

SOLUTIONS

UNIT 17: DRUGS

- A **drug** is a substance which may have medicinal, intoxicating, performance enhancing or other effects when taken or put into a human body and is not considered a food or exclusively a food.
- **Prescribed drugs** are those issued by the doctor to cure a particular sickness, for example; antibiotics.
- **Over the counter drugs** are those that can be bought without the doctor's prescription, for example; Panadol. Drugs on general sale also risk being overused` **Illegal drugs** are drugs that are not allowed by the government to be used by its people.

An example of an illegal drug in Fiji is marijuana. We need to say —NO to illegal drugs.

Activity:

1. List the harmful household products you can find in your home.

Janola, air freshener, toilet bowl cleaner, cold power, gas space heaters, oven cleaner, kerosene, benzene

2. What are the effects of using drugs for children?
 - Brain's ability to function
 - Prevent proper growth and development
 - Oppositional and aggressive behaviour

The End