

**SANGAM SKM COLLEGE NADI**

**HOME ECONOMICS 2021**

**YEAR 9 WORKSHEET**

**SOLUTION**

**WEEK 2**

**MONDAY : 31/05/21**

**Answer these questions in your Home Exercise book.**

1. Identify the types of family given in the statement below
  - a. My family includes my father, mother and sister **Nuclear Family**
  - b. My mother is remarried and I have two step sisters **Blended Family**
  - c. My younger brother and I live alone with our mother .  
**Single/Solo parent Family**
1. Explain why is it important to make decisions in life.  
**In order for people to make right choices and live happily without problems.**

**TUESDAY : 01/06/21**

1. Define the term housing.  
**Housing is any structure built for people to live in and designed to meet human needs.**
2. Identify and explain one hazards that affect housing.
  - i. Cyclone-an area of closed circular fluid motion rotating in the same direction as the earth.
  - ii. Drought-is when there is no water for longer period of time whether surface or underground water.
  - iii. Flooding-overflow of water that submerges land which is usually dry.
  - iv. Tsunami-a series of water waves caused by a displacement of a large volume of a body of water generally an ocean or a large lake.

**WEDNESDAY : 02/06/21**


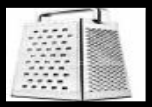
1. Identify two Kitchen safety rules
  - ✓ Good ventilation and lighting
  - ✓ Mop spills on floor
  - ✓ Keep curtains away from stoves
  - ✓ Follow directions of using cleaning agents
  - ✓ Wear apron and closed shoes
  - ✓ Walk way to be clear at all times
  - ✓ Keep sharp objects out of reach of children

3. What is First Aid?

First Aid is the immediate help given to an injured or sick person before the doctor arrives

Sometimes it is the treatment needed for minor injuries like small cuts and slight burns

**Complete the table**

<b>Diagram</b>	<b>Equipment</b>	<b>Uses</b>
	Colander	To wash and dry vegetables in
	Grater	For grating food like cheese and vegetables

**THURSDAY : 03/06/21**

1. List the characteristics of foods that is used when Evaluating a Meal  
Appearance/Taste/Smell/Nutritional Balance
1. Identify 3 factors that affect Meal Planning  
Likes and dislikes/ Money/Availability of food/Nutritional need,etc

**FRIDAY : 04/06/21**

1. Define Food Preservation  
-is the process of keeping food for some time so that it can be used at a later time
2. List 2 reasons for Preserving Food
  - Little or no wastage
  - Maintain longer self-life
  - Saves time and energy in preparation and cooking of food.
  - To add variety to the diet by having food when out of season.
  - To have food available in times of emergency, eg: hurricanes, cyclones