

SUVA SANGAM COLLEGE

YEAR 9

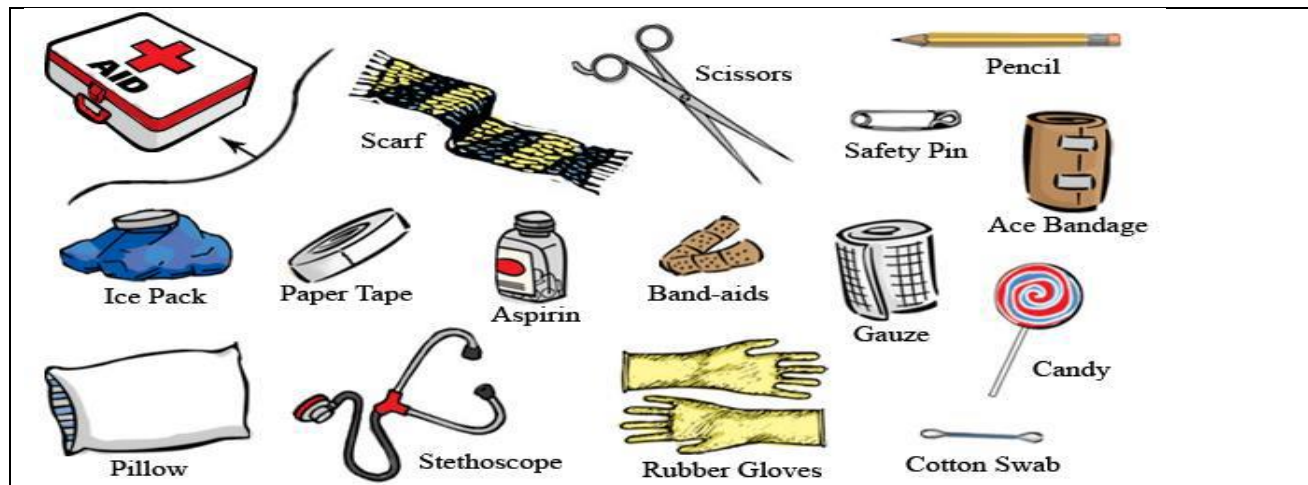
HOME ECONOMICS

WORKSHEET 11

Strand: Food and Nutrition

Sub Strand: Kitchen Safety, Hygiene and Management.

A. Circle the items that should be found in the first aid kit.



B. Circle the answer for the best questions below.

<p>(i) If someone is bleeding, what would you use to protect yourself from the blood?</p> <p>A. Scarf B. Paper tape C. Rubber gloves D. Ace bandage</p>	<p>(ii) If someone has sprained an ankle, what would you do?</p> <p>A. Put an ice pack on it. B. Wrap it with a bandage. C. Put a band aid on it. D. Cover it with a scarf.</p>
<p>(iii) How would you treat a scraped knee?</p> <p>A. Give the injured person candy. B. Put an ice pack on it. C. Give them an aspirin and water. D. Put a band aid on it.</p>	<p>(iv) If someone has heat exhaustion and has symptoms of sweating, nausea and vomiting, what treatment would you apply?</p> <p>A. Move to a cool place. B. Apply ice packs. C. Give them water to drink. D. All of the above.</p>