



3055 BA SANGAM COLLEGE

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WORKSHEET 12

School: Ba Sangam College

Name : _____

Subject: Home Economics

Year:10

Strand	HEC 10.3: CLOTHING AND TEXTILES
Sub strand	HEC 10.3.3 Clothing Needs & Selection /Clothing consumer
Content Learning Outcome	Discuss wardrobe planning for teenagers

CLOTHING NEEDS & SELECTION

Wardrobe planning involves determining what types of clothing you need, necessary number of clothing articles, amount to spend and time to make the purchase.

FACTORS INFLUENCING CLOTHING NEEDS.

1. **Occasion** What we wear is often affected by what others are wearing. To be part of a group we use clothing as a means of being accepted. Every occasion has a written or unwritten dress code. The most important thing to remember is that the clothes you buy must suit the purpose for which they are bought. Clothes for school, work or weekend wear may not be suitable to wear to a special function.
2. **Personal preference** Clothing is used as a means of self-expression and to convey moods and feelings to others. Your self image is the total picture of the feeling and attitude you have about yourself. Choose styles which you feel comfortable in.
3. **Colour of fabric** Colour comes from light and has great potential to affect the way things look. If you want to look larger, choose clothes in bright, warm colours. If you like to look smaller, look for cool colours and darker shades. You can use colour to give the illusion you want.
4. **Climate** When choosing clothes, consider where you live and what the climate is like. Choose fabrics and clothes which are easy to care for.
5. **Budget** Think about the cost on how much money you have to spend on new clothes. Plan your purchases over a period of time. Be sure that what you buy is right for you, will fit into your wardrobe and lifestyle, is really a good buy.
6. **Accessories** are additional items that are worn with your clothes to complement your outfit. Hats, scarves, purses, ties, jewelry, belts are all accessory items.

CONSIDER COLOURS AND PRINTS OF THE FABRIC FOR YOUR WARDROBE.

Warm Colors Light colours such as white	Cool Colors such as maroon, brown and navy blue tend to
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and pastel shades tend to make a figure look bigger.	make a figure look smaller
Large prints tend to make a figure look bigger	Small prints tend to make a figure look smaller
Broad vertical stripes tend to make a figure look taller and slimmer	Broad horizontal strip tend to make a figure look shorter and wider

Other factors to be considered by teenagers are:

1. **mix and match** ; using separates to match and contrast what is to be worn e.g. A matching skirt and blouse.
2. have clothes for more than one occasion.
3. recycling and renovating greatly helps in increasing ones collection of clothes.
4. cultural consideration; have special cultural clothing items readily available for that special occasion eg. Sulu and jaba, salwar khameez etc.

ACTIVITY

1. Define the following terms: **(2 marks)**

a. Wardrobe planning-

b. Accessories -

2. State the effect of the following colors on a person: **(2 marks)**

a. Warm

color: _____

b. Cool

color: _____

3. Describe how the following factors influence clothing needs: **(3 marks)**

a. Budget: _____

b. Occassion-

c. Climate-

4. Define Mix & Match and give an example. **(1 mark)**