

NADI SANGAM SCHOOL
HEALTHY LIVING YEAR 7
WORKSHEET: 2

A. MULTIPLE CHOICE

1. Growth spurt in human beings is a period of
 - A. no growth.
 - B. slow growth.
 - C. rapid growth.
 - D. stagnant growth.

2. The collection of organs in our body that is responsible for creating a new life is the
 - A. nervous system.
 - B. circulatory system.
 - C. respiratory system.
 - D. reproductive system.

3. Puberty is the process of growth and development in which human beings are capable of
 - A. producing children.
 - B. developing into adults.
 - C. developing into childhood.
 - D. entering tertiary education.

4. The main problem of having sex at an early age is
 - A. viral infection.
 - B. mental disorders.
 - C. teenage pregnancy.
 - D. circulatory disorders.

5. Global warming is the
 - A. increase in temperature of the earth.
 - B. decrease in temperature of the earth.
 - C. increase in oxygen level in the atmosphere.
 - D. decrease in carbon dioxide level in the atmosphere.

B. TRUE OR FALSE

1. A person who is walking on the road is called the pedestrian. _____
2. When travelling in a school bus, always put your hand out. _____
3. Do not travel in a flooded river. _____
4. Respiration does not take place in the lungs. _____
5. We breathe out carbon dioxide. _____
6. A group should not support each other. _____
7. Collecting items for charity and volunteering is a community service. _____
8. Fire extinguisher can be used to put out a fire. _____
9. Hormones are chemical messages during puberty. _____
10. Tins and cans be burnt or added to compost. _____