

YEAR 11 (week 16)

Strand	Clothing and Textiles
Sub strand	CLOTHING NEEDS AND SELECTION/CLOTHING CONSUMER
Content learning outcome	a. Identify the clothing requirements at each stage of the life cycle. b. Explain the factors that affect the availability of clothes in Fiji

Lesson notes

Clothing Requirements for Different Stages of Life Cycle

Infancy (birth to 12 months)

- ☐ Clothes should be comfortable, soft and easy to take care of.
- ☐ **Stretchy jumpsuits** that fasten at the front are best, as well as tops with envelope necks, which are easier to get over your baby's head.
- ☐ Jumpsuits with zips can make dressing your baby quick and easy too. Clothes made from cotton are a good choice.

It is important to look for :

- Snap or zip all the way down the front, instead of the back
- Snap or zip down both legs to make diaper changes easier
- Have loose-fitting sleeves so your hand fits underneath to push the baby's arm through
- Have no ribbons or strings to knot up, unravel, or wrap around the neck (which could cause choking)
- Are made of stretchy fabric (avoid tight bindings around arms, legs, or neck)



Childhood (12 months to 12 years)

- Children need protection from the sun while playing throughout the day. T-shirts with long sleeves and long trousers offer good protection. Hats are essential and should have soft brims to allow for movement and to provide maximum protection.

- Comfortable, soft, and easily worn or taken off when needed. The clothes should be made in a form that can easily access the baby's nappy. It should be nonflammable as much as possible. It must be lightweight.
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Toddlers 1 – 2 ½ years

Buying clothes for toddler

- Buy unisex clothes when you can. There is no reason
- why a girl shouldn't wear boys' clothes, and they are
- Usually sturdier anyway.
- Brightly coloured clothes are useful if your toddler
- wanders off – it will be easier to spot them
- Fabrics need to be very strong but pliable – stretch fabrics are best.

A toddler's clothing / wardrobe should include.

- Overalls, creepers and sun suits.
- Training pants.
- Shirts and blouses.
- Dresses and slips, Suits.
- Night wear.
- Shoes and sock

Children at this stage are more independent and begin to make known their personal preferences in clothing. Children start to express colour, design and texture preferences.

Pre – scholars 3 – 6 years

- Fabrics should be strong and easy to wash.
- Comfort is still a dominant factor, and dressing and
- Undressing should be simplified with easy buttoning so that the child can dress him or herself.
- Talk about the weather when you and your child are
- Choosing clothes. Ask her whether it's hot or cold, raining or sunny

Activity

Explain on the suitable clothes that are required for babies with five other items that babies need.