

**1075 LOVU SANGAM SCHOOL**  
**YEAR 7**  
**ENGLISH**  
**WHSP #9 SOLUTION**

**Strand:** Reading and Viewing

**Sub Strand:** Text types, Media everyday communication on Literary texts.

**CLO:** Explore and asses features of wide range of literary and media texts in print and multi modal text.

**ACTIVITY**

**Answer the questions given.**

1. Why did Tuwawa have a special set of teeth?  
**It was used for eating people. Accept relevant answers.**
2. Why did the Matuku people leave their island?  
**They left the island because of Tuwawa./ Tuwawa was eating the villagers. Accept any relevant answer.**
3. How did the mothers take their babies on the journey? **They wrapped the babies carefully in mats so they would not be wet and cold during the journey. Accept any relevant answer.**
4. How far did they travel? **They travelled 15 kilometers to a nearby island. Accept any relevant answer.**
5. Why didn't Tuifaga drown? **He fell into the shallow water. Accept any relevant answer.**
6. What do you think **Her heart melted**...(line 26) means? **Makelesi felt sorry for the baby / She pitied the baby because he was left behind. Accept any relevant answer.**
7. Why did Tuifaga become **curious** (line 35)? **He wanted to see the giant for himself and to see if Makelesi was telling the truth. Accept any relevant answer.**

**Fill in the Blanks.**

1. Many, many years ago on the island of **Matuku** there lived a fierce devil named **Tuwawa** Balavu.
2. They all **gathered** on the beach early one morning ready to live and travel 15 **kilometers** to a nearby island.
3. Unfortunately one baby boy, called **Tuifaga**, slipped from mat and fell into the **shallow** water.
4. Tuwawa would put in his large, sharp people eating **teeth** and look for a villager to **eat**.

gathered	Tuifaga	teeth	Matuku
eat	Tuwawa	kilometers	shallow



**SUBJECT: MATHS**

**solutions**

**YEAR: 7**

**TOPIC: Volume of rectangular prism**

Volume is the amount of space an object occupies.

**ACTIVITY**

1.) Find the volume if the length, width and height are:

a.) 3cm, 5cm, 7cm = 105cm<sup>3</sup>

b.) 4m, 2m, 8m = 64m<sup>3</sup>

2.) Find the volume of each set of Dienes blocks, if cube has a volume of 1cm<sup>3</sup>

(block = 1000 flat = 100 stick = 10 cube = 1)

a.) 5 cubes, 4 sticks and 7 flats = 745

b.) 9 flats, 1 block, 6 cubes and 1 cube = 1961

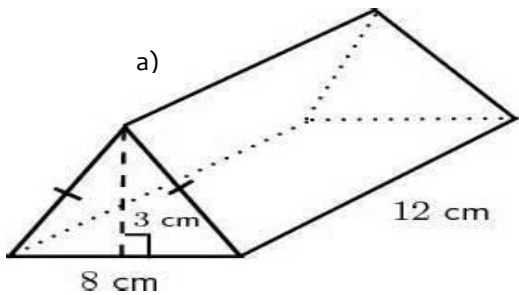
c.) 12 cubes, 7 sticks, 1 block and 8 flats = 1882

d.) 19 cubes, 9 sticks and 19 flats = 2009

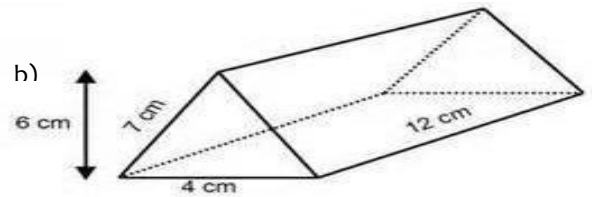
e.) 15 sticks, 15 cubes, 5 flat and 1 block = 1665

**VOLUME OF TRIANGULAR PRISM**

**Exercise (Find the volume of the triangular prism)**



a.)  $V = \frac{1}{2} \times b \times h \times H$   
 $= \frac{1}{2} \times 8 \times 3 \times 12$   
 $= 4 \times 3 \times 12$   
 $= 12 \times 12$   
 $= 144\text{cm}^3$



b.)  $V = \frac{1}{2} \times b \times h \times H$   
 $= \frac{1}{2} \times 4 \times 6 \times 12$   
 $= 2 \times 6 \times 12$   
 $= 12 \times 12$   
 $= 144\text{cm}^3$

STRAND: Measurement

SUBSTRAND: Volume/ Capacity

CLO: Calculate capacities and solve simple real life word problems using mathematical operations.

