



# MADHUVANI SANGAM PRIMARY SCHOOL

## WEEKLY HOME PACKAGE 10 COVID- 19 (EXTENDED SCHOOL BREAK)

<b>SUBJECT</b>	<b>MATHEMATICS</b>	<b>YEAR</b>	<b>1</b>
<b>NAME</b>		<b>ADDRESS</b>	

<b>Strand</b>	Measurement
<b>Sub - Strand</b>	Days of the week Fiji coins
<b>Content Learning Outcome</b>	Children should be able to name the days and correctly order the days of the week. Children should be able to name the Fijian coins in order and name the symbols drawn on each coin.

### DAYS OF THE WEEK

- There are seven days in a week.
- The days of the week name a specific period of time.
- The days of the week begin with a capital letter every time you write them.
- The correct way to write the days of the week is:

Sunday  
Monday  
Tuesday  
Wednesday  
Thursday  
Friday  
Saturday







### ACTIVITY WEEK 16

Choose and fill in the blanks with correct answer.

Saturday	Sunday	Thursday	five	Friday	seven
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1. There are \_\_\_\_ days in a week.
2. I come to school \_\_\_\_ days in a week.
3. I stay home on and \_\_\_\_.
4. \_\_\_\_ is the 5<sup>th</sup> day of the week.
5. Which day comes before Saturday? \_\_\_\_\_

## FIJI COINS

Coin	Cents/ Dollar	Symbols
	5 cents <b>Written as: 5c</b>	Lali
	10 cents <b>Written as: 10c</b>	Club
	20 cents <b>Written as: 20c</b>	Tabua
	50 cents <b>Written as: 50c</b>	Fiji Flag
	1 dollar <b>Written as: \$1</b>	Saqamoli
	2 dollars <b>Written as: \$2</b>	Tanoa

### 1. Skip counting in 5s up to 50



5									50
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### 2. Skip counting in 10s up to 100




10				50	60				100
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### 3. Skip counting in 20s up to 100



20	40			100
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	<b>MADHUVANI SANGAM PRIMARY SCHOOL</b>		
	<b>WEEKLY HOME PACKAGE 10</b> <b>COVID- 19 (EXTENDED SCHOOL BREAK)</b>		
<b>SUBJECT</b>	<b>VOSA VAKA VITI</b>	<b>YEAR</b>	<b>1</b>
<b>NAME</b>		<b>ADDRESS</b>	

<b>Strand</b>	Na wilivola kei na volavola
<b>Sub – Strand</b>	Na volavola
<b>Content Learning Outcome</b>	Me ra vola na yaca ni veika e tabaki.

Cakacaka. Wilika na I yatuvosa e ra ka qai tabaiyaloyalotaka.

1. Au rawa ni qalo.	
2. Oqo e dua na bilibili.	
3. E qasi tiko ko taciq.	
4. Oqo e rua na moli.	
5. E cici tiko ko Mere.	



# MADHUVANI SANGAM PRIMARY SCHOOL

## WEEKLY HOME PACKAGE 10

COVID- 19 (EXTENDED SCHOOL BREAK)

<b>SUBJECT</b>	<b>SOCIAL STUDIES</b>	<b>YEAR</b>	<b>1</b>
<b>NAME</b>		<b>ADDRESS</b>	

<b>Strand</b>	Foods
<b>Sub - Strand</b>	Benefits of healthy food
<b>Content Learning Outcome</b>	Children should be able to identify the benefits of eating healthy food.

### What is healthy eating?

To stay healthy and maintain a healthy weight, children need to be physically active and eat the right amount of nutrients to balance the energy they use.

#### Some of the benefits of eating healthy food are:

- Keeps skin, teeth and eyes healthy.
- Supports muscles.
- Helps achieve and keep a healthy weight.
- Strengthens bones.
- Supports brain development.
- Supports healthy growth.
- Helps the digestive system function.
- May help you live longer.

