



ARISE! AWAKE! AND STOP NOT TILL THE GOAL IS REACHED

THEN INDIA SANMARGA IKYA SANGAM FIJI

**RAVI RAVI SANGAM SCHOOL**



P. O. Box 277,  
Ba, Fiji.

Regd. 1077

Email: raviravi.sangam@yahoo.com

Phone: 628 1183  
Ph: 4501548

**Realigned Curriculum**  
***Weekly Home Study Package***

Grade: 1

---

**Subjects for this week:**

1. Living and Learning Together- Social Studies
  2. Physical Development Health and Well Being
  3. Learning to Know –Science
  4. Language Literacy and Communication- English
  5. Learning to Know- Mathematics
  6. Aesthetics, Creativity and Arts (Music)
  7. Language Literacy and Communication- Hindi
-

**1077 RAVIRAVI SANGAM SCHOOL**

**Realigned Curriculum: Weekly Home Study Package**

**YEAR/LEVEL – 1 SUBJECT: SOCIAL STUDIES**

Strand	Culture and Diversity
Sub strand	Respect For Diversity
Learning Standards	Participate in activities other than their cultural activities
Fald Theme	Farming

**Lesson Notes**

**Let's find out about big and small farms.**

- **Big farming done on a big piece of land. Example: Sugarcane farming.**
- **Small farming done on a small piece of land. Example: Vegetable gardens**

**Types of Farming**

Sugarcane farming



Vegetable farming



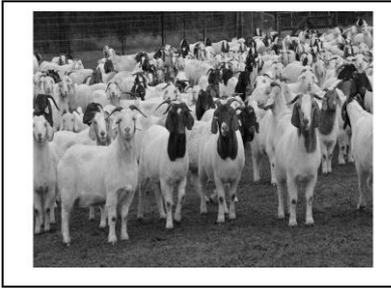
Bee farming



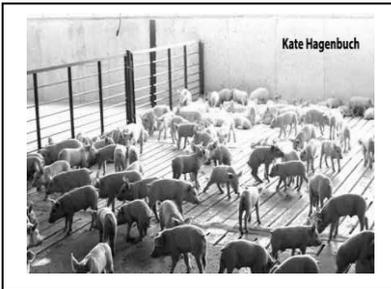
Cattle farming



**Match the following farms**



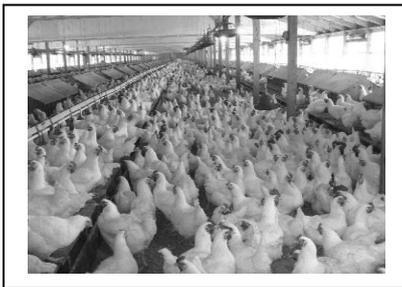
**Poultry farming**



**Dairy farming**



**Goat farming**



**Prawn farming**



**Pig farming**

**1077 RAVIRAVI SANGAM SCHOOL**

**Realigned Curriculum: Weekly Home Study Package**

**YEAR/LEVEL – 1**

**SUBJECT: Healthy Living**

Strand	Healthy Living
Sub strand	Perceptual motor development
Learning Standards	Demonstrate healthy practices in their environment.
Fald Theme	Farming

**Lesson Notes**

- Healthy diet is important.
- Appreciate the value of healthy living.
- Fresh food and exercise is good for us.
- Avoid life style diseases.

**Types of lifestyle diseases.**

- Stress.
- Hygienic diseases, infections, problems e.g hepatitis, typhoid etc.
- Obesity.
- Skin cancer, lung cancer etc.
- S.T.D'S, S.T.I'S.
- Drugs, smoking, alcohol.
- Diabetes.
- Not keeping active, been lazy.

**Activity Fill in the blanks**

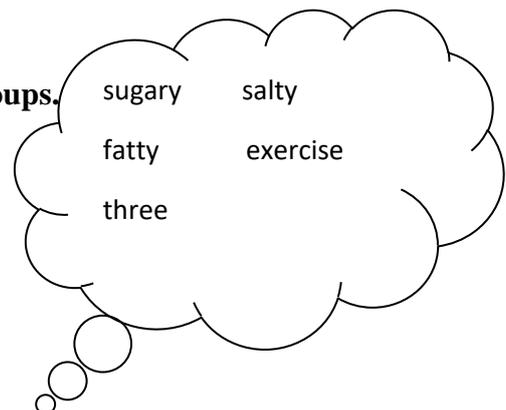
**Obesity is caused by \_\_\_\_\_ foods.**

