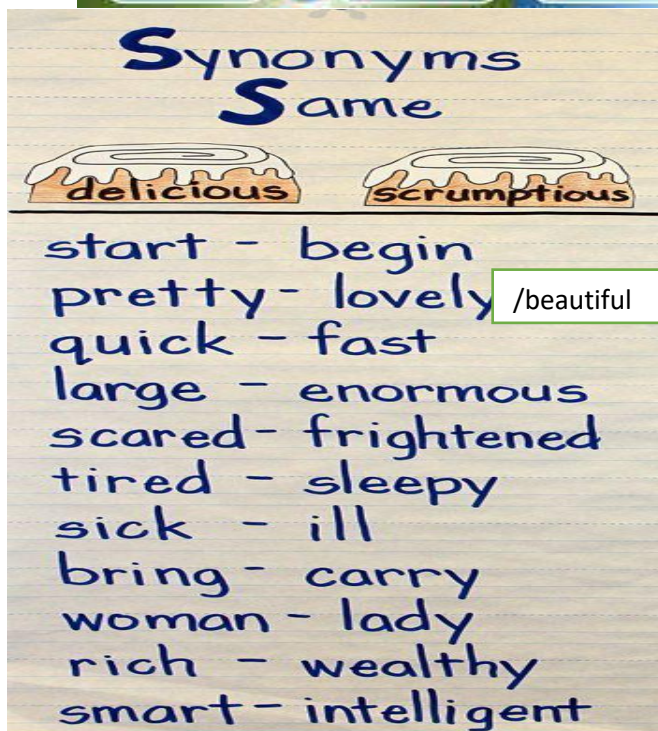
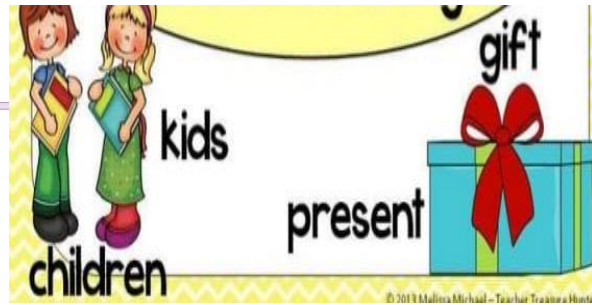


Strand	Reading and viewing
Sub Strand	Language features and rules.
Learning Outcome	Examine appropriate language conventions used in a range of texts.

Synonyms (Similar words)

What is a synonym?

- A synonym is a word that has the same, or almost the same, meaning as another word



Activity

Write down the synonym

words

1. Kids- _____
2. Sick- _____
3. Quick- _____
4. Correct- _____
5. Tell - _____
6. Pretty- _____
7. Gift- _____
8. Woman- _____
9. House- _____
10. Unhappy- _____

Strand	Reading and viewing
Sub Strand	Language Features and Rules
Learning Outcome	Examine appropriate language conventions used in a range of texts.

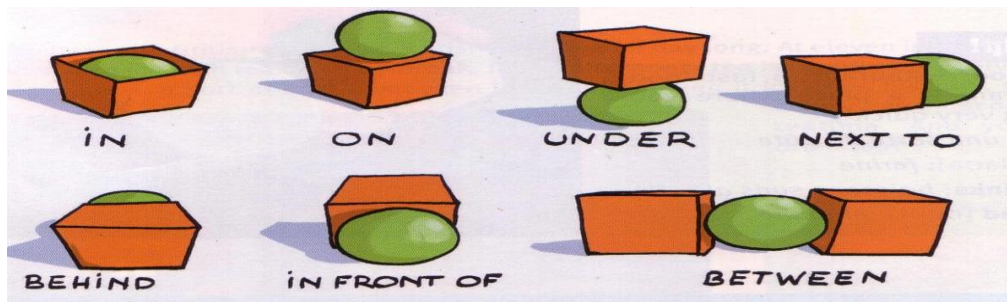
Prepositions



What is a Preposition?

Preposition a word that shows the relationship between a noun or a pronoun and some other word or element in the rest of the sentence.

- with
- at
- from
- into
- during
- including
- until
- against
- among
- throughout
- despite
- towards
- upon
- concerning
- of
- to
- in
- for
- on
- by
- about
- like
- through
- over
- before
- between
- after
- since
- without
- under
- within
- along
- following
- across
- behind
- beyond
- plus
- except
- but
- up



Activity



PREPOSITION OF PLACE

Look and complete the preposition of place

1. The cat is the box.



2. The bird is the boxes.



3. The cat is the box.



4. The bird is the box.



5. The cat is the box.



6. The cat is the box.



-

TERM 3 WORKSHEET 8

LESSON NOTES

School: Lovu Sangam School


Year: 3

Subject: Mathematics


Strand	Measurement
Sub Strand	Grams and Kilograms
Content Learning Outcome	Explore ways of measuring the mass of objects using standard and standard units.

