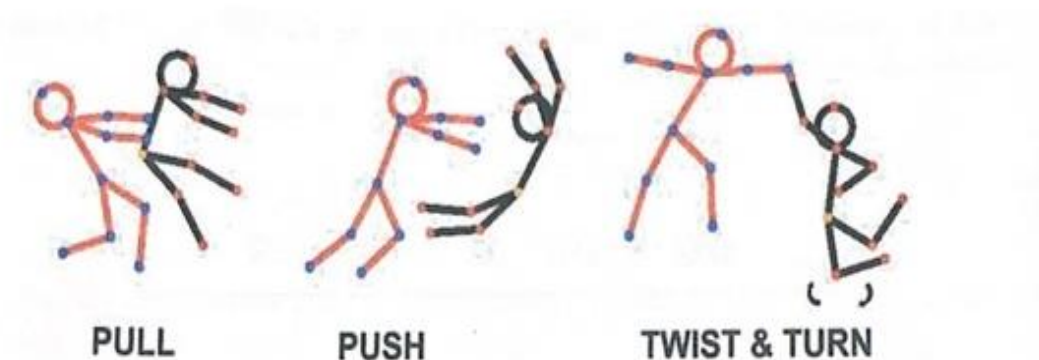


1076 NADI SANGAM SCHOOL
YEAR 4 ELEMENTARY SCIENCE
WORKSHEET 3

Strand	Energy
Sub Strand	Forces
Content learning outcome	Demonstrate objects can move by applying forces (pull, push or twist)

Notes:

1. When energy is used it involves forces.
2. Forces makes things move.
3. Forces are pushes, pulls and twist.



Activity:

Write pull, push or twist beside each statement.

1. Turning the door knob. Twist
2. Pushing the wheelbarrow. Push
3. Push the door to open it. Push
4. Push the switch to turn on. Push
5. Kicking the ball. Push