**High blood pressure is caused by \_\_\_\_\_ foods.**

**Diabetes is caused by \_\_\_\_\_ foods.**

**Balanced meal is eating food from the \_\_\_\_\_ food groups.**

**Fresh food and \_\_\_\_\_ is very important.**



**1077 RAVIRAVI SANGAM SCHOOL**

**Realigned Curriculum: Weekly Home Study Package**

**YEAR/LEVEL – 1 SUBJECT: Elementary Science**

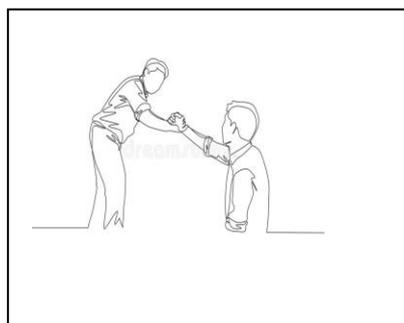
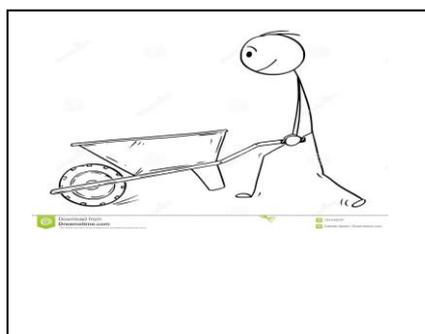
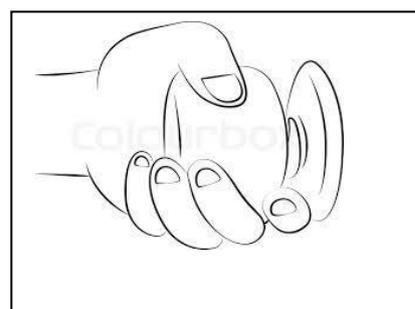
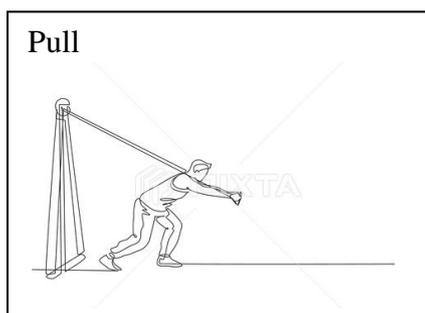
Strand	Inquiry and investigation
Sub strand	Observation, exploration and investigation
Learning Standards	Identify familiar symbols or signs in their environment.
Fald Theme	Farming

**Lesson Notes: How do we move things?**

When we move things we pull or push things and sometimes turn/twist objects.

**Activity**

Write **pull**, **push** or **twist** beside each picture.



**1077 RAVIRAVI SANGAM SCHOOL**

**Realigned Curriculum: Weekly Home Study Package**

**YEAR/LEVEL – 1 SUBJECT: English**

Strand	Reading and writing
Sub strand	Reading / Writing
Learning Standards	Use a variety of writing implements to shape letters and words and create real life stories using simple sentences and punctuation marks.
Fald Theme	Farming

**Uncle Tim's Farmer**

Uncle Tim is a farmer.

He has some animals in his farm.

He also has some birds too.

The cows give milk.

The hens lay eggs.

Uncle Tim feeds them every day.

He keeps himself busy in his small farm.

**New words**

Farm, milk,  
animals,  
feeds, busy

**Activity:**

**Write the missing vowels**

**( a,e,i,o,u)**

C\_\_w

b\_\_rd

H\_\_rs\_\_

c\_\_t

D\_\_ck

sh\_\_p

P\_\_g

\_\_ggs

P\_\_g

\_\_nimals

**1077 RAVIRAVI SANGAM SCHOOL**

**Realigned Curriculum: Weekly Home Study Package**

**YEAR/LEVEL – 1 SUBJECT: MATHS**

Strand	Early Mathematics
Sub strand	Measurement
Learning Standards	Measuring lengths, volumes and weights using comparative language
C L O	To measure volumes using comparative language.(holds more than /holds less than)

**Lesson Notes:**

- Capacity – The capacity of the container is how much it holds.