### ACTIVITY WEEK 16

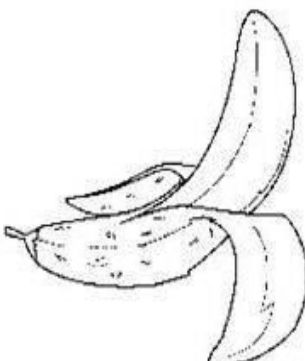
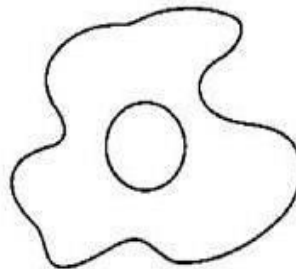
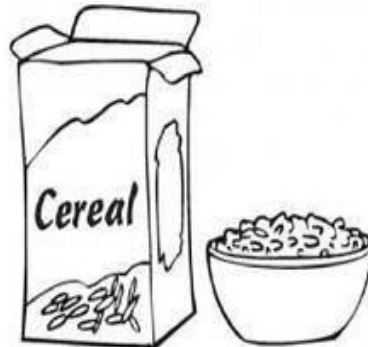
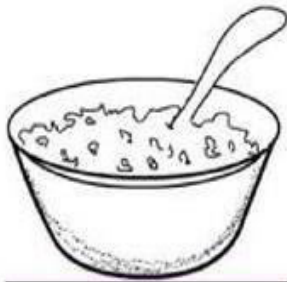
Cross out the **unhealthy** foods and colour the **healthy** food.



cereal porridge egg milo  
banana toast milk orange juice

### Healthy Breakfast

Name these breakfast meals correctly.







# MADHUVANI SANGAM PRIMARY SCHOOL




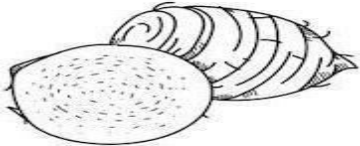

## WEEKLY HOME PACKAGE 10

COVID- 19 (EXTENDED SCHOOL BREAK)



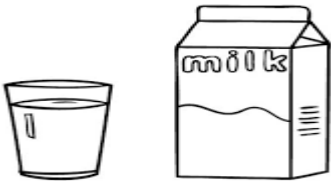
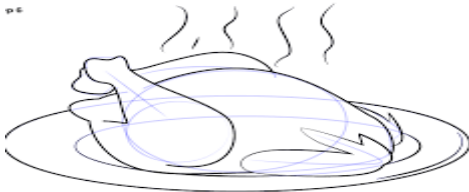
<b>SUBJECT</b>	<b>ELEMENTARY SCIENCE</b>	<b>YEAR</b>	<b>1</b>
<b>NAME</b>		<b>ADDRESS</b>	
<b>Strand</b>	Foods		
<b>Sub - Strand</b>	Three food groups		
<b>Content Learning Outcome</b>	Children should be able to identify the difference between the three food groups.		

### THREE FOOD GROUPS

1. **Energy Giving Food** - food that help us to play and work.

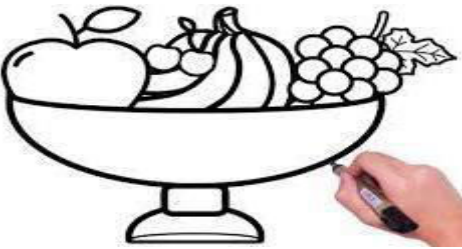
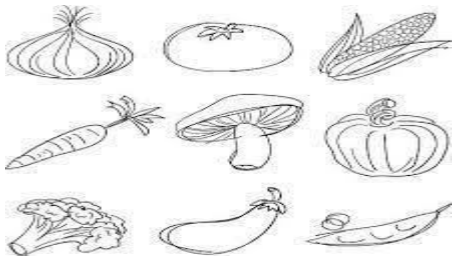
		
bread	rice	potato
		
dalo	roti	

2. **Body Building Food** - food that help us to grow stronger and bigger.

	
fish	egg
	
milk	meat

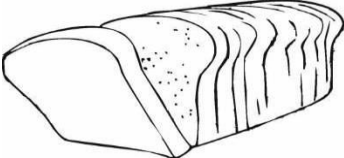
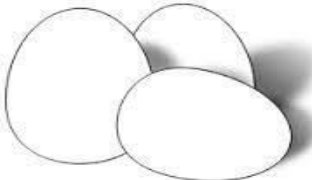


