

1874 Nasinu Sangam School
Year 5
Healthy Living
Worksheet 1

Answer all the questions given.

1. List 3 changes boys experience during puberty?

2. List 3 changes girls experience during puberty?

3. State 2 feature of a child in the middle childhood stage?

4. State 2 features of a child in the adolescence stage?

5. What are some of the things a person can do to maintain good body shape?

6. Name some of the things you like best in life?

7. Write down the function of the kidney?

8. Write down the function of the liver?

9. List the ways in which you can take care of your excretory system?

10. What are some of the examples of person's personality?