A jug holds this much of juice

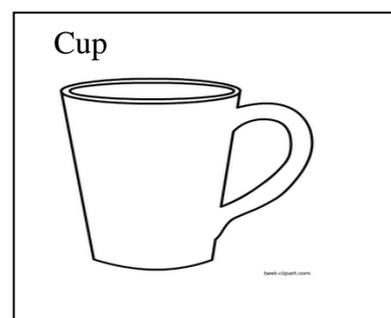
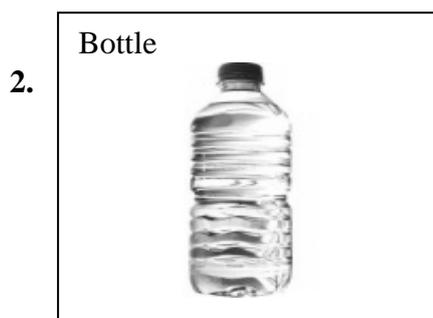
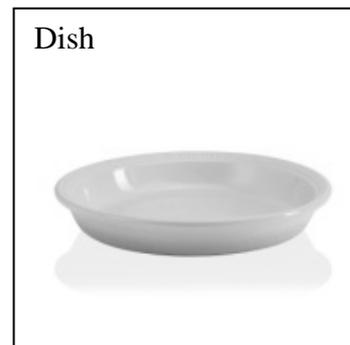
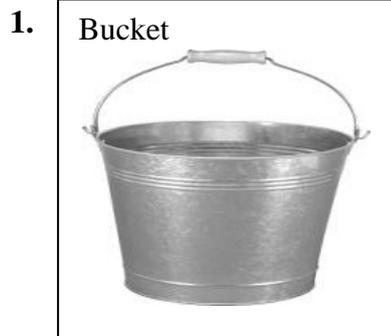


A glass holds this much of water

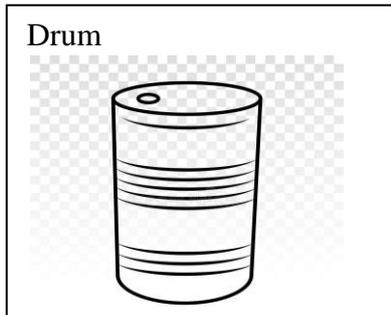


**Activity: A**

Circle the one which holds **more**?



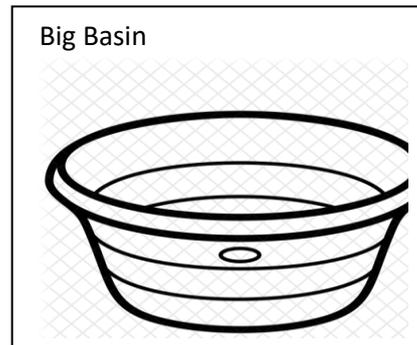
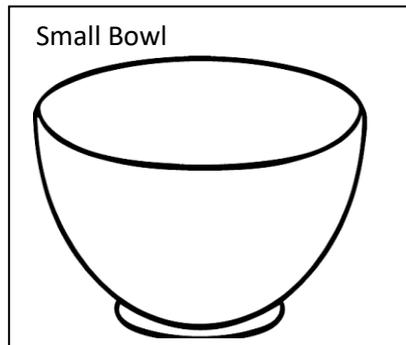
3.



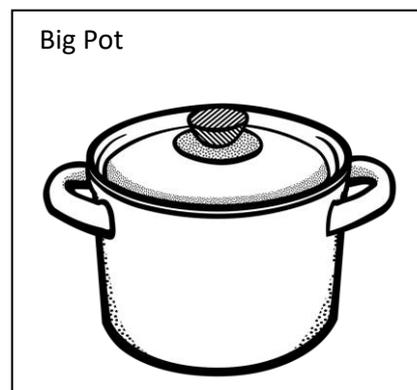
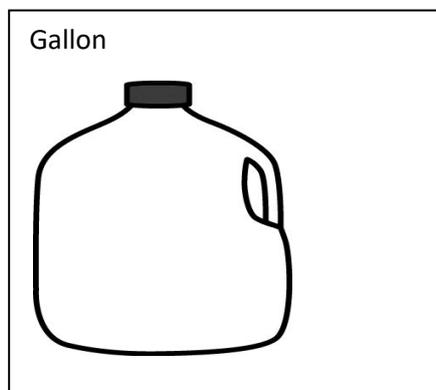
**Activity: B**

Circle the one which holds less?

4.



5.



