LESSON NOTE

School: Lovu Sangam School Year: 8

Subject: English Worksheet 4

STRAND	Writing and Shaping
SUB STRAND	Text Types Media, everyday communication, literacy text.
CONTENT LEARNING	Construct a variety of text types for a variety of purposes and
OUTCOME	audiences

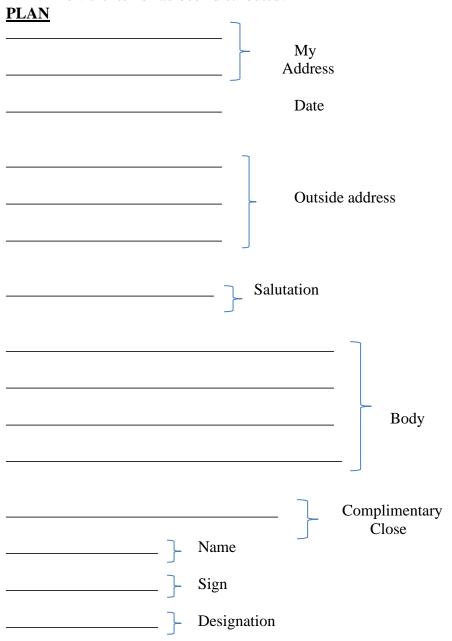
A LETTER WRITING

As, the Head Prefect of the school, write a letter to the Director of the Fiji Red Cross Society in Suva on behalf of the teachers and students thanking the organisation for the books, clothes, food and money donated after the cyclone Yasa which badly affected your school.

Your name is **Savaira Vale**, if you are a girl or **Romeo Raj**, if you are a boy and you attend Nauciwai Primary School, Nausori.

In your letter mention the following:

- 1. Your role in the school and on whose behalf you are writing.
- 2. The reason for your letter.
- 3. The items that were donated.
- 4. How the items had been distributed.



<u>LETTER</u>	

1075 LOVU SANGAM SCHOOL

HOMESTUDY PACKAGE: 04/2021

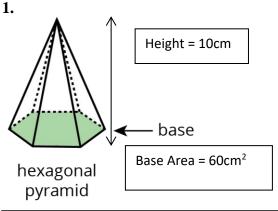
SUBJECT: MATHS YEAR: 8

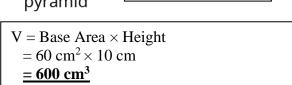
STRAND	Measurement
SUB- STRAND	Volume and capacity
CONTENT LEARNING OUTCOME	Measure and calculate volumes of object using formulas and compare units
	and solve problems

Volume of Prisms

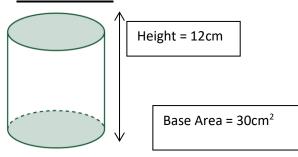
- ➤ The volume of a prism is defined as the amount of space a prism occupies.
- There can be different types of prisms like a triangular prism, square prism, rectangular prism, pentagonal prism, hexagonal prism, or octagonal prism.
- The names of these prisms are given according to the shape of the base.
- ➤ The formula for the volume of a prism is given by the **<u>product</u>** of the **<u>Area of the base</u>** and **<u>height of the prism.</u>**







2. <u>CYCLINDER</u>

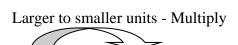


V = Base Area × Height
=
$$30 \text{ cm}^2 \times 12 \text{ cm}$$

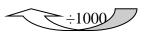
= 360 cm^3

Capacity

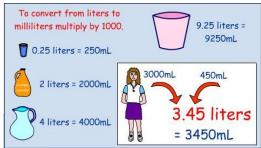
Capacity is the amount of something a container can hold. It is a measurement similar to volume in that they both deal with 3-dimensional shapes. Capacity is related mainly to liquid measurement and the basic unit is *litre*.