Notes

Mass is how much matter an object contains. Grams-g and kilogram- kg.

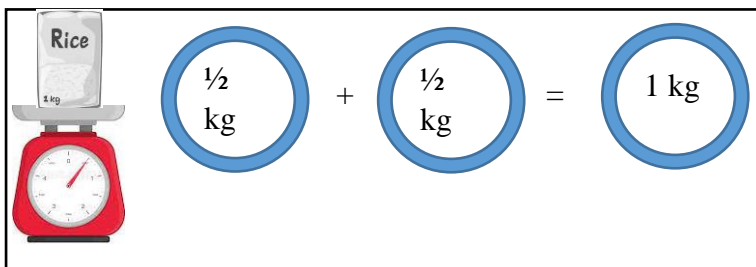
Grams about the weight of a paper clip. Eg 1 gram = 

Kilogram is about the weight of one book. 1000 grams = 1 kilogram

1 kilogram = 

Tools you can use to measure the mass is scale or a hanging scale.

Example: Half a kilogram ($\frac{1}{2}$ kg); One kilogram (1 kg)



Our measures must always be the same. They must be standard measures. The standard drawing for mass is kilogram.

Activity

Collect some items and guess their masses. Record it in the table below by placing a tick (✓)

	Items	Guessed mass			
		More than $\frac{1}{2}$ kg	Less than $\frac{1}{2}$ kg	More than 1 kg	Less than 1 kg
a.					
b.					
c.					

TERM 3 WORKSHEET 9

LESSON NOTES

School: Lovu Sangam School

Year: 3

Subject: Mathematics

Strand	Measurement
Sub Strand	Volume and Capacity
Content Learning Outcome	Express capacities using non- standard unit and standard units of volume.

Notes

Standard unit of volume.

There are two standard units of volume.

- Millilitres (ml) – measuring very small amount of liquid. Example: water in spoon, tea in a cup, milk in a bottle.
- Litres (L)- measuring largers volume of liquids. Example: water in a bucket.
1 litre = 1000 ml
 $\frac{1}{2}$ litre = 500 ml

We measure most liquids in **LITRES** and **HALF LITRES**.

Why? These are standard measures.



Activity

Complete the table below by filling in the units of measurements in ml or L.

	Container	Unit
A	Milk in packet	
B	Coke in a can	
C	Water in a bucket	
D	Petrol in a car	
E	Water in a cup	
F	Medicine in a syringe	

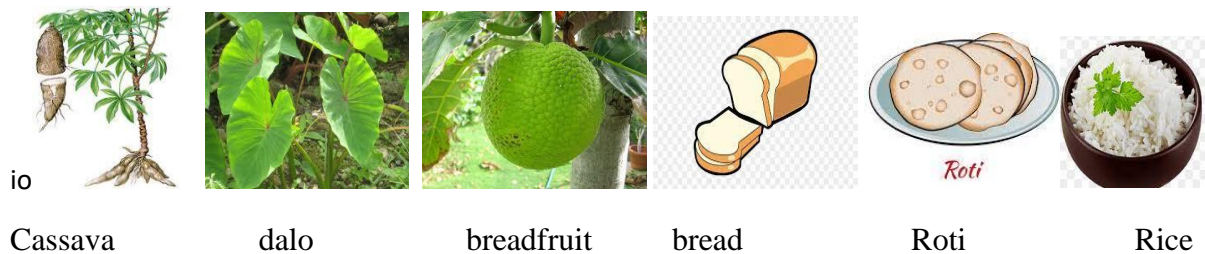
Subject- Healthy Living

Strand	Personal and community health
Sub Strand	People and food
Learning Outcome	Relate information that local foods promote healthy growth

