	flasks

3.	What products are sold in containers	holding the following quantities?	
	a. less than 100 ml		
	b. 100 ml to 500 ml		
	c. 500 ml to 1 000 ml		
	d. more than 1 L		





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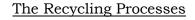
SUBJECT	ELEMENTARY SCIENCE	YEAR	5
NAME		ADDRESS	

STRAND	Matter
SUB-SRAND	Investigating Matter
CONTENT LEARNING OUTCOME	Gather information and practice correct waste management methods

### **SET 1 NOTE**

#### Why Is Recycling Important?

Recycling is making new things out of used or old materials. Recycling helps to cut down the amount of waste thrown away and conserve our natural resources





#### Recycle Items

- Cans
- Bottles
- Plastics

#### Non-recyclable Materials.

Materials that could not be recycled. These materials damage the environment and all the living things. Some examples are plastics, old tyres and aerosol cans.

Kitchen waste should be put in the compost. We should plant trees to have green school.

#### What Are Pollutants?

A substance that pollutes water or the atmosphere. Examples are liquid, oil spills, smoke, gases from vehicles and heat etc. They are mostly the waste product or their by-products. The pollutants harm the environment.

tivi	<u>y</u>
1.	List some pollutant in the school environment.
2.	Explain the correct ways to manage liquid waste and air pollutants.
3.	What will happen if waste is not disposed of properly?
	4. Define the term Recycling.
	5. List some advantages of recycling.
	6. How is pollution harmful for people around in the community?

7.Draw some materials for the 3R's			
Reuse -			
Reduce -			
Recycle -			



# WEEKLY HOME STUDY PACKAGE 1

COVID- 19 (EXTENDED SCHOOL BREAK)

SUBJECT	HEALTHY LIVING	YEAR	5
NAME		ADDRESS	

STRAND	Building Healthy Relationship
SUB-SRAND	Resilience And Proactive Behavior
CONTENT LEARNING OUTCOME	Recognize and distinguish between threatening and non- threatening behavior

# SET 1 NOTE

Threatening And Non-Threatening Behaviour

<u>Threatening behaviour-</u> behavior that <u>causes physical or emotional harm</u> to others.

<u>Non-Threatening Behaviour</u>-Taking care of others by not letting anybody physically and emotionally getting harmed.

# Activity

1. Place the following behaviors under the correct headings.

bullying, harassment, humility, teasing, smile, apologetic, gossiping, swearing, courteous, respect, tattling, peace loving, forgiveness

Threatening Behaviour	Non- Threatening Behaviour

2.	What will y	ou do if	`you'll see	threatening	behaviors in	school?	

3. How is threatening behavior harmful to us?

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What do we call the people whose behavior are threatening?
5. What are the negative effects of threatening behaviour on small children?
6.Is threatening behaviour good for people in the community? Give reason for your answer.

\*THE END\*



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# WEEKLY HOME STUDY PACKAGE 1

SUBJECT COVID- 19 (EXTENDED SCHOOL BREAK)
YEAR

NAME ADDRESS

STRAND	Reading and viewing
SUB-SRAND	Socio-cultural context and Situations
CONTENT LEARNING OUTCOME	Read and discuss variety of media, text its purpose, audience and content

# प्राकृति का सन्देश

पर्वत कहता शीश उठाकर, तुम भी ऊँचे बन जाओ । सागर कहता है लहराकर, मन में गहराई लाओ ।

> समझ रहे हो क्या कहती है, उठ-उठ गिर-गिर तरल तरंग । भर लो, भर लो अपने मन में मीठी-मीठी मृदुल उमंग ।

पृथवी कहती धैर्य न छोड़ो, कितना ही हो सिर पर भार । नभ कहता है फैलो इतना, ढक लो तुम सारा संसार ।

#### अभ्यास :

# क. इन शब्दों के दो-दो पर्यायवची शब्द लिखो ।

पर्वत	=	,	
सागर		,	
मृदुल		,	
नभ	=	,	
पृथवी	-	,	

#### ख. मैन जाना

कविता पढ़ने के बाद अपनी पुस्तक में एक तालिका तैयार करो और उसमें मालूम की गई जानकारी लिखिए ।

