

1077 RAVIRAVI SANGAM SCHOOL

YEAR 7

SUBJECT: HEALTHY LIVING

SOLUTION WORKSHEET # 2

STRAND:	H2 – Building Healthy Relationships	
SUB-STRAND:	H2.2 – Resilience and proactive behaviour.	
CONTENT LEARNING OUTCOME:	<i>Concepts, Skills and Attitudes:</i>	Recognizes the evils of threatening behaviour and identify ways of asserting oneself in such scenarios.
	<i>Suggested MiLO:</i>	Adopt systematic approaches to eradicating threatening behaviours.

ACTIVITIES/EXERCISES

1. Write down **three** responsible behaviours that you practise at home/in school.
2. List **three** examples of threatening behaviour that you may have seen in your community.
3. Mention **two** ways in which threatening behaviours can be avoided.

SUBJECT: *Healthy Living* **(ANSWERS MAY VARY)**

1. *Three responsible behaviours that I practise at home are:*
 - (a) *obeying parents and elders.*
 - (b) *helping parents with household chores.*
 - (c) *showing respect and being loyal.*

Three responsible behaviours that I practise in school are:

 - (a) *obeying my teachers and prefects.*
 - (b) *doing all my school work on time.*
 - (c) *following the grade and schools rules.*
2. *Some threatening behaviour that I have seen in my community include unlawful sexual conduct, unlawful restraint, bodily injury, or death, including verbal threats, written, telephonic, or other electronically communicated threats, vandalism, or physical contact without consent.*
3. *Two ways in which threatening behaviours can be avoided are:*
 - (a) *keeping away from violent people or bullies.*
 - (b) *reporting threatening behaviours immediately to teachers or trusted adults.*