

1077 RAVIRAVI SANGAM SCHOOL

YEAR 6

HEALTHY LIVING

WORKSHEET – 2

<i>Strand :2</i>	Building Healthy Relationship
<i>Sub-strand</i>	Relationships
<i>Content learning outcome:</i>	Design effective strategies for resolving conflicts in relationships in a non-violent manner

LESSON NOTES

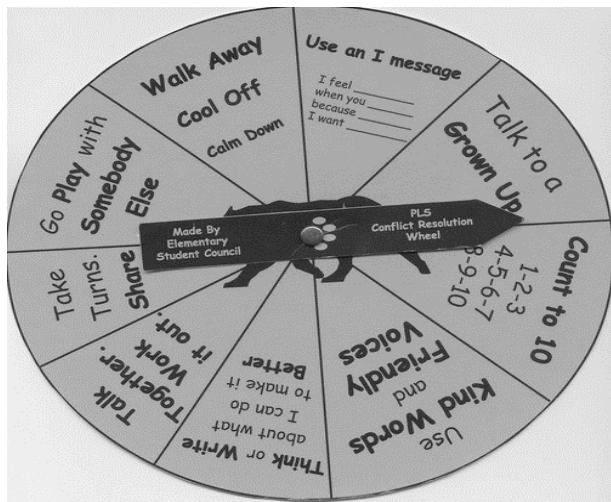
Resolving Conflicts in Relationships

In every relationship there will always be conflicts. We must learn to resolve our conflicts so that we do not damage or break our relationships at home, in school or at work.

Some causes of conflicts in relationships are:

- Jealousy
- Hatred
- Anger
- Gossiping
- Misunderstanding
- Communication breakdown

All conflicts should be resolved in a peaceful manner and we should take the help of a trusted adult.



ACTIVITIES

- How can we best resolve conflicts at school?**
- What are some common causes of conflict amongst your friends?**
- Who can be a trusted adult at home?**