

2036 Penang Sangam Primary School
Year 6
English
Worksheet 15

Strand	Writing and Shaping
Sub – Strand	Text types media, everyday communication literacy texts.
Content Learning Outcome	- Examine and write accurately, fluently and effectively for information and pleasure.

Lesson Notes: Formal Letter

- There are 7 parts to a formal letter.
- This includes: the inside address, salutation, introduction, body, closure, complimentary close and signature.

Activity: Fill in the blanks by choosing the appropriate words from the word list below.

experience	women	different	invited	Manager
camp	faithfully	Dear	teachers	sponsor

Suva Girl Guides Association
Malcolm Street Suva
23rd September 2021

The Project _____
Lyndhurst Company Limited
Valelevu

_____ Sir/Madam

Re: T – Shirt Sponsorship

The Northern Girl Guides Association has _____ the Suva Girl Guides Association for the National Annual Camp to be held in Labasa, Vanua Levu from the 19th-23rd October, 2021. For 5 days the girls will have a unique _____; focusing on fun, friendship, new adventures and focusing on MDG 4 and 5- [Together we can Save Children’s Lives and Every mothers life is precious].

The Suva Girl Guides Association in partnership with the Fiji Girl Guides Association continues to support its program to cater for girls of _____ nationalities, beliefs and cultures. Our main mission is to develop girls and young _____ to be confident and self-respecting adults, responsive to their needs and others.

Collectively there are 80 girls and 20 _____ who will be attending the Annual Camp from schools around the greater Suva area. We therefore would like to seek your company to _____ the girls and teachers t- shirts for the _____. In return for the sponsorship, we would of course be willing to wear the Lyndhurst logo on our t- shirts and for your company to be listed as our key sponsor for all our fundraising drives.

We will really appreciate your assistance and look forward to a favourable response.

Yours _____

Make Liku Sorovakarua

Mrs. Make Liku Sorovakarua

2036 Penang Sangam Primary School
Healthy Living
Year 6
Worksheet 15

Strand	Personal and Community Health
Sub Strand	People and Food
Content Learning Outcome	Select and justify food choices and portions in a diet.

Lesson Notes

People and Food

- Food is important for humans because it contains all the nutrients and vitamins that we need in order for us to function correctly.
- If we don't eat food then we would become too skinny and ill. We would constantly be weak and we wouldn't be able to grow.

Importance of Having Food Gardens

- Beyond the reward of homegrown produce, gardens provide health, environmental and enjoyment advantages for the gardener.

Easy Access

A home garden gives you instant access to fresh produce, so that you're not forced to visit the grocery store or farmers market to find it. You save time and money on fuel rather than driving somewhere else to buy your produce.

Control

- Growing your own food gives you complete control over the chemicals and products used during the growing process.
- A home garden allows you to pick the produce when it is ripe, unlike produce at the store that is often harvested before it is fully ripe.

Environmental Impact

- A garden provides the opportunity to make a positive environmental impact.
- A compost pile allows you to recycle certain kitchen and yard waste products into a nutrient-rich additive for the garden. This reduces the waste you produce and provides natural fertilizer for your plants.

Enjoyment

- For many homeowners, planting a garden provides enjoyment. Some gardeners find the activity relaxing and stress relieving, for overall mental health benefits.
- Caring for the plants gives the entire family a chance to work together.
- Gardening also offers a form of outdoor exercise.

Questions

Why is food important for humans?

2. List down two advantages of home gardens.

3. How does home gardening save your time and money?

4. How does a compost reduces waste produced by us?

Strand 2	संस्कृति
Sub Strand	शिष्टाचार, रिवाज, परम्पराओं, जातिय-गणित, जातिय विज्ञान, पौद्योगी की तथा पर्यावरण मुद्दा
Content Learning Outcome	शिष्टाचार के कुछ नियमों का उदाहरण पेश करना

धर्म के लक्षण - भाग एक

1. हिन्दू धर्म ग्रन्थों में धर्म पालन के दस नियम बताए गए हैं ।
2. पहला है धृति यानि धैर्य रखना चाहिए । धैर्य खो देने से बना बनाया काम बिगड़ जाता है ।
3. क्षमा कर देना मनुष्य का दूसरा धर्म है अर्थात् किसी से बदला लेने की भावना मन में नहीं रखनी चाहिए ।
4. तीसरा नियम है दमः । इसका मतलब है अपने मन को काबू में रखना । मनुष्य का मन बड़ा चंचल होता है । यह हमेशा बुराई तथा गलत रास्ते पर मनुष्य को ले जाता है । इसे वश में रखना चाहिए ताकि मनुष्य अपने आप को बुराइयों से बचा सके ।
5. चौथा नियम है अस्तेयम् । किसी दूसरे की चीज़ को कभी नहीं चुराना चाहिए ।

