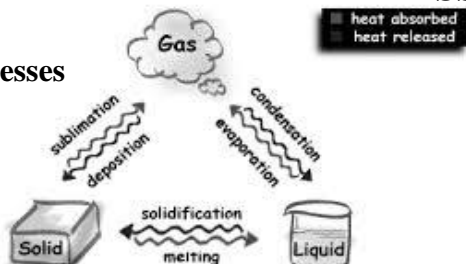


STRAND	Strand 2 Matter
SUB-STRAND	S2.1 Investigating Matter S2.2 Materials
CONTENT LEARNING OUTCOME	S8.2.1.1/ S8.2.1.2/ S8.2.2.1/ S8.2.2.2

LESSON NOTES**Part A. Processes**

Define all the 6 processes mentioned in the diagram.

Melting is a process where solid changes to liquid.

Freezing is a process where liquid changes to solid.

Evaporation is a process where liquid changes to gas.

Condensation is a process where gas changes to liquid.

Deposition is a process where gas changes to solid.

Sublimation is a process where solid changes to gas.

Part B Mixtures/Compounds and Separation

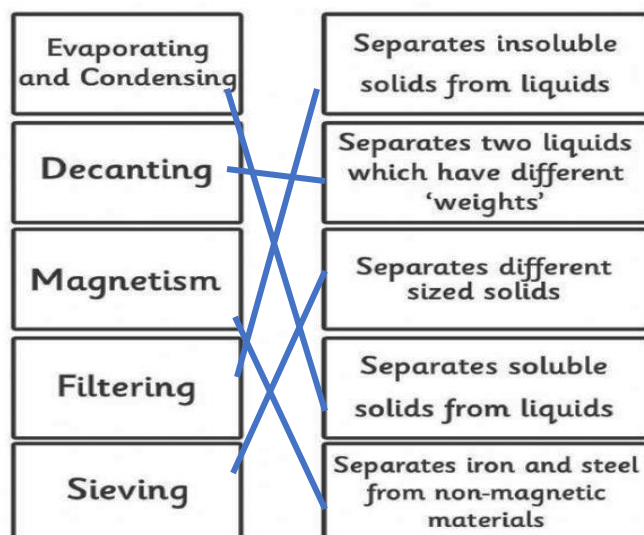
1. What is the difference between mixtures and compounds?

MIXTURE Is made up of two or more different substances which are mixed and not combined chemically.

COMPOUND A substance made up of two or more different elements chemically joined together.

2. How will you separate these mixtures?

Draw a line from the process to its correct description.



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Solution

SUBJECT: Healthy Living

STRAND	Building Healthy Relationships
SUB-STRAND	H8. 2.1 Relationships H8.2.2 Resilience and proactive behaviour
CONTENT LEARNING OUTCOME	Recap H8.2.1.1/ H8.2.2.1/ H8.2.2.2

LESSON NOTES- Please refer to the Term 1 notes.

Part A

Define these terms.

- Conflict-** disagreement between two parties.
- Scapegoating-** directing blame at one or more individual within the group
- Empowerment-** the process of becoming stronger and more confident, especially in controlling one's life and claiming one's rights./ Authority or power given to someone to do something.
- Resilient-** able to withstand or recover quickly from difficult conditions.
- Trauma-** a deeply distressing or disturbing experience.

Part B



What can you do to be resilient?

- Learn to relax.**
- Practice thought awareness.**
- Edit your outlook.**
- Learn from your mistakes and failures.**
- Choose your response.**
- Maintain perspective.**
- Set yourself some goals.**
- Build your self-confidence.**

(Many answers acceptable)

YEAR/LEVEL: 8

Solution

SUBJECT: Social Science

STRAND	2: Time, Continuity and Change
SUB-STRAND	SS8.2.2 Continuity and Change
CONTENT LEARNING OUTCOME	SS8.2.2.1 Explore some significant world events and express their impacts on the lives of people and the history of the world.

The Major World Events. refer to the Term 1 notes.

