

NAME: _____

QUESTIONS

UNIT 13 - SAYING „NO“ TO HARMFUL SUBSTANCES



- ✓ Every day, we are exposed to thousands of different chemicals, many of which are man-made.
- ✓ Harmful substances come in many forms and different types.
- ✓ If we do not protect ourselves from these harmful substances we can get sick, lose our mental health or even die.

Activity:

1. Your best friend offers you a roll of cigarette to smoke.



You know that smoking will do damage to your young lungs.

How will you refuse this offer?

2. Jone invited his best friend Pratap to go on a picnic trip. Pratap's parents allowed him to go but warned him to be careful. At the picnic area, he saw Jone sniffing something from a can.

List down health problems that Jone can face from glue sniffing

The End