



## 3055 BA SANGAM COLLEGE

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### Worksheet 25

School: Ba Sangam College

Year:9

Subject: Home Economics

Name: \_\_\_\_\_

Strand	HEC 9.3: CLOTHING AND TEXTILES
Sub strand	HEC 9.3.5 Patterns/ Designs
Content Learning Outcome	HEC 9.3.5.1 Demonstrate knowledge in pattern preparations

### Lesson 2 Patterns- Different Types of Patterns

A pattern is an original garment from which other garments of similar style are copied. It is also called **paper patterns**.

- **Commercial patterns** are produced from measurements based on what industry calls “standard measurements”. Most popular commercial patterns are McCall's, Vogue and Simplicity.



- **Free hand cutting** is where one uses body measurements to cut out pattern pieces for a garment. It is also called **made to measure patterns**.



Lesson 20 • Illustration XX-1

The New York Times is a National Edition (NYC)



### Instructions For Constructing Chosen Items

**Step 1**-refer to the instruction sheet included with pattern. These instructions will take you through garment construction step by step.

**Step 2-**assemble all items needed for your sewing project.

**Step 3-** make sure that all notches and edges are aligned.

**Step 4-** baste all major seams and make sure fit is correct.

**Step 5-** stitch long seams from bottom of the garment to top and along the grain of fabric.

**Step 6-** use your hands to guide fabric as you stitch.

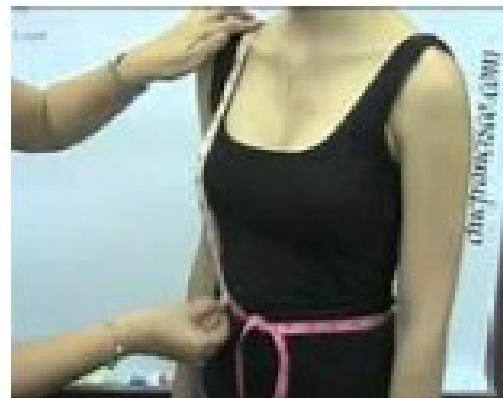
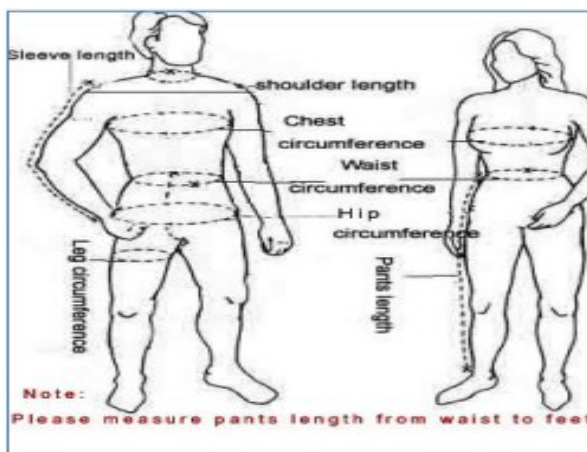
**Step 7-** keep machine speed to a constant.

**Step 8-** remove any pins as you come near to them. Do not machine over pins.

**Step 9-** begin and end stitching using reverse stitches.

**Step 10-** press each seam open as you complete it.

**Taking Body Measurement** -the tape measure has to be held snugly and not tightly.



### **Activity**

1. Why are basic body measurement needed? (2 mark)

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2. Identify **two** commercial patterns. (2 mark)

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3. What are the three important measurements for making a dress? (2 mark)

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