

Dreketi Sangam School
Year 3 Healthy Living -Solutions

Personal Cleanliness

Write **True** or **False** in the space provided.

1. I must not look after my cleanliness well. _____F____
2. Bath daily and use own towel. _____T____
3. Cut finger and toe nails if they are long because they collect germs easily. ___T_____
4. Bite your finger nails. _____F____
5. Use your hand to clean your nose. Wipe your nose or hands with your clothes. ___F_____
6. It is dirty habit to put one's fingers into the nose. _____T____
7. Do not wash your hands with soap and water after visiting the toilet. ___F_____
8. Change your underwear daily. Wear a new set of clean clothes after bathing. ___T_____
9. Your hair should be short and neat so that lice don't stay in it. ___T_____

What are they doing?



____Brushing_____



____cutting fingernails_____



____combing hair_____

Match List A with List B and write the correct alphabets in the space provided.

List A

List B

- | | | |
|--------------------|-----------|-----------------------------------|
| 1. Clean your comb | ____E____ | A. after every meal |
| 2. Undergarments | ____C____ | B. daily with soap and water |
| 3. Bath | ____B____ | C. change daily |
| 4. Brush | ____A____ | D. putting fingers into the nose. |
| 5. Dirty habit | ____D____ | E. after using it |

The End