

1008 Dreketi Sangam School  
Healthy Living  
Marking Scheme  
Year 7

1. List down three different things that you value in your life?

Family, God, Religion, village, friends, time, hard work, money.....

2. State one goal that you have in life?

To become successful, to have a job, have a house/car, to go for a vacation ...

3. List down two possible circumstances that may hinder you in achieving your goal.

Negative peer pressure, not studying, making wrong choices, unforeseen circumstance – death of a loved one, accidents, natural disasters, financial constraints,.....

4. List down two things that you will do to tackle the hindrances listed above?

The answer depends on the students. Parents and teachers can mark on their own discretion.

Possible Answers; listen to your parents, make informed decisions, staying focused, being resilient, positive thinking and attitude.....

5. Create a map of your support system. In the circle you can write your name. In the boxes you can write the names of the people of the organization who are or could be part of the support system. State as to how they will support you. The answer depends on the students. Parents and teachers can mark on their own discretion.