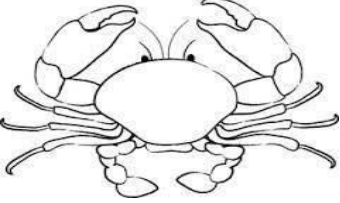

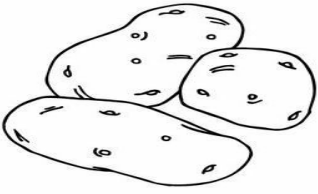




3. **Healthy Giving Food** - food that helps us to fight germs.

	
fruits	vegetables

**ACTIVITY WEEK 16**

Colour the: **Energy Giving Food - Red**, **Body Building Food - Blue** and **Healthy Giving Food - Yellow**.

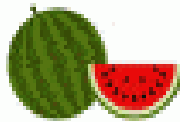
		
		
		

## ACTIVITY WEEK 17

Match the foods with their food groups.



Fruits




Vegetables



Meats or  
Beans

















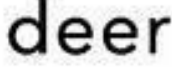

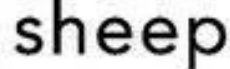
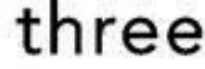
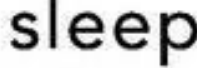
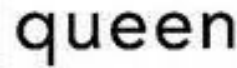


Grains

	<b>MADHUVANI SANGAM PRIMARY SCHOOL</b>		
	<b>WEEKLY HOME PACKAGE 10</b> <b>COVID- 19 (EXTENDED SCHOOL BREAK)</b>		
<b>SUBJECT</b>	<b>ENGLISH</b>	<b>YEAR</b>	<b>1</b>
<b>NAME</b>		<b>ADDRESS</b>	

<b>Strand</b>	Reading and Writing
<b>Sub- Strand</b>	Reading and Writing
<b>Content Learning Outcomes</b>	Read fluently, make predictions using picture clues and letter sound relationship. Read given story using the sound ee / ea.

Learn the given sound.

<u>ee</u>	<u>ea</u>
<div data-bbox="167 772 711 892">   </div>	<div data-bbox="816 758 1442 1497">    <div>eat meal</div>   <div>ice-cream leaf</div> <div>please beach</div>   <div>peach meat</div>    <div>sea grease beans</div> </div>
<div data-bbox="167 905 711 1024">   </div>	
<div data-bbox="167 1031 711 1150">   </div>	
<div data-bbox="167 1157 711 1276">   </div>	
<div data-bbox="167 1283 711 1402">   </div>	
<div data-bbox="167 1409 711 1528">   </div>	

#### ACTIVITY WEEK 16

Draw or paste pictures with ee/ea sound.

## ACTIVITY WEEK 17

1. Read the story given below and answer the questions that follow

ee/ea

The green running team had a track meet. To keep their speed during the week, they had to let off steam after the meet. They need to beat the heat. The team leader hopped in a jeep and beeped the horn. "we are off to the beach to play in the sea!" he shouted.

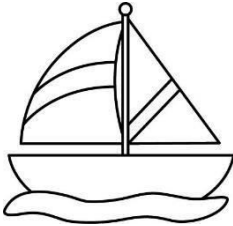
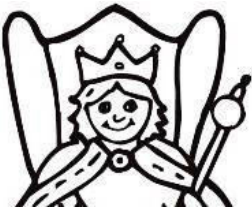
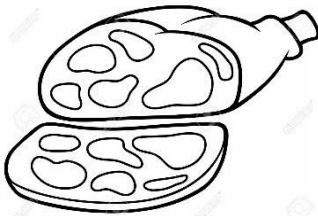

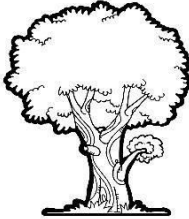
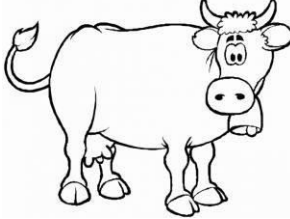
2. Make a circle around the words that has ea sound.

