# 1076 NADI SANGAM SCHOOL SOCIAL SCIENCE YEAR 8 WORKSHEET NO.3, 2021

### THE IMPORTANCE OF USING TIME MANAGEMENT.

#### WHAT IS TIME MANAGEMENT?

It is a set of principles, practices, skills, tools and systems that help you use of your time to accomplish what you want.

#### WHY IS TIME MANAGEMENT IMPORTANT?

- For your personal life career success
- Teaches you how to manage your time effectively and make the most of it.

Here are a few reasons

• Time is a special resources that you cannot store or save for later use

1. Design/draw up a timetable to show how you spend your time.

- Help you set up your priorities.
- Limited to 24 hours a day, so plan your life wisely
- Helps you make conscious choices
- Become more productive using improved time management skills and tools, and can accomplish more than less effort and time
- Become more creative and productive.

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### Note

Always plan your time well and don't waste it on useless matters. Be careful not to procrastinate, and do everything in the best way you can, with focus and attention.

## **ACTIVITY**

2.	. How much time is used for studying? Show your study timetable as well.				