TOPIC: Capacity

1. a.)  $2L = 2000ml$       b.)  $36L = 36000ml$       c.)  $49L = 49000ml$

d.)  $6.7L = 6700ml$       e.)  $8.3L = 8300ml$       f.)  $0.6L = 600ml$

2. a.)  $500ml$

b.)  $50L$

c.)  $50ml$

3.)  $3000 \div 200 = 15$  cups

4.)  $1500 \div 375 = 4$  cans

1. Convert to grams

a)  $4\text{kg} = \underline{4000\text{g}}$    b)  $7\frac{1}{4}\text{kg} = \underline{7500\text{g}}$    c)  $3.82\text{kg} = \underline{3820\text{g}}$    d)  $5.06\text{kg} = \underline{5060\text{g}}$

2. Mr. Josefa weighs 86kg and his eldest daughter weighs 43.75kg. What is the difference in their weight?

42.25kg

3. Mrs. Roko bought 10kg of sugar. She used  $\frac{1}{4}$  of it to make cake,  $\frac{1}{5}$  to make juice.

a) Calculate the amount of sugar used to make cake? 2.5kg

b) What amount of sugar was used to make juice? 2kg

c) How much sugar was left? 5.5kg

**ACTIVITY**

**Subject: Mathematics**

1.a)

b.)



c.)

d.)



2. a) 3.27

b.) 8.58

c.) 8.36

d.) 1.04

**1075 LOVU SANGAM SCHOOL**  
**YEAR 7**  
**HEALTHY LIVING**  
**WORKSHEET #9**

**Strand:** Personal and Community Health

**Sub Strand:** People and Food

**CLO:** Analyze effects of food preservatives and additives.

**Topic: Food Preservatives and Additives**

**ACTIVITY**

Answer the questions given.

1. What are food preservative used for?

**To preserve food, improve the taste of foods, enrich the food with nutrients and make food look attractive. Accept any relevant answer.**

2. List 2 natural preservatives

**. Salt, Sugar Oil and Spices**

3. What are food additives used for?

**They are added to food to preserve flavour or enhance its taste, appearance, or other qualities. Accept any relevant answer.**

4. List 3 examples of food additives.

**Absorbic Acid, Sodium Citrate, Alpha Tocopheral, Butylated hydroxytoluene, etc.**

# 1075 LOVU SANGAM SCHOOL

## YEAR 7

### VOSA VAKA VITI

### WHSP 9 SOLUTION

**Matana:** Wilivola kei na Vakadidigo

**Matana Lailai:** Na Lawa ni Vosa

**CLO:** Vakayagataka vakadodonu na vakavakadigo e na wilivola. Vakadewataka na ka e wilika.

**ULUTAGA:** Na Wilivola kei na Saumi Taro.

**Wilika na i tukutuku ka koto oqori e ra ka qai sauma na kena taro.**

E rau cavutu mai e na vanua vakaturaga ko Kadavu koro na veitacini ko Solomone kei Delai. E na Vula i Sevu e na tolu na yabaki sa dromu, e rau a veibuku me rau la'ki vakacakau. Sa mau sara na veivosaki ka rau nakita me kerei ga na boto nei **ganei tamadrau** ka vakaitikotiko e na koro ko Nacomoto ka toka **ravita** ga na nodrau koro.

E rau a maqusa sara e na mataka i ra vuaka e na **cokonakitaki** ni nodrau i yaya ni qoli. E bera na sauriva e na nona sa tekivu me vakasolotaka na nona i taraki ko Delai, ia , ko Solomone e kauta ga yani na nona dakai ni vana e waitui e a volia mai vua na tavalena ko Luseana.

**E sa melo na soko** ka ni sega ni dede sa kele yani ki cakau na nodrau boto. E vaka e siri na saku e na nona a taura na nona i taraki ko Delai ka muria yani na dela ni cakau. Ko Solomone e vakusakusa ga yani ki wai titobu me salu kina.