Questions

सही शब्दों से रिक्त स्थानों की पूर्ति करो-

1. हिन्दू धर्म ग्रन्थों में धर्म पालन के _____ नियम बताए गए हैं ।
2. पहला है धृति यानि _____ रखना चाहिए । धैर्य खो देने से बना बनाया काम _____ जाता है ।
3. क्षमा कर देना _____ का दूसरा धर्म है अर्थात् किसी से बदला लेने की _____ मन में नहीं रखनी चाहिए ।
4. तीसरा नियम है दमः । इसका मतलब है अपने _____ को काबू में रखना ।
5. इसे वश में रखना चाहिए ताकि मनुष्य अपने आप को _____ से बचा सके ।

इन शब्दों के विलोम शब्द लिखिए ।

- धर्म -
 बिगाड़ना -
 काबू -
 बुराई -
 गलत -
 चोर -

2036 Penang Sangam Primary School
Year 6
Mathematics
Worksheet 15

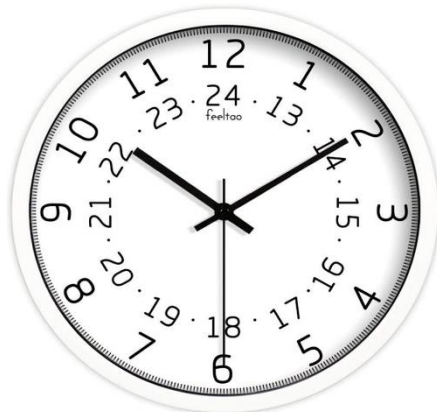
Strand	Measurement
Sub – Strand	Time/Temperature
Content Learning Outcome	- Convert 12- hour time to 24-hour time and vice versa.

Lesson notes:

24 Hour Clock

- To convert times to 24 hours:
 - Written with 4 digits without decimal points
 - No am or pm is used but hours.
 - All times after 12 midday[pm] will change, their pm times will add another 1200 hours.
Eg.: 1.30pm = 0130
$$\begin{array}{r} + 1200 \\ \hline 1330 \text{ hours} \end{array}$$
 - All times before midday[am] will be written in hundred hours.
Eg. 8.20am = 0820 hours
6.30am = 0630 hours
 - 12.00pm [midday] = 1200 hours
 - 12/00am [midnight] = 0000 hours

The 24 hour clock



Activity: Convert the following 12 hour time to 24 hour time.

1. 2.30pm = _____
2. 7.45am = _____
3. 10.20pm = _____
4. 9.15am = _____
5. 6.25pm = _____
6. 11.20 pm = _____

2036 PENANG SANGAM PRIMARY SCHOOL

YEAR 6

NA VOSA VAKAVITI

WORKSHEET 15

Ulutaga ni lesoni: Wase: 6 Na Waiboteigau kei Rovarovaivalu

Na vosavosa vakaviti

- **Qaqamatua** – gutaka me rawa na ka e saga
- **Sigasigasele** – na isala draunikau
- **Toburaka** – e dua na ka e gusu levu ka toni e wai me tawa.
- **Vakatevutaba** – tevuka na ivukavuka ni sa vakarau vuka
- **Vakamudremudre** – toka me vakabatabata ena kena liwa vakamalua toka na cagi

Cakacaka lavaki

Na vosa veibasai :

Vaqara mai na veivoso e veibasai kei na veivoso oqo.

1. Raica - _____
2. Cecere - _____
3. Maca - _____
4. Sereka na wa - _____

2036 Penang Sangam Primary School
Elementary Science
Year 6
Worksheet 15

Strand 3	Energy
Sub Strand	Forces
Content Learning Outcome	Investigate how machines such as levers, pulleys and wheels function and their application in everyday life.

