

**1076 NADI SANGAM SCHOOL**  
**YEAR 7**  
**HEALTHY LIVING**  
**WORKSHEET 3**  
**SOLUTION**

**Question**

Briefly explain a scenario where healthy relationship with your friend in class helped you

**Answer**

There are many answers to this activity. Here are some samples. If you have something similar give a tick or you can add these answers.

- When you are absent your friend lends you his/her book to update your notes.
- When you were having a tough day and your friend cheered you up and supported you.
- Sharing fruits, snack, lunch etc.
- Sharing stationery
- Teaching your friend/ learning from your friend.
- Providing each other moral support in group activities and other school work.
- Standing for each other in instances of bullying or arguments.