3. Write two words from the story above that has ee sound.

\_\_\_\_\_

4. Write the correct names of these pictures.

tree	cow	meat	snail	queen	boat
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# MADHUVANI SANGAM PRIMARY SCHOOL


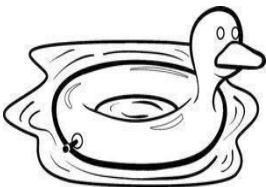

## WEEKLY HOME PACKAGE 10 COVID- 19 (EXTENDED SCHOOL BREAK)


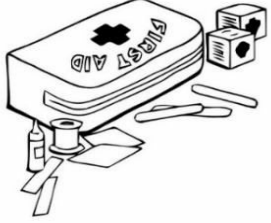
<b>SUBJECT</b>	<b>HEALTHY LIVING</b>	<b>YEAR</b>	<b>1</b>
<b>NAME</b>		<b>ADDRESS</b>	
<b>Strand</b>	Safety		
<b>Sub – Strand</b>	Safety while Swimming		
<b>Content Learning Outcome</b>	Children should be able to learn some of the rules and items that needs to be taken during swimming.		

### Safety While Swimming

1. Learn how to swim.
2. Swim in shallow water.
3. Never go alone for swimming. Always go with an adult.
4. Always have a life guard when you go for swimming.
5. Do not go for swimming during, before or after a storm.
6. Always raise your hand and wave if you need help.

### Items / Things that can be taken when going for swimming



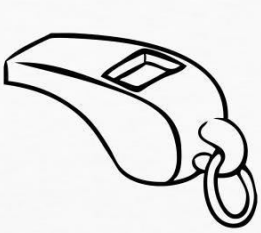
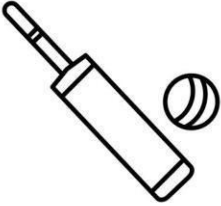


		
goggles	floating tube	whistle

		
<p>Life jacket</p>	<p>Swimming suit</p>	<p>First Aid</p>



### ACTIVITY WEEK 16


Put a tick ☐ ✓ on the items **we need** when going for swimming and a ☐ ✗ on the items that are **not** needed.

 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>
 <input type="checkbox"/>	 <input type="checkbox"/>	 <input type="checkbox"/>

### ACTIVITY WEEK 17

Write Yes or No for the following sentences.

1. Never go swimming alone.	
2. Raise your hand and wave if you need help.	
3. Goggles, floating tube and lifeguard are very important items that we need to take when going for swimming.	
4. Swim in deep water.	

	<b>MADHUVANI SANGAM PRIMARY SCHOOL</b>		
	<b>WEEKLY HOME STUDY PACKAGE 10</b> <b>COVID- 19 (EXTENDED SCHOOL BREAK)</b>		
<b>SUBJECT</b>	<b>HINDI</b>	<b>YEAR</b>	<b>1</b>
<b>NAME</b>		<b>ADDRESS</b>	

STRAND: ଶିକ୍ଷା ଓ ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା

SUB-STRAND:

ଫଳାଫଳ, ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା

CONTENT LEARNING OUTCOME:

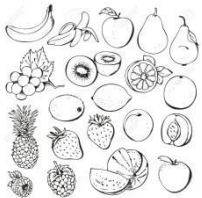

ଶିକ୍ଷା ଓ ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା






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

### Week 16 Activities






ମିଶ୍ର ଶିକ୍ଷା ଓ ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା

Parents are to read it for the child to listen

ମିଶ୍ର ଶିକ୍ଷା ଓ ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା

ଶିକ୍ଷା ଓ ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା, ଶିକ୍ଷକଙ୍କର ମଧ୍ୟମରେ ଶିକ୍ଷା



&	◆	№	📁	№	📄	er
&☆						
⌘	📄	🗑️	📄	📄	◆	📄
⌘☆						
⌞	🕒	■	📄	♂	Ω	📄
⌞☆						

[illegible]

