

NADRALA SANGAM SCHOOL

YEAR 7

HEALTHY LIVING

WORKSHEET 2

PART A

MATCHING

COLUMN 1

1. Everyone experiences _____
2. Every action has a _____
3. Carry blood away from the heart _____
4. On the wrist _____
5. Acting in advance _____

COLUMN 2

- A. Arteries
- B. Pulse
- C. Proactive behaviour
- D. changes
- E. reaction

PART B

FILL IN THE BLANKS

responsible	Human	iron	Rights	Oxygen	AIDS
Values	cover	Abstinence	Power	Alcohol	choice

1. _____ is the ability to influence others
2. Peer pressure is the feeling that someone your age is pushing you towards making a certain _____ good or bad.
3. We must be _____ for exercising our rights in the correct way.
4. _____ is not having sex.
5. _____ is bad for our body.
6. _____ is a sexually transmitted disease.
7. _____ makes the blood bright red.
8. _____ are what we find meaningful in life.
9. _____ activity can change the climate of the Earth.
10. Always _____ your mouth and nose when sneezing and coughing.