E kurabui ko Delai ni a raica e so na saqa leka ni ra vagunu vuso ni ua cake tu mai e na dua na tobu levu. E ra sega ni dro bula na ika ka ni kena bila sara ga na tataga. Ia ko Solomone, e a la'ki sikova ga na nona vatu ka toka volekata e dua na yamotu. E ra a veivalivali tu kina na ika lelevu ka sega ni dede, sa qalo lesu tale mai ki na vanua e kele tu kina na boto.

**Ni la'ki tu donu na siga**, e rau a cabe ruarua na veitacini ki na boto. E kureitaki liga ko Solomone e na levu ni ika e a rawata ko Delai. E rau a vakasigalevu kokoda sara ka ni a ciciga mai ko Solomone e dua na **matatau na vasua**.

Ni qai coka na dabea mai Wakaya, sa mua lesu tale na i lakolako ki na koro. E ra vakalukalu e na qoroqoro na lewenivanua e na levu ni ika e rau a rawata e na qoli. E tolu na i vua na ika lelevu e rau wasea yani vei ira na veiwekani me i vakayakavi. E vaka ga e kama na veigasau na itukutuku ni qoli e na koro.

Sa dua dina na siga vinaka ni vakacakau.

1. E rau gone ni vei na veitacini?  
A. Ra  
B. Rewa  
C. Kadavu  
D. Matuku
2. E rau veicavani ko i rau na veitacini kei na ganei tamadrau?  
A. veibuni  
B. veivugoni  
C. veitinani  
D. veitukani

3. Na cava e kurabui kina ko Delai? Ni  
 A. raici tamadrau  
 B. sa kele vinaka na boto  
 C. raica e so na saqa leka  
 D. sa kati Solomone e dua na qio leka
4. Na i taraki e dua na mataqali  
 A. i sele  
 B. moto  
 C. dakai  
 D. lawa
5. Na vosa e veibasai kei na vosa **ravita** e na i talanoa na  
 A. donumaka  
 B. tikiva  
 C. yawaka  
 D. volekata
6. Na vosa **cokonakitaki** e na i talanoa e tautauvata kei na vosa na \_\_\_\_\_  
 A. vakarautaki  
 B. vakasaqarai  
 C. vakamocera  
 D. vakasamataki
7. Na cava na i balebale ni vosavosa vaka- Viti oqo, e **sa melo dina na soko**?  
 A. draki ca  
 B. draki vinaka  
 C. draki veilecayaki  
 D. tau vakalevu na uca
8. E vica beka na kaloko **ni sa la'ki tu donu na siga**?  
 A. ono  
 B. tini  
 C. tinikadua  
 D. tinikarua
9. E dua na **matau na vasua** e tautauvata ni \_\_\_\_\_ na vasua.  
 A. tini  
 B. tinikadua  
 C. tinikarua  
 D. ruasagavulu
10. E dau matai ko Delai e na \_\_\_\_\_  
 A. siwa  
 B. tataga  
 C. vavana  
 D. cocoka
11. Ko cei e ciciga na vasua e na i talanoa oqo?  
 A. Delai  
 B. tamadrau  
 C. Solomone  
 D. Ganei tamadrau
12. Na cava e ra vakalukalu kina na lewenivanua? E na levu ni \_\_\_\_\_  
 A. ika  
 B. rere  
 C. marau  
 D. via moce
13. Na ulutaga cava e na veiganiti kei na i talanoa oqo?  
 A. Na Saqa Leka  
 B. Na Vakacakau  
 C. Na Kerei Ni Boto  
 D. Na i Taraki Kalougata



**1075 LOVU SANGAM SCHOOL**  
**YEAR 7**  
**BASIC SCIENCE**  
**WORKSHEET – Home package 8**                      **solutions**

1. a) Pull push

b.) Pull push

2.) The man is pushing the car.

The boy is pushing the boat.

The boys are pulling the fishing net.

The man is pulling the plant.

Twist and pull the lid to open it. Twist and push the lid to close it.

The man is twisting the screw driver.

3.a) Pushing the wheelbarrow.

b.) Both sides are pulling each other.

4.) Objects can be move by pushing, pulling or twisting them.

**1075 LOVU SANGAM SCHOOL**

**YEAR 7**

**BASIC SCIENCE**

**WORKSHEET – Home package 9**

**solutions**

- 1.) A force is present when an object is pulled, pushed or hit.
- 2.) Trucks are very heavy and because of many wheels the force is spread out.