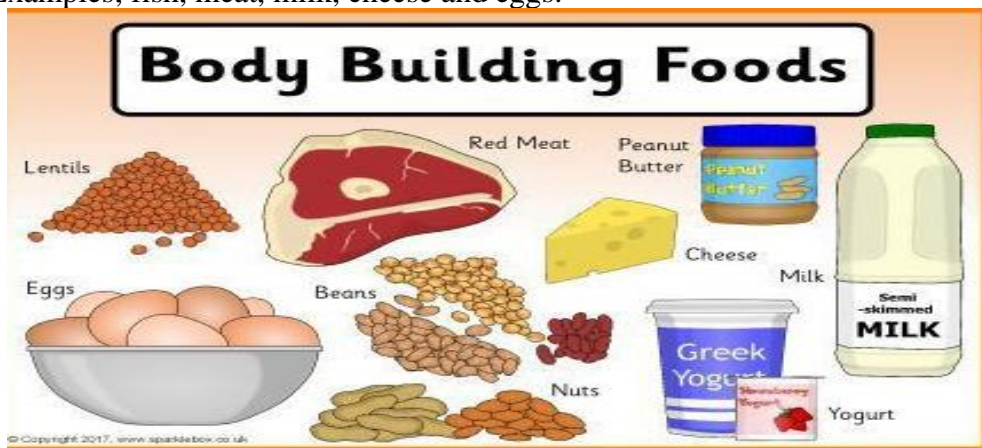
Local Foods- Basic Food Groups

- Local foods are nutritious, fresh and cheap.
- Some local food gives us **energy**.
- Some examples of energy giving foods are – **bread, cassava, dalo, kumala, potatoes and other starchy food**. There are 3 basic food groups:

1. **Energy giving foods** – gives energy to our body to work and play. Examples;



2. **Body building food**- They build and repair our body. They are also known as **Protein foods**. Examples; fish, meat, milk, cheese and eggs.



3. **Health giving or Protective foods**- Some foods are known as **healthy food**. They **protect** us from **sickness**. Eat at least 5 serves of fruits and vegetables everyday. These foods are also known as **protective food or health-giving food**.

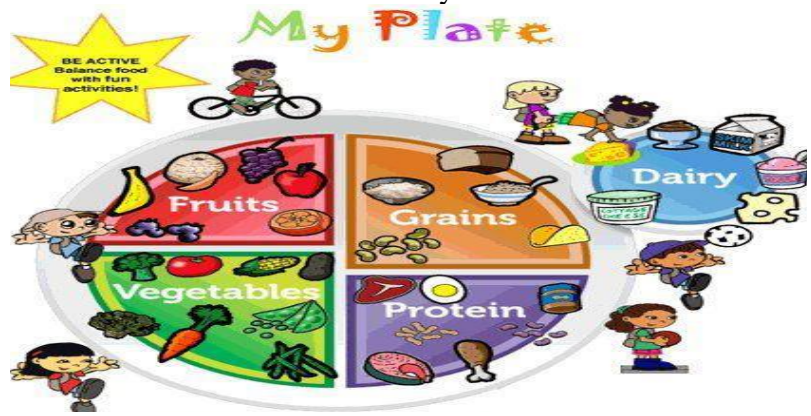
Vegetables



Fruits



To have a **balanced meal** or diet you must have one **food from three food groups**



Activity **Draw colour and write down the names of food in the three food groups**
Energy Giving foods Body building foods Health giving Foods

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Term 3

WEEK 9

Name: _____

School – Lovu Sangam School

Year- 3

Subject- Healthy Living

Strand	Personal and community health
Sub Strand	People and food
Learning Outcome	Relate information that local foods promote healthy growth

















Junk Food

- Junk foods are those food that are **not healthy** and are **bad for health**.
- These foods are not **nutritious** and can lead to be **obese** (being fat) and leads to non communicable diseases like **diabetes, high blood pressure, stoke, heart attack**.
- Some examples of junk food are – lollies, bongos, twisties, fizzy drinks, and many other fast foods which contains lots of fat, sugar and salt.
- We must avoid eating junk food to have healthy lifestyle and healthy body.



Activity

Cross out the junk foods in the box. ✖

 healthy junk			
Choose <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Strand	Reading and viewing
Sub Strand	Language features and rules.
Learning Outcome	Examine appropriate language conventions used in a range of text types.

