

SANGAM SKM COLLEGE – NADI

YEAR 13 WEEK 4 WORKSHEET

HOME ECONOMICS

TOPIC/SUB STRAND: FOOD SUPPLY

- a. State the current food system in Fiji's rural areas.
- b. Explain one effect of salt water intrusion on food supply.
- c. Define the term fortification.
- d.
 - i. State one reason milk is fortified with Vitamin D.
 - ii. Give one reason for the following characteristics of milk.
 - iii. the white appearance of milk
 - iv. browning of packed evaporated milk
- e.
 - i. Differentiate between marbling and adipose tissue in meat.
 - ii. Explain the effect of enzymes in the tenderization of meat before cooking.
- f.
 - i. Cereals undergo the process of gelatinization and Dextrinisation. Define the two processes.
 - ii. Gluten is responsible for the framework structure of baked products. Explain what gluten is.
- g. State the reason for spoilage of whole meal flour during storage.