1. List the major world events you have studied or you know of.

**World War 1/II, The great depression/ Olympics/pandemic/World Cups/ The Holocaust/
The Cold War (1947–1991)/**

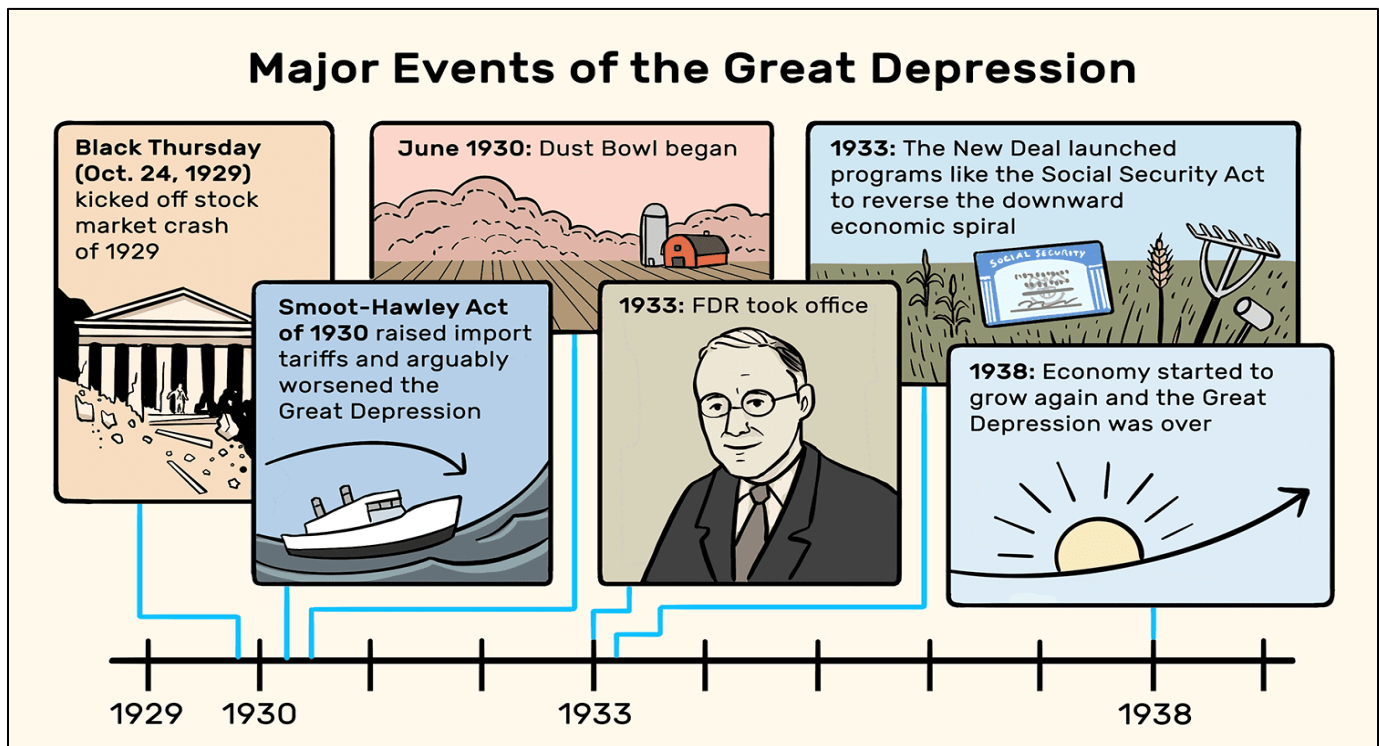
Many more answers

2. Choose one from the list you have and write down its impact on the lives of people.

Varied answers depending on the event chosen.

Economic impact/ health on people/ social impacts etc.

Something to know!



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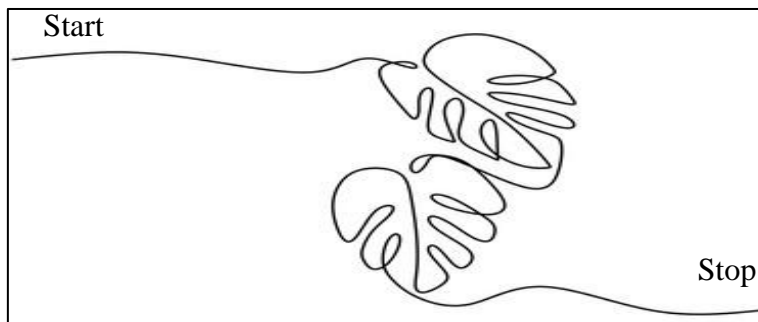
SUBJECT: Art And Craft

STRAND	Visual Arts
SUB-STRAND	Arts Ideas
CONTENT LEARNING OUTCOME	A8.2.1.1 Explore, develop and present aesthetic artworks from a range of ideas from old to modern forms and practices.