X1000 Litre (L) Millilitre (ml)



Smaller to larger unit - Divide





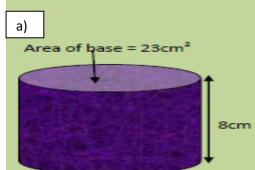
Milliliters	Liters		
1	0.001		
10	0.01		
100	0.1		
1,000	1		
10,000	10		
100,000	100		

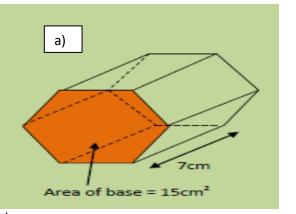
$\frac{1}{2}$ L	500 mL	0.5L
$\frac{1}{4}$ L	250mL	0.25L
$\frac{1}{5}$ L	200 mL	0.2 L
$\frac{1}{3}$ L	333.33mL	0.333 L

STUDENT ACTIVITY

1.

Find the volume of the following prisms.





a)

b)

Convert each of the following to the unit given in brackets.

- a. 7L
- (ml)

- d. 18.7 L
- (ml)

b. 69 500mL (L)

- e. 6¹/₂ L
- (ml)

c. 4 587mL (L)

- (f) $7\frac{1}{4}$ L
- (ml)

a.

d.

b. _____

e. _____

c. _____

f.

Find the total of the quantities below, giving your answer in the units written in brackets.

3.

mL

b. 6.8 L + 550 mL (L

mL

(L)

a. _____

d.

b. _____

e.

c.

f. _____

1075 LOVU SANGAM SCHOOL HEALTHY LIVING YEAR 8 LESSON NOTES WEEK FOUR

Strand	H3 – Safety
Sub Strand	H8.3.1 Personal Safety
Content Learning Outcome	Judge safe and unsafe environments for personal safety

Safety in motor vehicles, boats and rafts

Safety measures must be taken while travelling to and from school. How we travel to school differ depending on the locations we are in. In whatever way we travel to school, all care and safety must be taken so that we reach school and home safely.

Safety in motor vehicles

When travelling in a car or bus, the following rules must always be followed:

- ❖ Be seated at all times.
- Never put your hands, arms or head out of the window.
- ❖ Never try to distract the driver as this may cause an accident.
- ❖ Do not play with door handles. It is good to lock the car doors.
- ❖ Wear a seat belt if there is one.
- Do not make any attempts to move from one seat to another when the bus or car is moving.
- ❖ If you are travelling in an open van or truck, sit more towards the cab away from the tail end.
- Never lean over the sides.
- ❖ Get off the vehicle only when it has completely stopped.

Overloading, over-speeding and disturbing drivers

- Overloading vehicles, over speeding and in certain instances, disturbing drivers result in road accidents.
- > Overloading vehicles can lead to damages to the vehicle and as a result accidents may occur.
- > Over-speeding by drivers is one of the major causes of road accidents in Fiji.
- > Drivers over speed to get to their destination in time, or they may simply do this for fun. This can end in accidents and cause serious injuries and even death.

Safety in boats and rafts

Boats and rafts are a common means of transportation mostly in rural areas and the outer islands. Loss of life and belongings can occur if care is not taken while travelling in boats and rafts. Do not travel in unknown or flooded waters. It is advisable that small children always travel with older people. It is also important to learn swimming so that drowning can be avoided.

Fire Safety Tips

- Have a home fire escape plan that includes two ways out of each room.
- Choose an outside meeting place so that everyone knows where to go in case of fire.
- If possible, have a fire extinguisher in your kitchen.
- Have a family fire drill twice a year.
- Keep curtains and other things that can burn away from stovetops and fireplaces.
- Grown-ups should stay in the kitchen when cooking on the stovetop.
- Keep matches and lighters up high and in a locked cabinet.
- Keep small children away from hot stovetops, irons and other things that could burn them.

