

**NADI SANGAM SCHOOL**  
**HEALTHY LIVING YEAR 7**  
**WORKSHEET: 1**  
**SOLUTION**

**Short Answer Questions**

1. Aorta
2. Blood delivers food, minerals, nutrients and oxygen to all parts of the body
3. Foods that can give you healthy blood are dark green leafy vegetables, beans, peas, eggs, red meat and liver.
4. Anemia
5. An anemic person will look pale and weak. Gets tired very quickly and has difficulty paying attention on anything for a longer period of time.
6. Reproductive System is a collection of organs in our body responsible for creating new life.
7. The outer parts of reproductive system is known as genitals.
8. Ovary, egg tubes, uterus, cervix, vagina, fallopian tube
9. Testes, prostate glands, sperm duct, urethra , penis
10. HIV is regarded as a deadly disease because it destroys the immune system in the human body and the body becomes weak to fight HIV. Also there is no cure for HIV.

**Section: B**            **Resource Interpretation**

- i. Deforestation
- ii. Soil erosion/ loss of food source/ global warming
- iii. Impose fines and penalties on such activities if done illegally.
- iv. For furniture and timber or building materials. Also to clear land for other development projects.
- v. Soil erosion/ infertile soil/ loss of food sources/ noise pollution