

**SUVA SANGAM COLLEGE**

**YEAR 13**

**HOME ECONOMICS**

**WORKSHEET 5**

**Strand:** Food and Nutrition

**Sub Strand:** Food Commodities

1. Differentiate between pomes and drupes.

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2. Explain the function of ascorbic acid in the freezing of fruits.

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3. Identify two ways to determine whether meat is cooked or not.

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4. Explain the effect of enzymes in the tenderization of meat before cooking.

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5. Explain why Sweetened condensed milk and lime juice thicken when mixed together.

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