पर्यायवाची शब्द/ Synonyms/ Similar words

जिन शब्दों के अर्थ में समानता होती है, उन्हें पर्यायवाची शब्द कहते हैं। कुछ पर्यायवाची शब्द यहाँ दिए जा रहे हैं;

महिला - नारी, स्त्री, औरत

बगीचा - उपवन, बाग, वाटिका

सूर्य - सूरज, दिनकर, रवि

भूमि - धरती, जमीन,

पहाड़ - पर्वत, नग, गिरी

वायु - अनिल, हवा, पवन

दोस्त - मित्र, सखा, सहचर

दिन - दिवस, वार, दिवा

पुष्प - फूल, सुमन, कुसुम

संसार - विश्व, जगत, दुनिया

शिक्षक - अध्यापक, गुरु, आचार्य

पक्षी - खग, चिड़िया, गगनचर

बादल - मेघ, घन जलधर

बारिश - वर्षा, पावस, बरसात

माँ - मैया, माता, जननी







आकाश - नभ, गगन, आसमान

ईश्वर - भगवान, प्रभु, परमेश्वर

तिथि : _____ पर्यायवाची

दिन : _____

समान अर्थ वाले शब्द -

माता		माँ,	जननी
वृक्ष		पेड़,	तरु
फूल		सुमन,	पुष्प
घर		गृह,	सदन
बालक		बच्चा,	लड़का
वन		जंगल,	कानन




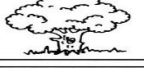


Activity

Matching

तिथि : _____ पर्यायवाची

दिन : _____

सही जोड़े बनाओ -

सुमन	<input type="checkbox"/>	क	
गृह	<input type="checkbox"/>	ख	
बालक	<input type="checkbox"/>	ग	
तरु	<input type="checkbox"/>	घ	
वन	<input type="checkbox"/>	ङ	
माँ	<input type="checkbox"/>	च	

Spelling words

1. फूल
2. दिन
3. धरती
4. भगवान
5. हवा
6. बादल
7. चिड़िया
8. आकाश
9. मित्र
10. बगीचा

Term 3

Week 9

Name : _____

School – Lovu Sangam School

Year- 3

Subject- Hindi

Strand	Reading and viewing
Sub Strand	Language Features and Rules
Learning Outcome	Examine appropriate language conventions used in a range of text types

है, हैं हो , हूँ (is, are, am)

है - talks about one person

हैं - talks about many people

Use of Is Am and Are in Hindi

वह एक अध्यापक है।
He is a teacher.
मैं एक ड्राइवर हूँ।
I am a driver.
तुम ईमानदार हो।
You are honest.

Activity

Choose the correct answer

मैं लड़का _____।	(है , हो , हूँ)
तुम कौन _____ ?	(हूँ , हो , हूँ)
यह एक घोड़ा _____।	(है , है , हूँ)
वह घर _____।	(है , हो , हूँ)
वे गोपाल _____।	(है , हूँ , हो)
ये बच्चे _____।	(है , है , हूँ)
हम लड़कियाँ _____।	(है , हूँ , हो)
आप मामाजी _____।	(है , है , हूँ)
मैं सीता _____।	(है , हो , हूँ)
तुम पंडति _____।	(है , हो , हूँ)

Strand	Wilivola kei na vakadidigo
Sub Strand	Wiliki, vakadigova, kila vakavinaka na veimataqali vosa, kedra I buibuli me rawa ni vakadewataki kina nai tukutuku
Content Learning Outcome	Na veivanua e vakayagataki kina na vosa, vanua ni vakau tukutuku, veivosaki e veisiga, I yaloyalo vosa vakayagataki ena vakacacali.

WASE 8 NA VEISIKO

Vosa nanumi

1.siko – na laki raica e dua na wekana ni tauvimate se yacovi koya e dua na ka se me laki raici koya walega.

2.i vakarau – na veika me taurivaki me i tovo.

Vosavosa vaka- viti

1.Na i vakasili – oqo n aka e kau vua na vuniwai ka vei qaravi ka yaco kina na bula e na tauvimate.

2.Vakataba ni uto – tukuni vua e dua e sega ni rawata na nona i tavi yau se magiti ia e duatani e nona i tavi mai na ka e dodonu me kauta mai.

3.I sirovi – Na ika.

Me volai: Vola mai e va se lima na i yatu vosa me baleta na nomu laki sikovi tacimu ki valenibula.

1. _____.

2. _____.

3. _____.

4. _____.

Strand	Wilivola kei na vakadidigo
Sub Strand	Wiliki, vakadigova, kila vakavinaka na veimataqali vosa, kedra I buibuli me rawa ni vakadewataki kina nai tukutuku
Content Learning Outcome	Na veivanua e vakayagataki kina na vosa, vanua ni vakau tukutuku, veivosaki e veisiga, I yaloyalo vosa vakayagataki ena vakacacali.