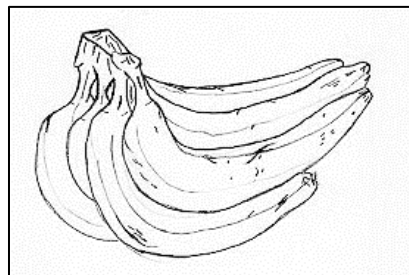
LESSON NOTES

More on Contour Drawings

Continuous line contour drawing is a contour drawing done without picking your pencil off of the paper. It is essentially done with one long line. Continuous line contour drawings can be done 100% "blind" or not.

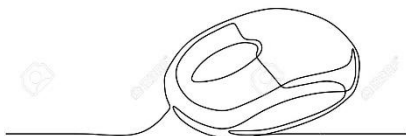


A "**modified contour line drawing**" allows you to look at your paper and pick up your pen, using multiple lines instead of one.



ACTIVITY

In the space below draw a picture each using continuous contour and modified contour.



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Solution

SUBJECT: Music

STRAND	Performing Arts
SUB-STRAND	Arts Ideas
CONTENT LEARNING OUTCOME	A8.1.1.1 Create and demonstrate balanced accompaniment for songs with available musical instruments.

LESSON NOTES

Music is the art of arranging sounds in time to produce a composition through the elements of melody, harmony, rhythm, and timbre.

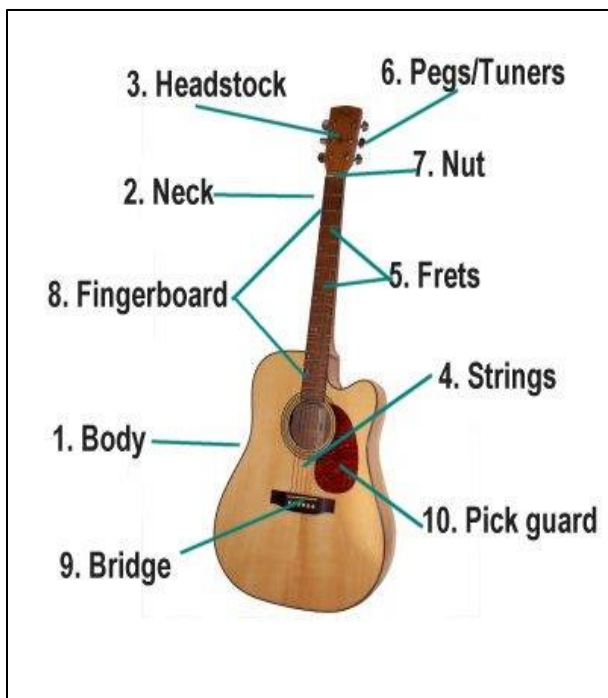
Melody- a sequence of single notes that is musically satisfying.

Harmony- the combination of simultaneously sounded musical notes to produce a pleasing effect.

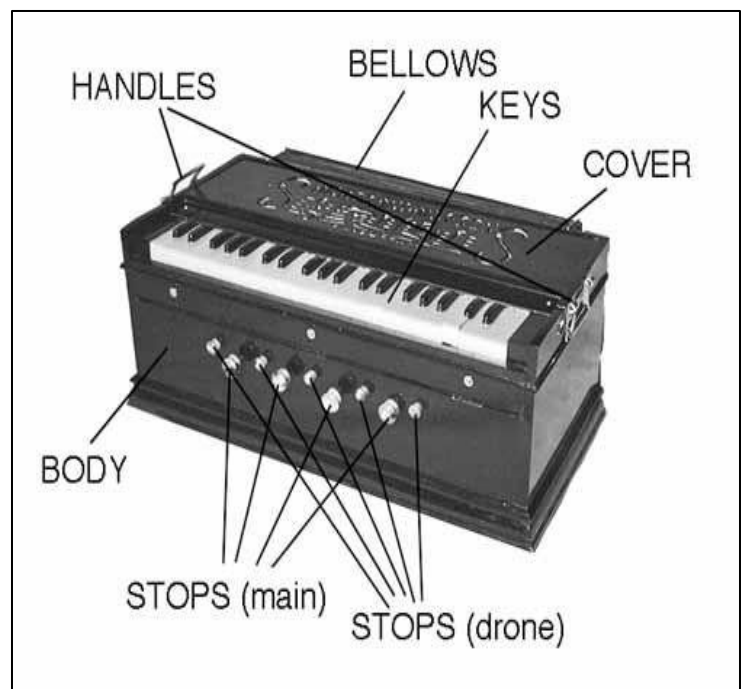
Rhythm- a strong, regular repeated pattern of movement or sound.

