

**SUVA SANGAM COLLEGE**

**YEAR 12**

**HOME ECONOMICS**

**WORKSHEET 10**

**Strand:** Food and Nutrition

**Sub Strand:** Diet and Health

1. Describe scurvy.

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2. State the symptoms of scurvy.

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3. Describe the following terms associated with the symptoms of goiter

i. Hoarseness -

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ii. Stridor -

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