Activity

<b>Word list:</b> faster      change      move      slower      stop
--

A force can make something Move , or can stop it moving. It can make it move faster or slower . If something is already moving a force can make it change its direction.

Fill in the blanks

**LOVU SANGAM SCHOOL**

**Year / Level: 7**

**Subject: HINDI**

**Worksheet – Home package 8**

**solutions**

**Hindi Solutions**

१. द्वारपाल को यकीन नहीं आया कि सुदामा कृष्ण के दोस्त हैं क्योंकि सुदामा एक दरिद्र आदमी लगता था ।
२. सुदामा का नाम द्वारपाल के मुख से सुनते ही कृष्ण ने खेल छोड़कर उनसे मिलने को भागा ।
३. भगवान कृष्ण और रानी रुक्मणी चौपड़ खेल रहे थे ।
४. भगवान कृष्ण खेल छोड़कर दौड़ने लगे क्योंकि बहुत सालों बाद दोस्त सुदामा से भेंट होगी ।
५. राजमहल में भाग-दौड़ मच गई थी क्योंकि अपने राजा श्रीकृष्ण को उस तरह भागता देख वे घबड़ा गए थे और फिर खुद पीछे-पीछे भागे ।

LOVU SANGAM SCHOOL

Year / Level: 7

Subject: HINDI

Worksheet – Home package 9

solutions

१. फाटक के पास खड़े सुदामा को -अकावट- महसूस होने लगी थी ।
२. श्री कृष्ण -उत्त- को लेकर महल की ओर चलने लगे ।
३. श्री कृष्ण ने सुदामा के पैरों की -मालिश- की थी ।
४. खाना खाने और आराम करने से सुदामा -स्वस्थ- हो गया था ।
५. बाकी बची -श्री- रानी रुक्मणी ने स्वयं खा लीं ।

**1075 LOVU SANGAM SCHOOL**

**YEAR 7**

**SOCIAL SCIENCE**

**WORKSHEET – Home package 8**      **NAME:** \_\_\_\_\_

Activity

1. Define

- a.) Subsistence farming is the practice of growing crops and raising livestock sufficient only for one's own use, without any surplus for trade.
- b.) Sugar Industry processes sugar cane and sugar beet to manufacture edible sugar.
- c.) Tourism industry is the total of all businesses that directly provide goods or services to facilitate business, pleasure and leisure activities away from the home environment..
- d.) Fishing Industry the economic activity concerned with catching fish for food.
- e.) toxic waste – are materials capable of causing death or injury to life.
- f.) natural resources – are resources that exist without any actions of humankind.
- g.) extinct – a plant or animal species no longer found.

**1075 LOVU SANGAM SCHOOL**  
**YEAR 7**  
**SOCIAL SCIENCE**  
**WORKSHEET – Home package 9**      **solutions**

Activity

1. What are the resources for export?

*Gold, extensive mahogany, ginger, dalo, textile and natural water.*

2. Where in Viti Levu can we find the Mineral Water Company?

*In the remote Yaqara Valley on the island of Viti Levu.*

# 1075 LOVU SANGAM SCHOOL

## YEAR 7

### VOSA VAKA VITI

### WHSP 8 SOLUTION

**Matana:** Wilivola kei na Vakadidigo

**Matana Lailai:** Na veivanua e vakayagataki kina na vosa- vosa e vakayagataki e na vakacacali.

**CLO:** Vakadikeva ka digitaka na veitukutuku tabaki me talaucaki na kedra i naki.

**TALANOA BALAVU:** Ko Aleni Kotameni

Mo wilika na i wase 9 kei na 10 ni Aleni Kotameni ka vola na veika e a yaco.

#### Cakacaka Lavaki

Vakacuruma na sau ni taro dodonu e na vanua e lala toka.

Sa Anare	Alivonisi	Asilopokasi	Qutu
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1. Na i matai ni ka au a raica, oya na mata i Alivonisi na kai Varanise ka rairai votu na levu ni nona rere.
2. Ia ko Kavetani Qutu, e sa toka vinaka ga na nona matailoilo ka gava cake tu na doka ni qara.
3. Ia ko Sa Anare e a vakali toka ki na bati ni waqa ka lili koto yani ki sau na ligana.
4. Ko Asilopokasi e mai baria koto yani e dua na tiki ni manumanu.