Timbre- the character or quality of a musical sound or voice as distinct from its pitch and intensity.

Parts of Guitar



Parts of Harmonium



EXERCISES

1. List some common musical instruments used by the i-Taukei in Fiji.

guitar/ lali / ukulele/ mandolin/flute

(many answers possible)

2. List some common musical instruments used by the Indian people.

Dholak, harmonium/ Tamborine/ table/ sitar

(many answers possible)

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Solution

SUBJECT: Physical Education

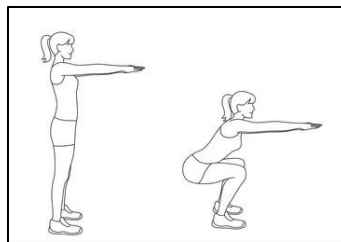
STRAND	Physical Education
SUB-STRAND	BODY MOVEMENT AND MOTOR SKILL DEVELOPMENT
CONTENT LEARNING OUTCOME	PE 8.1.1.1 Explore and demonstrate the application of force to create motion, momentum and resistance in fundamental motor and movement activities.

LESSON NOTES

Static Balance and Dynamic Balance

Static Balance: it is **the ability to maintain the body in some fixed posture**. Static balance is the ability to maintain postural stability and orientation with centre of mass over the base of support and body at rest.

Static balance exercises: **squats, two-leg stance and one-leg stance**.



Dynamic balance refers to **the ability to move outside of the body's base of support, while maintaining postural control**. Dynamic exercises: jogging end to end, sideways walking or running with crossovers, forward walking or running in a zigzag line, backward walking, or running in zigzag line.



EXERCISES

Fill in the blanks using the words in the list.

Balance and Coordination is one of the main fitness components, a factor for success in many sports. In certain **sports**, such as gymnastics and surfing, balance is one of the most **important** physical attributes. Good coordination is also vital for sports involving hitting objects. In many other sports, including team sports, good balance and coordination is an important part of skill development and the overall **fitness** profile.

Word List:

important

fitness

sports

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Solution

SUBJECT: Mathematics

STRAND	Number and Numeration
SUB-STRAND	M8.1.4 Fractions M8.1.5 Decimals
CONTENT LEARNING OUTCOME	M8.1.4.1 Explain and solve fractions in relation to its relationships to conversions using mathematical operations. M8.1.5.1 Explain and solve decimals up to three decimal places using mathematical operations.

RECAP

Fractions

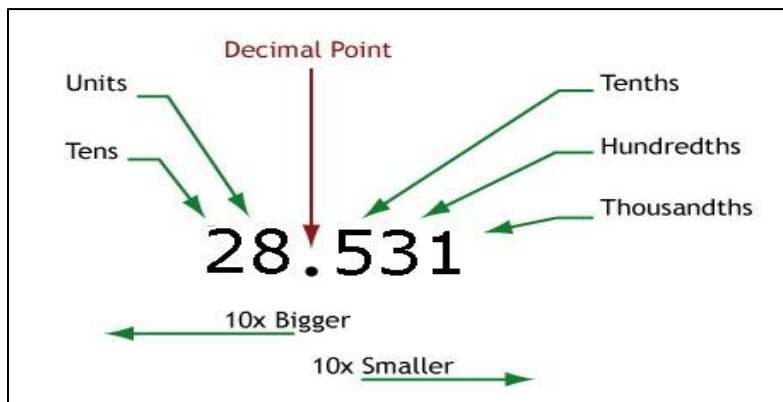
The **numerator** enumerates - counts how many of the denominator there are.

$$\frac{a}{b}$$

The **denominator** is the part of the whole that is being counted by the numerator.