Student Activity Sheet: Fill in the blanks

			die	tract		
	high	burn	dis	tract	vehicle	
	8		swimming	road	hands	
	1. Never	r put your _		arms or head ou	it of the window.	
					n a locked cabinet.	
					ning can be avoided.	
		_			s of accidents in I	Fiji.
				=	cause an accident.	J
		•	 only wh	•		
				=	, away from stovetops and fin	replaces.
	_					
			s report and ansv	ver the question	ns.	
	0	re, little wat Andicibuli V		ab 10 2014		
		U	Wednesday, Marc	*	D . G. G . 1 1	1 . 1
			· ·		n Bureta St in Samabula was co	
	•	•	•	_	e two families could not salvage	
					throughout their home yesterday	
					to put out the fire when it started	
		11.	•		water pressure was low during t	
		•	-		started. "We had hired a garder	
		•			ad started to burn some of it at	
ya	ard which	n was the ca	use of the fire," he	e said. "We wan	ted to stop the fire from spreadi	ng but there
W	asn't any	water, the v	vater pressure was	s very low, so w	e could not stop the fire then. W	e watched
as	s the fire	spread throu	igh the house and	we were lucky	no one was injured." He said ne	ighbours
h	elped the	m try to sav	e a few things but	the fire had spro	ead through the whole building	quickly.
N	lational F	ire Authorit	y CEO John O'Co	nnor said they h	ad received an emergency call	around
1	1.55am a	nd had respo	onded right away.	Mr. O'Connor s	aid they managed to stop the fir	re from
st	oreading	to the other	houses. "People no	eed to seek advi	ce first before burning their rub	bish close to
_	_		=		he fires are not controlled," he s	
		of the Fiji T	• •	1		
1	Where d	id the fire sta	art from?			
1.	Where di					
2.	Why cou	uldn't the ov	vners put out the f	ires?		
	If there	was a fire ex		ale in that house	 , what would you think would h	2000
	ppened?		uniguisher avanao	ne in that house	, what would you think would h	ave
4.	If you w	ere the own	er of this house, ex	xplain what you	could have done to prevent this	s incident
fro	om happe	ning.				
<u>-</u>	What is t	he emergen	ev number of the	nearest Fire Aut	hority to your school and home	
٦.	vv 11at 18 l	ne emergen	by number of the f	nearest PHE Aut	norty to your school and nome	•

1075 LOVU SANGAM SCHOOL

<u>YEAR</u> : 8	WORKSHEET: 04/2021 SUBJECT: HIN	DI
STRAND	- पढ़ना एवं सर्वेक्षण करना (Reading & Viewing)	
	- लिखना एवं निर्माण करना (Writing & Shaping)	
	- संस्कृति (Culture)	
SUB STRAND	- भाषा की विशेषताएँ व नियम	
	– सामाजिकव सांस्कृतिक संदर्भ और परिस्थितियाँ	
	– भाषा अधिगम प्रक्रियाएँ और युक्तियाँ	
	-शिष्टाचार, रिवाज परम्पराओं,जातीय-गणित, जातीय -विज्ञान, प्रौद्योगिकीतथा पर्यावरण -मुद्दें	
CONTENT	- विभिन्न सामाजिक परिस्थितियों, उद्देश्यों वदर्शकों से संबद्घ पाठ में आए विचारों,जानकारी व घटनाओं की	व्याख्या व
LEARNING	चर्चा करना	
OUTCOME	- स्पष्ट हस्तलेख के प्रयोगसे लिखित पाठ की योजना, प्रारूप, संपादन व प्रकाशन में विभिन्न तरीकों को ल	गागू करना
	- भारतीय इतिहास की पहचान एंव भारतीय संस्कृति के विभिन्न पहलुओं	

माता-पिता और गुरू

'मातृदेवो भव,' 'पितृदेवो भव,' 'गुरूदेवो भव' अर्थात माता-पिता और गुरू देवता के बराबर है, इनकी हमें सेवा करनी चाहिए। यही हमारे धर्म ग्रन्थों में कहा गया है। भारतीय संस्कृति में भी यही माना जाता है कि माता-पिता और गुरू की सेवा से बढ़कर और कोई पुजा नहीं। मर्यादा पुरूषोत्तम श्री राम चन्द्र जी भी प्रात:काल उठ कर माता-पिता और गुरू की चरण वन्दना करते थे -