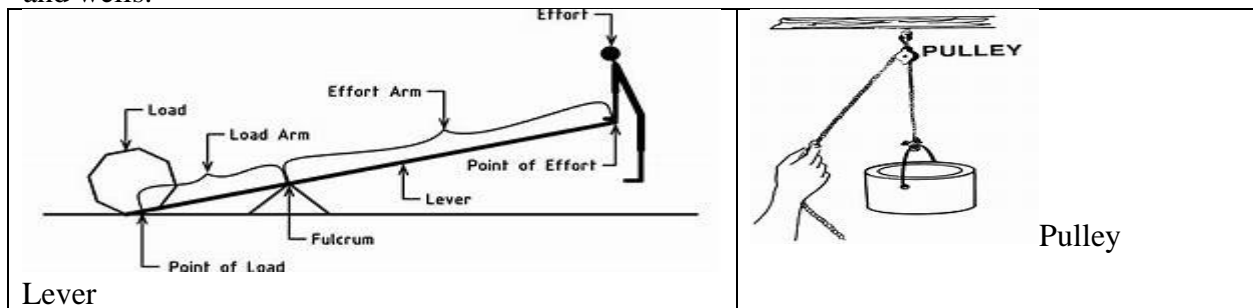
Lesson Notes:

Levers and Pulleys

- Pulleys and levers are simple machines, and they make our lives easier.
- A lever is a stiff bar that rests on a support called a fulcrum which lifts or moves loads.
- They make it easier to lift, move and build things. If you have ever screwed in a light bulb, put the lid on a jam jar, put keys on a keychain, pierced food with a fork, walked up a ramp, or propped open a door, you've made good use of simple machines.

Pulleys

- A pulley is a kind of machine. It is a grooved wheel or a combination of grooved wheels. A pulley used together with a rope or chain can be used to lift heavy masses.
- The simplest type of pulley is a single fixed pulley, commonly used on flag poles, clothes lines and wells.



Activity

Fill in the blanks with the correct words.

1. Pulleys and _____ are simple machines, and they make our life _____.
2. A lever is a stiff bar that rests on a _____ called a _____ which lifts or moves loads.
3. Pulleys and levers make it easier to l_____, m_____ and b_____ things.
4. A _____ is a grooved wheel or a combination of _____ wheels.
5. A pulley used together with a _____ or chain can be used to lift heavy _____.
6. The _____ type of pulley is a single fixed pulley, commonly used on _____ poles, clothes lines and _____.

2036 Penang Sangam Primary School
Year 6
Social Studies
Worksheet 15

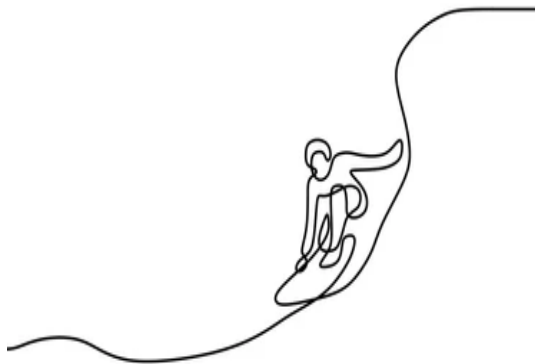
Strand	Resources and Economic Activities
Sub – Strand	Use and Management of Resources
Content Learning Outcome	- Explain how the community benefits from these resources.

Lesson notes: **Recreational Activities**

- Most people use the sea water as their means of transport.
- They move from one place to another using boats, canoes and even rafts.
- Sea and water have also provided us with a lot of water sport activities such as surfing, scuba diving, kayaking and even fishing as part of their leisure activities.
- Tourists come to Fiji every year to experience some of these activities while spending their holiday in hotels near to the coastal areas.
- People earn money while working for the tourists.

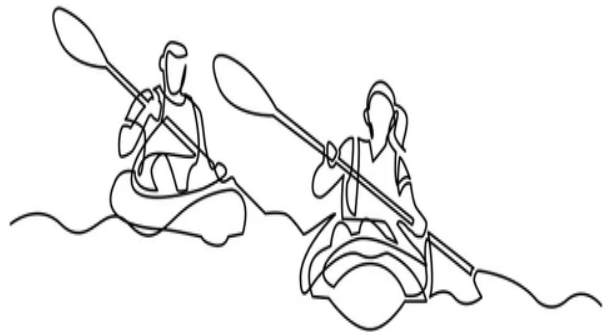
Activity: 1

1. Identify and label each of the following activities.



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i. _____



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ii. _____

2. What are some benefits of these activities to us?

3. Most people use the sea water as their means of _____.

4. Sea and water has provided us with a lot of water sport _____.