

## **1040 TAGITAGI SANGAM SCHOOL**

### **Healthy Living Solution sheet**

#### **Topic: Personal Safety**

#### **Sub-topic: Safety at home**

Keeping yourself safe is very important.

1. Write 5 ways in which you can keep yourself safe in school.
  - a. Visit washrooms with friends if possible.
  - b. Do not let boys touch your body parts specially your private parts.
  - c. Be friends with people whom you think you will be safe with.
  - d. Do not let anyone bully you.
  - e. Always be ready to inform your class teacher of any problem you are facing in school.
  
2. Write numbers of people you can contact when you are in danger.  
(Mostly the contacts of their parents and close families)