> प्रांत काल उठि के रधुनाथा मात्-पिता गुरू नावहिं माथा

बच्चे का पहला गुरू माँ होती है। माँ हमारे लिए पूज्य है, क्योंकि वह अनेक कष्ट सह कर हमें जन्म देती है, खुद भूखी रह कर हमें खिलाती है। माँ जाग-जाग कर हमें सुलाती है। माता का प्यार संसार में सबसे बढ़ कर है। धन्य है वह माँ, जिसने हमें पैदा किया, पाल-पोस कर बड़ा किया। इसलिए माता की सेवा भगवान् की पूजा कहलाती है।

पिता भी अपने कन्धों पर सारा बोझा उठा कर अपने बच्चों को पढ़ाते हैं। बच्चे जब भी कोई गलती करते हैं तो उन्हें प्रेम से समझाते हैं। पिता अपने बच्चों का हमेशा भला ही चाहते हैं। माता-पिता हमेशा अपने बच्चो को आगे बढ़ता देख कर खुश होते हैं। वे अपने बच्चों का भला चाहते हैं।

बच्चे का दूसरा गुरू वह है जो शिक्षा देता है। माता-पिता जन्म देते हैं, गुरू विद्या देकर हमें योग्य बनाते हैं। माता-पिता के बाद दूसरा स्थान गुरू का होता है। गुरू हमें धर्म की शिक्षा देते हैं। गुरू हमें सही और गलत की पहचान करवाते हैं। माता-पिता और गुरू जो कछ भी कहते हैं वह बच्चों के सुधार के लिए कहते हैं इसलिए इनकी बातों का हमें बु नहीं मानना चाहिए।

महान सन्त कबीर दास ने भी गरू को सबसे बड़ा माना है - गुरू अपने ज्ञान के द्वारा : सत्य और असत्य की पहचान कराता है। हमारी अन्तर आत्मा को जगाता है और ईष्टवर व पहचान कराता है। इसलिए सन्त कबीर ने ईश्वर से पहले गुरू की वन्दना पर जोर दिय है। जैसे कबीर दास ने कहा है:

गुरू गोविन्द दोनों खड़े, किनके लागूँ पाय । बिलहारी गुरू आपकी, गोविन्द दियो बताय ॥

अर्थात: गुरू और गोविन्द (ईश्वर) यदि दोनों सामने खड़े हो तो पहले गुरू के चरणों वन्दना के रनो चाहिए क्यों कि वह गुरू ही है जो हमारे ज्ञान को जगा कर हमें ईश्वर को समझने, लायक बनाता है।

अ बच्चे हमेशा माता-पिता और गुरू का कहना मानते हैं। सदा सत्य बोलते हैं। अच्छी संगति में रहते हैं। दुखियों पर दया करते हैं। शरीर की सफाई और खेल-कूद, व्यायाम पर ध्यान देते हैं। आप सब भी अच्छे बच्चे बनें। माता-पिता और गुरू की हमेशा सेवा करें।

अभ्यास कार्य:

पाठ के अनुसार सही शब्द से रिक्त स्थान-पूर्ति करिए।

क.	माता की सेवा	की प	यूजा कहलाती है।
ख.	माता-पिता के बाद दूसरा स्थान		— का होता है।
ग.	माता-पिता अपने बच्चो का		चाहते हैं
ъ	——— माता-पिता	और गुरू की चरणवन्दन	ग किया करते थे

पत्र लेखन

आपका नाम यश्च/ पान्वी है । आप भवानी होस्टल में रह कर पढ़ते/पढ़ती हैं । आपको पैसे की जरूरत है क्योंकि आपको अपनी फीस भरनी है । पत्र लिख कर अपने पिताजी से पैसे की माँग कीजिए । आपके घर का पता है- १६ माता रोड, नांदी ।