“Ulia tiko na waqa ki na yasana i matau .....- ki na i matau.....”

1. Ko cei e vakamacala tiko oqori? Sa Anare / Inikubu
2. A vakamacala tiko vei cei? Aleni Kotameni/ Makumasani
2. O cei a qai otioti ni ciba vei iratou na veitokani oqo?  
Aleni Kotameni/ Makumasani

1075 LOVU SANGAM SCHOOL

YEAR 7

ENGLISH

WHSP #8 SOLUTION

**Strand:** Reading and Viewing

**Sub Strand:** Text types, Media everyday communication on Literary texts.

**CLO:** Explore and asses features of wide range of literary and media texts in print and multi modal text.

**NOVEL:** Making Good

**ACTIVITY**

**Fill in the blanks**

1. Scrope woke up with a start.
2. Scrope gave the mate a kick to wake him up.
3. According to Mr. Glover, George belonged to his Maker
4. George would rather starve than steal
5. Mr. Glover seemed to have more fat than muscle
6. Scrope and Mr. Glover stripped to the waist
7. Scrope was a small man but very quick in his movement
8. Mr. Glover was rammed on his face
9. Blood streamed from Mr. Glover's nose.
10. Scrope dashed in again.
11. Together they fell to the ground
12. Scrope felt as if a steam-roller had gone over him.
13. Mr. Glover got up and stood back.
14. Scrope's hand gripped like steel
15. Mr. Glover began to choke and his face went purple

**Chapter 13 – The Reef**

**Short Answer Questions**

1. Who shoved whom over the edge into the lagoon? Mr. Glover shoved Scrope over the edge into the lagoon
2. Why was Mrs. Glover laughing? Mrs. Glover was laughing at Scrope and the way he was shoved into the water. Accept any relevant answer
3. What happened to the second mate? The second mate turned and fled. He was afraid to fight Mr. Glover. Accept any relevant answer.



4. When did George arrive on the scene? **When Scrope and the second mate's boat was a hundred yards from the shore. Accept any relevant answer**
5. What did George and Mr. Glover watch silently? **They silently watched the boat heading for a gap in the reef. Accept any relevant answer**

**Who said this to whom**

1. "I am ready for you now" **Mr. Glover to the second mate**
2. "But he is going to drown" **George to Mr. Glover.**  

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3. "Enough of that superstitious nonsense" **Mr. Glover to George**



**1075 LOVU SANGAM SCHOOL**  
**YEAR 7**  
**HEALTHY LIVING**  
**WORKSHEET #8 SOLUTION**

**Strand:** Personal and Community Health

**Sub Strand:** Personal Hygiene and Sanitation/ People and Food

**CLO:** Relate and discuss hygiene practices in homes to prevent diseases. / Recognize the need for nutritious food.

**Topic: Air Borne Disease**

**ACTIVITY**

Answer the questions given.

1. What is air borne disease? *Air borne diseases are basically spread through air where infected germs droplets are released into the air through coughing, sneezing or talking. Accept any relevant answer.*
  
2. List 3 types of air borne disease.
  - *TB*
  - *Flu or common cold*
  - *Influenza*
  - *Measles*
  
3. What are some ways you can prevent air borne diseases?
  - *Always cover your mouth and nose when coughing or sneezing*
  - *Stay in bed when you are sick*
  - *Keep windows open to allow air to move in and out freely*
  - *Do not spit on the ground. If you have to spit, spit in the toilet or in a drain, or the hand basin where the sputum can be washed away*
  - *A sick person should spit into a container which contains disinfectant*
  - *Keep your body healthy by eating good food and exercising regularly.*
  
4. List 4 nutrients found in food. *Carbohydrates, protein, vitamin, fat, minerals and water*
  
5. What is the function of the following nutrients in food?
  - carbohydrates- *are the main energy source for the brain without which body would not function properly. Accept any relevant answer*
  
  - protein- *is required for the building and repair of the body tissue. Accept any relevant answer*
  
6. Why is water useful in the body? *Water helps to maintain homeostasis in the body and transport nutrients to cells. It also assists in removing waste products from the body. Accept any relevant answer.*