प्रकृति	क्या सीखा	चित्र बनाईए
पर्वत		
आकाश		
सागर		
पृथवी		

\*THE END\*



# WEEKLY HOME STUDY PACKAGE 1

**COVID- 19 (EXTENDED SCHOOL BREAK)** 

SUBJECT	SOCIAL STUDIES	YEAR	5
NAME		ADDRESS	

STRAND	Places and Environment
SUB-SRAND	People and Care of Places
CONTENT LEARNING OUTCOME	Discuss special physical features and the unique attraction of Fiji

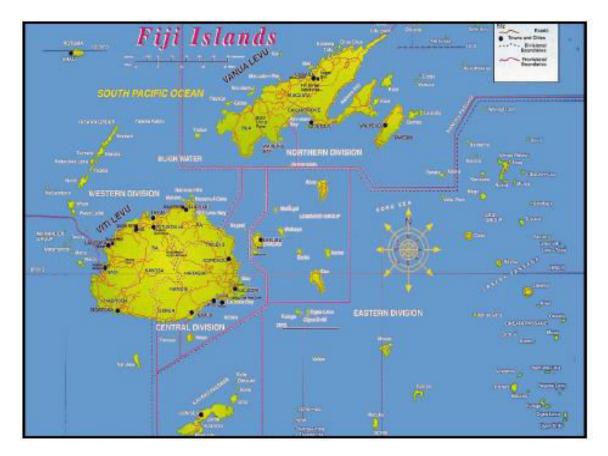
## Place and Environment

#### Features and Places

## Where is Fiji Located in the South Pacific

Fiji is one of the islands in the South Pacific group. Fiji has 322 islands.in about 100 islands there are people living in it. The others remain as nature preserved.





# <u>Activity</u>

1.	Name the largest island in Fiji?		
2.	The two cities in Fiji are	_city and	city.
3.	The biggest city is		
4.	Name the four island groups in Fiji?		
		<del>_</del>	
5.	Name the four Divisions shown on the n	nap. —	



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**COVID- 19 EXTENDED SCHOOL BREAK** 

# SUBJECTVosa Vaka VitiYEAR5NAMEADDRESS

STRAND: NA VOLA I VOLA

SUB STRAND: VAKACURUMI VOSA VAKA DODONU

CONTENT LEARNING OUTCOME: DIGITAKI NA VOSA ME VEITAUDONUI KEI NAI YATUVOSA VAKARAUTAKI .

A. <u>Vakacuruma na vosa e veiganiti kina I yatuvosa ka koto oqori e ra. Mo vola ga vakadua na veivosa kece.</u>

Moce vava kerekere vitu isa bibi Tailevu nuitaka cakacaka kalokalo Keirau sikova

Drekeinatabua			
Qilaqila			
12 ni Okosita 2017			
l Nei			
	ni ko bulabu Ilabula talega kei Tata.	la vinaka tiko ka qaravi vinak	a tu nai tavi e
vaka niu sa na kalasi <sub>.</sub>	tiko e na yabaki m	ga soti ni rawata na ai qo,2018, au kerea mo na v i,me bau dua talega na noqu	olia na noqu I yaya ni vuli. Sa na
Au sa nuitaka Nei ni k	o na ciqoma na noqu	oqo. Me nodato	ou vata na loloma I Jiova.
Au sa loloma yani vei	Momo.		
mada No	ei		
Vugomu Lomani			
T Cawiri			
Tiko Cawiri			

•	Vola vakadodonu nai yatuvosa e ra. sa gole ki mokani ko eparama
	kadigotaka se vakatakilakilataka mada nai yatuvosa cavuti e ra u lewai keirau tiko a kaya ko bola
Vola	nai balebale ni vakamacala sei vosavosa e ra
	Sa suru na belo.