

DREKETI SANGAM SCHOOL

YEAR 5

HEALTHY LIVING

NAME \_\_\_\_\_ WORKSHEET # 4

**QUESTIONS**

**UNIT 17: DRUGS**

- A **drug** is a substance which may have medicinal, intoxicating, performance enhancing or other effects when taken or put into a human body and is not considered a food or exclusively a food.
- **Prescribed drugs** are those issued by the doctor to cure a particular sickness, for example; antibiotics.
- **Over the counter drugs** are those that can be bought without the doctor’s prescription, for example; Panadol. Drugs on general sale also risk being overused` **Illegal drugs** are drugs that are not allowed by the government to be used by its people.

**Glue sniffing** is a common problem in our schools today. The fumes can cause brain injury and it can have a long term effect on a child’s life.

**An example of an illegal drug in Fiji is marijuana. We need to say —NO to illegal drugs.**

**Activity:**

1. List the harmful household products you can find in your home.

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2. What are the effects of using drugs for children?

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The End