भवानी होस्टल	
सूवा	
जुलाई	
	<u> </u>

आदरणीय पिताजी

आदर सहित आपको और मां को मेरा प्रणाम। पिताजी मैं आशा करता हूं कि घर पर सब कुशल एवं मंगल से है।

मै यह पत्र लिख रहा/ रही हूँ क्योंकि मुझे आप से पैसे की माँग है । मुझे पैसे की जरूरत है क्योंकि मुझे अपनी फीस भरनी है । आशा करता/ करती हूँ की आप जल्द से जल्द कुछ पैसे भेजेगें ।

घर पर सब को मेरा प्यार और मैं खूब मन से पढ़ाई करूँगा/ करूँगी।

आपकी पुत्री/ पुत्र

1075 LOVU SANGAM SCHOOL SOCIAL SCIENCE YEAR 8 LESSON NOTES WEEK FOUR

Strand	SS3 – Place and Environment	
Sub Strand	8.3.1 – Features of Places	
Content Learning Outcome	Investigate the main climatic regions of the world and express	
	their effects on people's lives and work.	

Climatic Zones of the World

Climate is the long- term pattern of weather in a particular area. Weather is the state of the atmosphere over short periods of time. A region's weather patterns, tracked for more than 30 years, are considered its climate. The climate of a region will determine what plants will grow there, and what animals will inhabit it and how people will live in that area; example by the clothes they wear, food they eat and the farming or food gathering styles they will use.

There are different climatic zones in the world and they are:

- Equatorial
- Tropics
- Temperate
- Polar

The Different Climatic Zones and their Characteristics

- **Equator** is a heat surplus zone where the climate is usually hot as the sun's rays travels the shortest distance to this surface area of the equator and brings heat surplus to the area.
- **Tropical/Equatorial Zones** the tropical climate zones experiences hot and humid weather. This zone still receives considerable sunshine, and with more rainfall, gives healthy vegetation.
- **Temperate Zones** lie between the tropics and the **Polar Regions**. The temperatures in these **regions** are generally relatively moderate, rather than extremely hot or cold and the changes between summer and winter are also usually moderate.
- **Polar Zones** The cold polar climates can experience very low temperature indeed. This is because for half the year, the sun does not rise above the horizon. Since the air in Polar Regions is so cold, it contains very little moisture.
- Tropic of Capricorn(23.5 degrees South)
- Tropic of Cancer(23.5 degrees North)
- Arctic Circle(66.5 degrees North)
- Antarctic Circle(66.5 degrees South)
- Equator (0 degrees latitude)
- Lines running down from north to south down the map are called **meridians** of longitude [it includes the International Dateline(180degrees East or West)] and the Prime Meridian (Greenwich, 0 degrees longitude)
- ❖ Lines running East- West across the map are called parallel of latitudes.
- ❖ The Equator is the longest line of latitude.

Student Activity Sheet

Fill in the blanks

humid Meridians climate weather cold

1. The tropical climate zones experiences hot and ______ weather.

2. Climate is the long- term pattern of ______ in a particular area.

3. The air in Polar Regions is so ______, it contains very little moisture.

4. Lines running down from north to south down the map are called ______ of longitude.

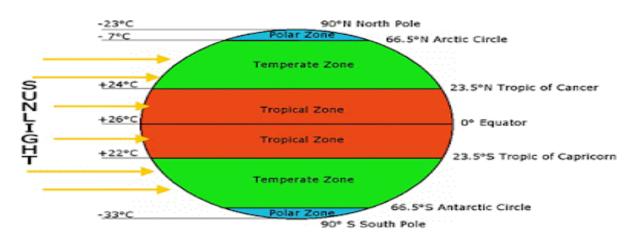
5. The ______ of a region will determine what plants will grow there.

