

1008 Dreketi Sangam School  
 Healthy Living  
 Marking Scheme  
 Year 8

Exercise 1

1. List down three different types of accidents that you can get involved in? **road accidents, boats , falling from trees, being careless while using sharp objects, playing with fire .....**
- 2.

Accident affect	Impact on individual	Impact on community
Physical impact	<b>Injuries and disabilities</b>	<b>Loss of an active community member, increase in the number of people with physical disabilities.</b>
Emotional health	<b>emotional distress, fear, anger, humiliation, anxiety, shock, embarrassment,</b>	<b>Unstable community, lead to crimes, death, Mental illness.</b>
Social health	<b>withdrawal from friends and families neglected by families and friends</b>	<b>Loss of an active community member, Increase in family problems eg. Divorce, broken family, poverty.</b>

Exercise 2: Case Study

1. From the story identify how Molly was hurt

Physically- **blind**

Emotionally- **bullied**

Socially- **friends and class mates neglected her.**

2. Imagine if you were Molly. How would you feel when?

**The answer depends on the students. Parents and teachers can mark on their own discretion.**

- **People bully you - sad, broken, discouraged, lose confidence .....**
- **Your friends no longer want to be friends with you - lonely, depressed .....**
- **People judge you because you can't see – hurt, helpless .....**

3. If you were Molly's teacher, what would you have done to help other students socialize with her?

- **The answer depends on the students. Parents and teachers can mark on their own discretion.**
- **Make other students aware of the difficulties that she might be facing.**
- **Inform the students to accept Molly as a normal person as she also has the same rights.**
- **Talking to the class on their roles, responsibilities and "values".**

4. How was Molly able to break out of her miserable life to travel all over the world?

**She started to think positively about her situation. Her parents supported her always. Molly continued to study.**