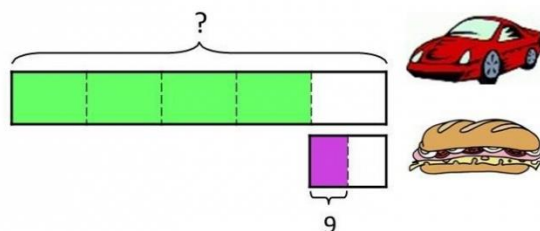
The **fraction bar** separates numerator, denominator. It is a symbol for division: $a \div b$

Decimals



EXERCISES

1. Dad spent $\frac{4}{5}$ of his money on gas for his car and $\frac{1}{2}$ of the remainder on sandwiches. He spent \$9 on sandwiches. How much money does Dad had at first?



$$\begin{array}{rcl}
 \$9.00 \times 2 & \$18.00 \\
 \$18.00 \times 5 & \\
 \$ & 90.00
 \end{array}$$

2. Grace owned 357.448 shares of a mutual fund on January 1. On December 31 of the same year she noticed that her shares had increased by 82.469 shares. What was her new total at the end of that year?

$$\begin{array}{r}
 357.448 + 82.469 \\
 \hline
 439.917
 \end{array}$$

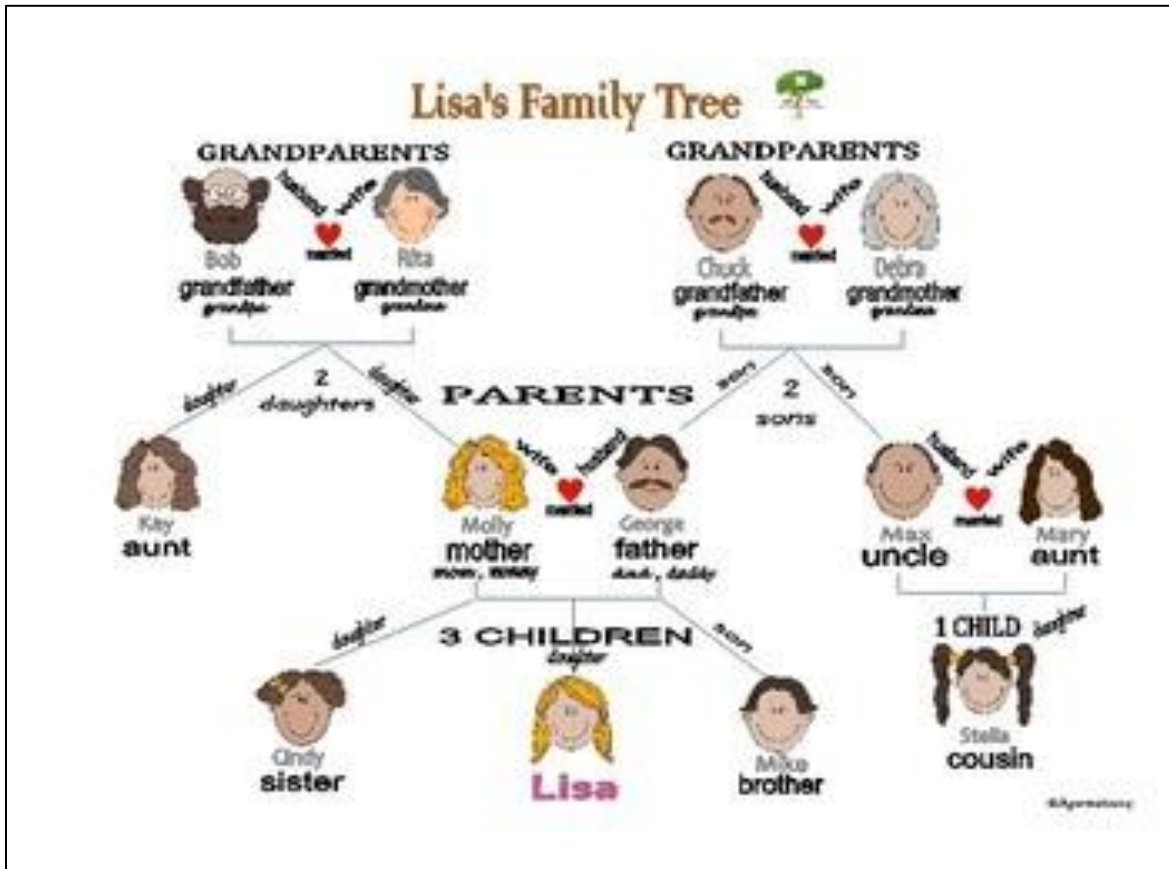
LISTENING AND SPEAKING

We all have wonderful families. The members work together. Talk with your family members and listen to them on how you can strengthen your relationships with other close relations.



READING AND VIEWING

Study this family. Fill in the spaces below.

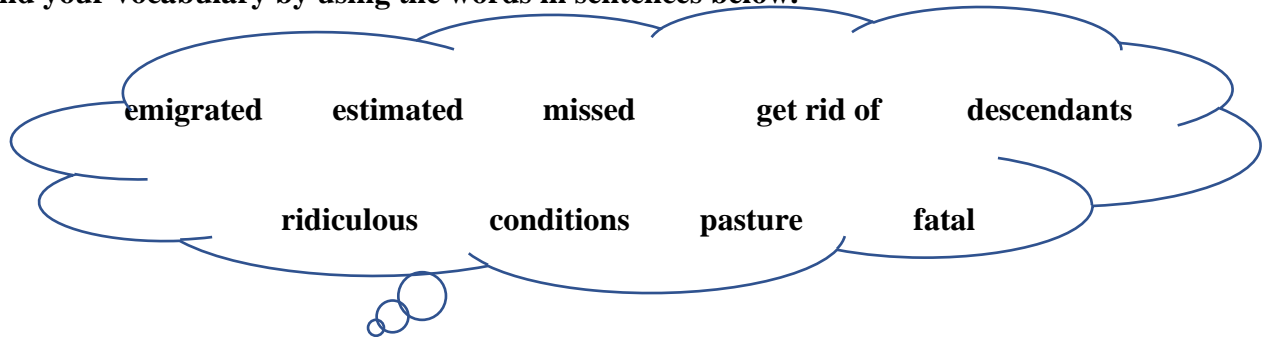


Lisa's uncle is **Max**. She has **one** sister. Lisa's maternal grandfather is **Bob**. There are **five** members in Lisa's nuclear family. Her paternal grandparents have **two** children.

WRITING AND SHAPING



Build your vocabulary by using the words in sentences below.



A. Fill in the blanks.

1. When Saimoni first went to a boarding school, he **missed** his friends at home very much.
