



3055 BA SANGAM COLLEGE

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Worksheet 17

School: Ba Sangam College

Year:9

Subject: Home Economics

Name: _____

Strand	HEC 9.3: CLOTHING AND TEXTILES
Sub strand	HEC 9.3.3 Clothing Needs & Selection /Clothing Consumer
Content Learning Outcome	HEC 9.3.3.1 Determine the need for one's choice of clothes.

Chapter 9 Design with Clothes-Lesson 1 Clothing Needs

Reasons for wearing clothes

- 1. Physical-** for protection from cold, hot weather and from injuries.
- 2. Psychological-** cultural influence-governed by the rules of the society. E.g., Skirts below the knee for I-taukei girls in the village and head covered for Muslim girls. Traditions and cultures provide guidelines which is then passed from generations to generations.
- 3. Social-** 'what one wears reflects one's image'. A person's appearance affects their feelings, status, age, gender, profession, social status, economic status, and nationality.

Clothes Tradition

Fiji being a multicultural society has different ethnic groups adding its variety of color to the environment. Clothes worn by the I-taukei, Fijians, Asians and westerners are distinctive and unique in design.



The traditional I-taukei attire; Females- sulu and jiaba (chamba). Males- pocket sulu and shirt.

The traditional Indian attire; sari for the females. It is a long piece of cloth worn in varied styles with different patterns and styles. Kurta is worn by the males.



Traditional Chinese dress represents important part of Chinese culture. The robes are made of silk and embroidery brocades.



Clothing needs for teenagers

Teenage is the period of rapid growth and major body changes. This is known as **experimental period** of clothing. The strength of the fabric does not matter as the clothes are not worn for too long. Whenever you put a set of clothes you are making a decision as to where you are going and for what occasion. One expresses their character through the clothes they wear.

The way one dresses influences her feelings and actions

If he/she is pleased with the outfit chosen, he/she will be confident and willing to mix around with others. One wears clothes to be accepted into their friend circle. They dress according to the latest in fashion trend.

Mix and match- this means you get separate items of clothing and then wear them by matching and contrasting. E.g. a blouse can be paired with a jeans and can also be worn with a matching skirt.



Activity

In the space provided paste pictures or draw your cultural wear that you would wear to a family function.