

1752 NADROGA SANGAM SCHOOL

YEAR 4

HEALTHY LIVING WORKSHEET 1

DRUGS

- A **drug** is a substance which may have medicinal, intoxicating, performance enhancing or other effects when taken or put into a human body and is not considered a food or exclusively a food.
- Prescribed drugs** are those issued by the doctor to cure a particular sickness for example; antibiotics
- Over the counter drugs** are those that can be bought without the doctor 's prescription for example; Panadol
- Illegal drugs** are drugs that are not allowed by the government to be used by its people An example of an illegal drug in Fiji is marijuana.



Exercise

1. Define:

a. Drug-

b. Prescribed drugs-

c. Illegal drugs- _____

2. Name a common illegal drug in Fiji _____

3. Who authorized **Prescribed drugs?** _____