

**2036 Penang Sangam Primary School**

**Year 4**

**English**

**Worksheet 15**

Strand	Listening and learning
Sub strand	Text type – literacy Texts
Content Learning outcome	Interpret ideas from spoken text

**Lesson notes**

- When deciding whether to use is or are, look at whether the noun is plural or singular.
- If the noun is singular, use is.
- If it is plural or there is more than one noun, use are.

**Example**

The cat is eating all of his food.

Write **is** or **are**

1. This \_\_\_\_\_ a dog. His name is Max.
  
2. These \_\_\_\_\_ cakes. It is orange flavored.
  
3. This \_\_\_\_\_ a pencil. We use it to write and draw.
  
4. These \_\_\_\_\_ boxes. I used the boxes to pack my shoes.
  
5. These \_\_\_\_\_ cats. Cats can be kept as pets.

<b>Strand</b>	सुनना एव और बोलना
<b>Sub Strand</b>	विभिन्न कहानियों या भागों से आसान प्रश्न पूछें और मुख्य भाग के बारे में बात करें
<b>Content Learning Outcome</b>	विभिन्न स्थितियों के दौरान संचार के माध्यम से विचारों पर शोध करना, जब सुनना, बोलना, पढ़ना और लिखना महत्वपूर्ण के संदर्भ में प्रभावी साधनों का उपयोग करना

**WORD BUILDING**

नीचे दिए गए अक्षरों से एक शब्द बनाओ

१. ब – \_\_\_\_\_

२. ज – \_\_\_\_\_

३. त – \_\_\_\_\_

४. ग – \_\_\_\_\_

५. ख – \_\_\_\_\_

**ILLUSTRATION**

१. फीजी में पाए जाने वाले तीन फलों का रंगीन चित्र बनाओ

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**2036 Penang Sangam Primary School**  
**Year 4**  
**Healthy Living**  
**Worksheet 15**

STRAND	Personal and Community Health
SUB-STARND	Personal hygiene and sanitation
CONTENT LEARNING OUTCOME	Children should be able to identify food from the three food groups and know the importance of a balanced meal.

Lesson Notes                      Importance of Balanced Meals and Physical Activity

1. A balanced diet is very important.
2. If we need to have healthy growth and development then we should:
  - exercise regularly.
  - have enough rest and sleep.
  - eat lots of fruits and vegetables.
  - drink a lot of water.
  - breathe in fresh air.
3. A balanced meal is a meal that consists of the right amount of food from that three food groups.
4. The three food groups are:
  - Healthy foods – Example: all the fruits and vegetables.
  - Energy – giving food- Example: potatoes, bread, flour, rice, dalo
  - Body -building foods – Example: milk, cheese, egg, meat, fish

Importance of physical activity

- Controls weight
- Reduces heart diseases.
- Strong bones and muscles.
- Improve enhances of living longer.

Question

Draw, name and colour 3 food from each of the following groups.

Body building food	Healthy food	Energy giving food

<b>Strand</b>	Algebra
<b>Sub Strand</b>	Equations
<b>Content Learning Outcome</b>	To identify an equation in a mathematical sentence

**Lesson notes**

**Equations**

An equation shows that two amounts are equal. Exmaple  $1 + 3 = 4$ .

$3 + 2$  is not an equation because it **does not have any equal amount to show the sum.**

**Activity**

Write *an equation or not an equation* in the space below.

A.  $13 + 4 = X$  \_\_\_\_\_

B.  $0 + 7$  \_\_\_\_\_

C.  $3 + 2 + 5$  \_\_\_\_\_

D.  $4 \times 2 = 1 \times 8$  \_\_\_\_\_

E.  $7 + 8 = 3 + 12$  \_\_\_\_\_

F.  $P \times 4 = 12$  \_\_\_\_\_

G.  $14 - 9$  \_\_\_\_\_

H.  $8 + n = 10$  \_\_\_\_\_

**2036 PENANG SANGAM PRIMARY SCHOOL**

**YEAR 4**

**NA VOSA VAKAVITI**

**WORKSHEET 15**

**Ulutaga ni lesoni: Wase: 7 Na Nimanima**

**Na veivosa me nanumi**

- **Nimanima** – na cakacaka ni kena kau tani mai na wai ena vanua ka to tu kina vakalevu.
- **Sautaribariba** – yavavala
- **Delamaca** – lailai na wai

**Cakacaka lavaki**

**Veibasai:**

1. Rabailevu - \_\_\_\_\_
2. Cecere - \_\_\_\_\_
3. Cuva - \_\_\_\_\_
4. nunu - \_\_\_\_\_

**2036 PENANG SANGAM PRIMARY SCHOOL**

**YEAR 4**

**SOCIAL STUDIES**

**WORKSHEET 15**

Strand	Place and Environment
Sub strand	People and Weather
Content learning outcome	Assess their local weather conditions and outline traditional and modern methods of predicting weather conditions.

**LESSON NOTES**

**TOPIC: The Weather**

**What is Weather?**

The weather is all around us, at all the time. It is an important part of our lives and one that cannot control. Instead, the weather often controls how and where we live, what we do, what we wear and what we eat. The person who studies the weather is called a **meteorologist**.

**Weather definition**

- Weather is the day-to-day conditions of a particular place.

**Activity**

1. The \_\_\_\_\_ is all around us, at all the time.
2. The person who studies the weather is called a \_\_\_\_\_.
3. Weather is the \_\_\_\_\_ conditions of a particular place.

**2036 PENANG SANGAM PRIMARY SCHOOL**

**YEAR 4**

**ELEMENTARY SCIENCE**

**WORKSHEET 15**

Strand	Energy
Sub strand	Forces
Content learning outcome	Appreciate that some sources of energy are more accessible and convenient in the community.

**LESSON NOTES**

**TOPIC: Importance of Forces for Movement**

- Motion or movement makes the world go round.
- Motion makes the moon go round too.
- In fact, motion makes lots of things go.
- When we think of motion we often think of cars, bicycles, kids running, balls bouncing and airplanes flying.
- Motion is important to our lives and impacts so many things that we do. Motion is the changing of position or location.
- But motion requires a force to cause that change.

**Activity**

- 1) Motion makes the world go\_\_\_\_\_.
- 2) When we think of motion we often think of cars,\_\_\_\_\_,kids running,\_\_\_\_\_ and \_\_\_\_\_.
- 3) Motion requires a \_\_\_\_\_ to cause that change.