

TAGITAGI SANGAM SCHOOL

YEAR 7

HEALTHY LIVING

ANSWER SHEET

WEEK 7

1. Running down steep slope. Joining a fight.
2. An act of taking your own life.
3. When they don't get love and care. Being embarrassed in public.
4. Share your problems with your loved ones.

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1. Complete the table given below:

Suicide	
Effects on the Family Members	Effects on the Nation
Mental health of family members	Loss of a future leader
Losing interest in activities they shared	Bad examples to other people
Going through pain and suffering	More awareness required by government

2. Putting posters in public places such as bus shelters, community halls, village entrance, schools etc. Being part of organising awareness campaigns including marching with banners, inviting guest speakers to talk on effects of suicide and conducting essay, oratory and poster competitions in schools.