Na i cegu : I cegu levu

Oqo e dua nai cegu ka dau vakayagataki sara vakawasoma. Na i cegu oqo e vakaraitaka e dua na i yatu vosa ni sa taucoko n aka e vinakati me tukuni.

Oqo e dua na kenai vakaraitaki : **Au sa lako.**

Vakayagataka na matanivola levu kei nai cegu .

1. na yacaqu ko sainiana marama

_____.

2. na noqu koro ko nakorolevu

_____.

3. au a lako mai ena siga tabu

_____.

4. oqo na vula ko okosita

_____.

TERM 3 WORKSHEET 8

LESSON NOTES

School: Lovu Sangam School

Year: 3

Subject: Elementary Science

Strand	Earth and Beyond
Sub Strand	Our Solar System
Content Learning Outcome	Observe and record information over time about the major visible features of the day and night sky.

What is Solar System?

The Solar System is made up of all the planets that orbit our sun.

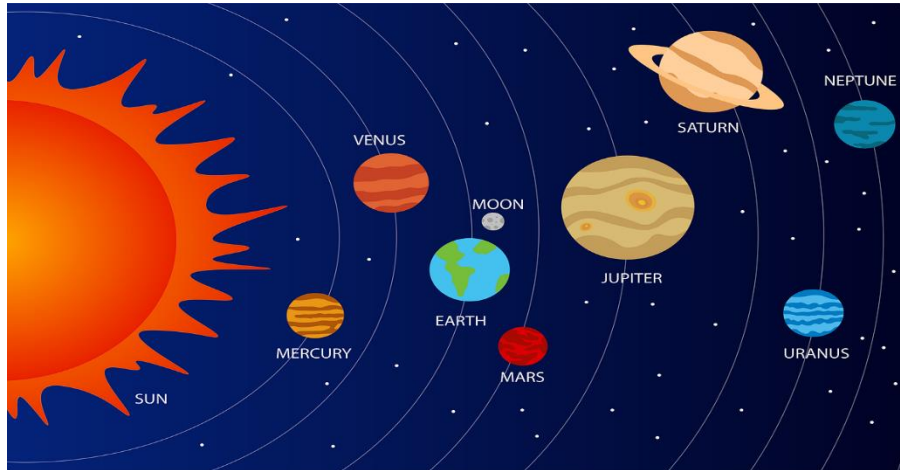
The Solar System also consists of bodies like moons, dust and gas.

The sun is very large.

Its powerful pulling power is called gravity.

It attracts all other objects in the Solar System towards it.

There are eight planets in our solar system. Earth is the planet we live on.



Activity

Draw four things you would see in space. Below each item, write its name.

TERM 3 WORKSHEET 9

LESSON NOTES

School: Lovu Sangam School

Year: 3

Subject: Elementary Science

Strand	Earth and Beyond
Sub Strand	The Earth
Content Learning Outcome	Observe and record information over time about the major visible features of the day and night sky.

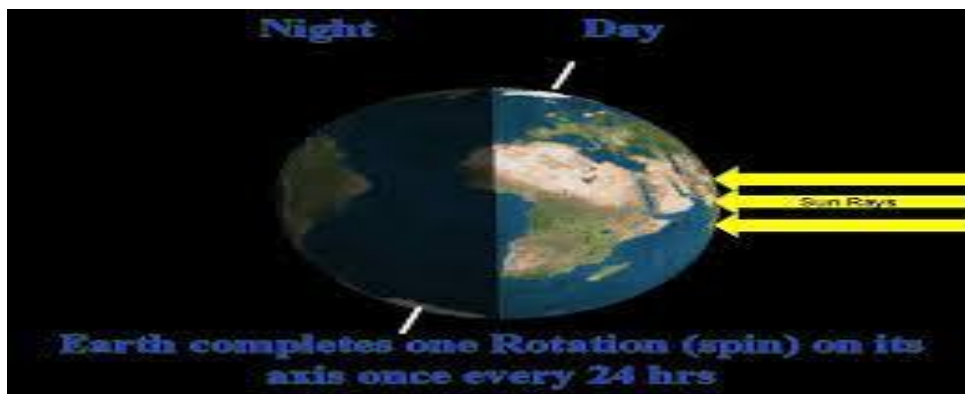
The Earth

Earth is the third planet from the sun.

It takes 365 days for earth to move around the sun.

We call this one year.

The earth also spins around its centre once a day.



When our side of the earth is facing the sun, it is day for us. When the sun is facing the opposite side of the earth, it is night for us.

Activity

Give example of what you do during:

Day time- _____

Night time- _____