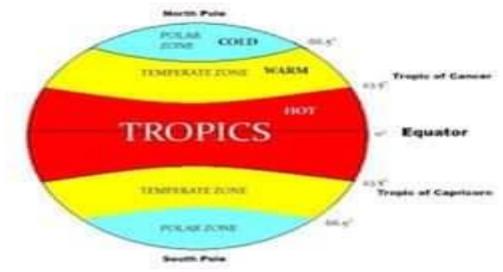
Short Answers

1. What type of weather is experienced in tropical climate zones?

2. Why does Polar Zones experience very low temperature?

3. What type of food do people living in the Polar Zones eat?





1075 LOVU SANGAM SCHOOL

YEAR 7 & 8

VOSA VAKA VITI

WORKSHEET #4

Matana: Na i Vakarau Vakavanua

Matana Lailai: Vanua kei na Veika Bula.

CLO: Na veiwekanitaki ni veika bula kei na noda bula vakaitaukei.

I TOVO KEI NA VAKARAU VAKAVANUA

Veisataka na vosa mai na A kei na kena i sau mai na B

	${f A}$			В
1.	Tevutevu		A. l	evu na ika e rawati e na qoli
2.	Nakuruvakarua			nagiti ka dau votai ni oti na eibulu
3.	Mataisau		C. s	soqo ni vakamau
4.	Yavoi		D. d	ai ni ika e waitui
5.	Soga		E. i	cavuti ni yasana ko Nadroga
6.	Burua		F. k	cari kina na niu
7.	Uwea			ena dau na sivisivi kei na ta waqa
8.	Veitiqa		I. 10	0 na toa
9.	Katoa			alo ka dau tei e na maliwa ni ouke uvi
10.	Vetaki		К. с	qito vaka Viti.
NA V	EIKA VAKA VITI			
	na na matanivola dod	lonu. (A,B,C se	D)	
1.	E 10 na ika			
	A. sa dua na be	wa	C. sa du	ıa na bola
	B. sa dua na tua	ıtua	D. sa du	ıa na uduudu

2.	Na n	ga na					
	A. B.	Navatulevu Matanikutu	C. D.	Naduruvesi Nakuruvakarua			
3.	Ni dua e dau "kana vakai wai" e kena i balebale ni dua e						
	A. B. C. D.	B. kana kakana dina ka sega na i coiC. kana kakana dina ka lailai na i coi					
4.	E ra dau "ucuucukilalaga" na						
	A. B.	qase gonelalai	C. D.	gonetagane goneyalewa			
5.	Na kitu e dau vakayagataki me						
	A. B.	takitaki ni waitui kari kina na niu	C. D.	lili kina na bulago tuki kina na vakalolo			
6.	Na lumu kilikili e dau caka e na gauna ni						
	A. B.	qoli vakamau	C. D.	tara vale somate			
7.	Na n	Na manumau cava e dau gau ni tagi?					
	A. B.	koli namu	C. D.	vusi ga			
8.	Ni dau keli oti na uvi e qai dau maroroi tu e na						
	A. B.	loma ni qara ruku ni veico	C. D.	dela ni draya kena lololo			
9.	"Matanikutu, Vua na turaga na Qaranivalu" e nodra I cavuti na I liuliu vakavanua k						
	A. B.	Rewa Cakaudrove	C. D.	Naitasiri Tailevu			
10.	E dau rabeta na mena yaqona na turaga ko						
	A. B.	matanivanua gonedau	C. D.	mataisau bati			

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LESSON NOTE

Lovu Sangam School Basic Science Worksheet 4 **SCHOOL: YEAR:** 8

SUBJECT:

STRAND	Matter		
SUB STRAND	Materials		
CONTENT LEARNING	Account for the different properties of mixture and		
OUTCOME	compound and discuss the different methods of separating		
	their components.		