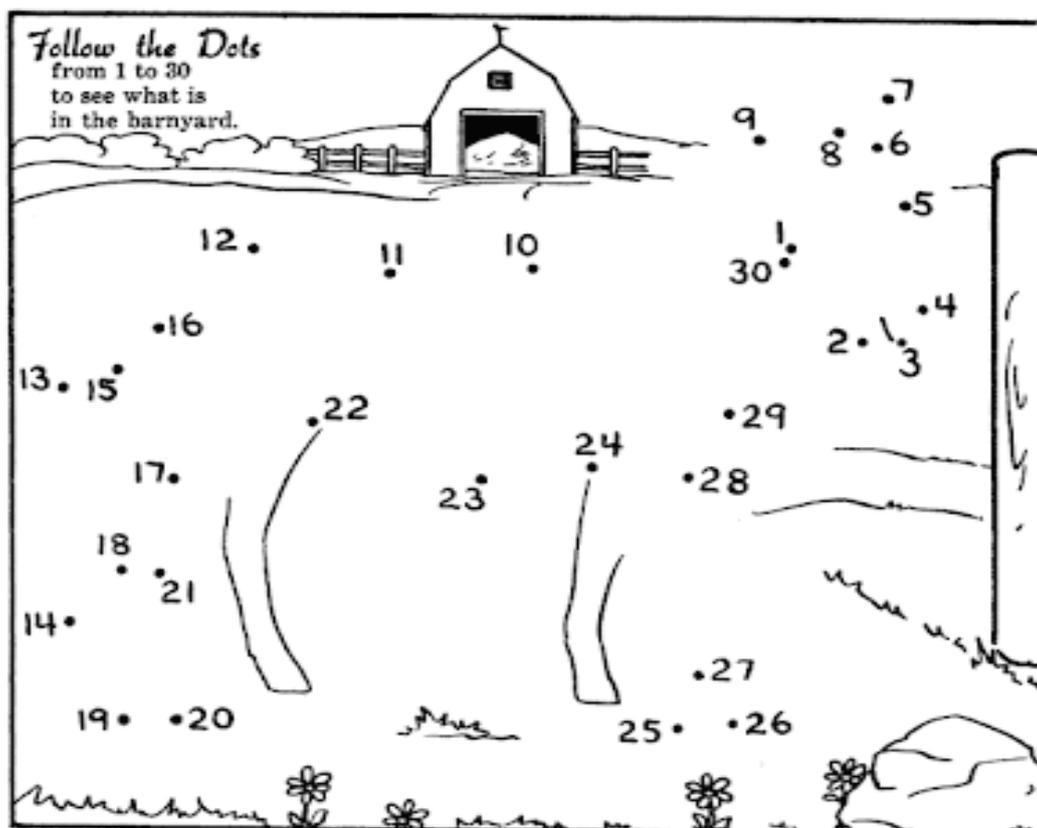
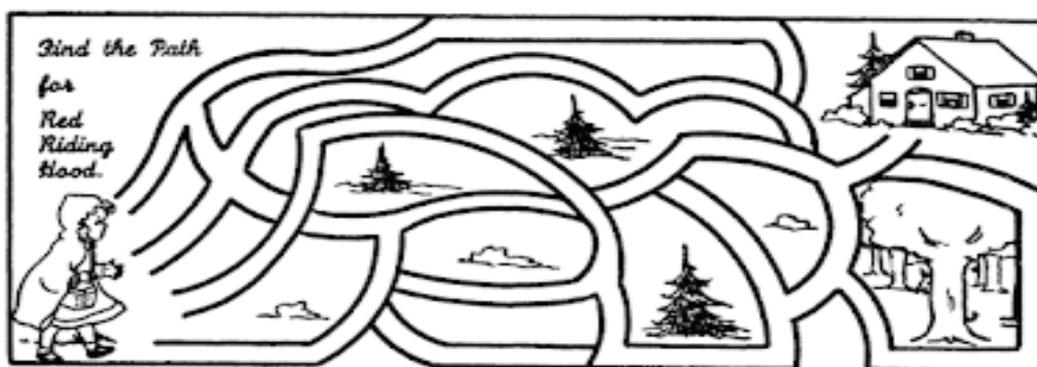
**1077 RAVIRAVI SANGAM SCHOOL**

**Realigned Curriculum: Weekly Home Study Package**

**YEAR/LEVEL – 1 SUBJECT: AESTHETIC CREATIVITY AND THE ARTS**

Strand	Visual arts
Sub strand	Arts
Learning Standards	Discover and use materials to express their ideas and emotions
Fald Theme	Farming

**Activity: Join the dots and colour the picture.**



**1077 RAVIRAVI SANGAM SCHOOL**

**Realigned Curriculum: Weekly Home Study Package**

**YEAR/LEVEL – 1 SUBJECT: HINDI**

<b><i>STRAND</i></b>	<b>Reading and Writing</b>
<b><i>SUB-STRAND</i></b>	<b>Reading/Writing</b>
<b><i>LEARNING STANDARDS</i></b>	<b>Use a variety of writing implements to shape letters and create real life stories using simple sentences and punctuation marks.</b>

**Lesson Notes:**

दिन निकला। विमल आया।  
दिया जला। किताब पढ़  
गिलास भर कर जल पिला।  
चिड़िया उड़ा। घनिया और  
नारियल ला। गिटार बजा।  
खटिया बिछा माता पिता  
का कहना मान।

**Activity:**

१. गि+ला +स = \_\_\_\_\_
२. कि+ता+ब = \_\_\_\_\_
३. चि+ड़ि+या = \_\_\_\_\_
४. पि+ता = \_\_\_\_\_
५. दि+न = \_\_\_\_\_