2. Many diseases which used to be **fatal** do not kill people now because cures for them have been found.
3. It does not rain as much in Western Viti Levu as it does in the East so the **conditions** for growing sugar are better in Lautoka than they are in Nausori.
4. Mr. Robinson doesn't live in Fiji anymore; he **emigrated** to New Zealand last year.
5. The health inspector said we could **get rid of** the mosquitoes if we destroyed the place where they lay their eggs.
6. The reporter didn't count the people at the match but he **estimated** that about 3,000 people watched the game.

B. Use the words that are not used from the list and write a sentence using it.

1. The **descendants** of the indentured labourers are still living in Fiji.
2. Going fishing in stormy weather is a **ridiculous** idea.
3. The **pasture** where sheep grazed was dry.

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Re-aligned Curriculum : Weekly Home Study Package

YEAR/LEVEL: 8

Week 2 Recap 16/08/2021 - 20/08/2021

SUBJECT: Hindi

Solution

SUBJECT: Hindi (Hindi students ONLY)

- 1 महेश सदा प्रसन्न रहता था। उसका शरीर स्वच्छ था और कपड़े साफ थे।
- 2 रोहित स्थाव से बहुत चिड़चिड़ा था और सदा बीमार रहता था।
- 3 रोहित बीमार रहता था क्योंकि उसके घर-आँगन का वातावरण बहुत अस्वच्छ था।
- 4 मच्छर नालियों में जमे हुए गन्दे पानी में पलते हैं।
- 5 मच्छरों से डेंगू मलेरिया और फाइलारेसिस जैसी विमारियाँ होती हैं।