Mixtures and Compounds

	MIXTURE	COMPOUND
DEFINITION	Is made up of two or more different substances which are mixed and not	A substance made up of two or more different elements
		chemically joined together.
PROPERTIES	combined chemically.	
PROPERTIES	• Composition of mixture is variable.	• Relative properties of the elements are fixed.
	• Each component retains its	Do not retain individual
	characteristic properties.	properties. E.g. both
	• Components are easily	sodium and chlorine are
	separated.	poisonous but their
		compound NaCl (table
		salt) is essential to life.
		Takes a lot of energy to
		separate components of
		compound.
EXAMPLES	Soil, ocean water, air	Water, table salt, sugar
ACTIVITY	1. Students to use yellow and	1. Mix together a yellow
	blue modelling clay.	coloured and blue
	2. Make small balls of same size	coloured ball (i.e. 1:1
	representing iron atoms and	proportion)
	sulphur atoms	A green ball should be formed
	3. Place a random number of	and is analogous to a new
	yellow coloured and blue	chemical compound.
	coloured balls on a sheet of	Note:
	white paper.	• Its components (yellow
	This is analogous to a mixture pf iron	and blue coloured balls)
	and sulphur.	are in fixed proportions
	Note:	(1:1)
	• Its components (yellow	Cannot be physically
	coloured and blue coloured	separated.
	balls) are in random properties.	• The properties of
	• Can be physically separated to	components are not
	components (i.e. balls can be	retained; a new colour
	separated by colour).	green is formed.
	• Each component retains its	
	property.	

EXPERIMENT – Making a Compound

Use the link below to watch the experiment on how to make a compound. http://www.education.gov.fj/basic-science-experiments/

Please note that you do not have to attempt this experiment at home

Caution: Work in a well-ventilated room or use a fume cupboard.

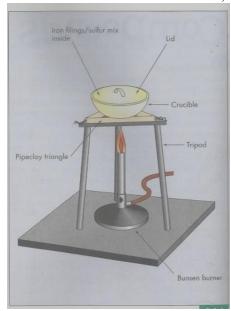
In this experiment, you will prepare iron sulphide by combining the elements iron and sulphur and causing a chemical reaction between them. You will also make a mixture of iron and sulphur. You will needthe following equipment:

- Bunsen burner
- ☐ Heat proof mat
- Pipe clay triangle
- ☐ Crucible with lids
- Matches
- \square Tongs
- Spatula
- ☐ Powdered sulphur
- Iron filings
- Safety glasses

METHOD.

1. Place two spatula measures of powdered sulphur in the crucible along with one spatula measures of iron filings. Stir the solids around to make a mixture.

Has a chemical reaction occurred? How can you tell? Could the mixture be separated? If so, how? (Hint; think of one of the properties of iron.) 2. Heat the mixture as shown below;



- 3. Heat the mixture for a few minutes, lifting the lid of the crucible with the tong occasionally to observe any changes.
- 4. Continue to heat the mixture till it glows a dull red.
- 5. Allow it to cool completely before examining the compound you have made.

Exercise – Making A compound

- 1. Answer the questions in no.1 of the method.
 - i) Has a chemical reaction occurred?
 - ii) How can you tell?

	iii)	Could the mixture be separated?			
	iv)	If so, how?			
2.	Comp	elete the equation for the compound formed after heating Sulphur and Iron filing.			
	Fe (ir	on) + Iron Sulphide (FeS)			
3.	Write a paragraph to explain what has happened at the end of the experiment. Use the following words to help you – element, iron, sulphur mixed, heated, chemical reaction, change, compound, properties, new.				

Matter – anything with mass and volume								
Subs	tance	Mixture						
(Pure Cor	mposition)	(Impure composition)						
Element	Compound	Heterogeneous	Homogeneous					
Substance made up	Two or more	Mixture made up of	A mixture that is					
of only one type of	different elements	different substances	uniform in					
atom.	that are chemically	that remain	composition					
	combined.	physically separate.	throughout.					
Examples –carbon,	Examples- carbon,	Examples – dirt,	Examples – salt,					
gold, oxygen,	calcium, chloride,	pizza, oreo cookies,	water, metal alloys,					
aluminium,	monoxide, sodium	chicken soup, a	air, acids, cup of					
chlorine.	carbonate.	mixture of sand and	_					
		sugar.						