

**2034 NANUKU SANGAM SCHOOL
NEW TERM RE-ALIGNED SOLUTIONS
WORKSHEET 3 -2021**

Subject: English

Year: 7

Name: _____

LESSON NOTES:

ESSAY WRITING: Prepare a plan for your essay. Write not less than 20 lines on the topic you have chosen in the Answer Book. Give your story a suitable title. Write a story using the sentence given below as your ending. "*I woke up with a shiver and realized I had been dreaming.*"

PLAN:

- 1) My friend and I planned to watch a movie.
- 2) Our parents allowed us to go. We booked our tickets.
- 3) We watched 'Harry Potter' movie at Life Cinemas.
- 4) I woke up and realized that I was dreaming.

An Exciting Dream

All days are not the same, some can be boring while some can be really exciting and leave an unforgettable impression on your mind. Life is a blessing thus every moment of your life has to be lived to the fullest.

On a Thursday, I was very/really grateful when my parents allowed me to go with my friend to see a movie. It was the first time that I was permitted to go out and I was given twenty dollars for expenses. My friend booked the tickets in advance for a Saturday at Life Cinemas in Lautoka.

On Saturday morning, I gave a big thanks to my parents for allowing me to go out with my friends. I reached Lautoka at 9 a.m. My friend was there already. The theatre was full as today was the first screening of Harry Potter's movie. I had read the book and thought that the movie would be even more fun/exciting/ enjoyable. The movie was just out of the story it was scary, it was magical and it was thrilling. We had bought popcorns, chips and cold drinks to eat/have in the cinema hall.

I found myself in the same magic show as Harry and we already had become good friends. As I was sitting on a broom, my broom was/became naughty and it took/brought me to my classroom/school where my teacher was waiting for me as I was alone. My eye was glowing with anger as I was late for my examination. His eyes pierced into me. I almost vomited. Someone helped me. It was my mother. I woke up with a shiver and realized I had been dreaming.

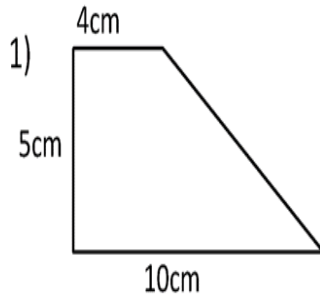
**2034 NANUKU SANGAM SCHOOL
NEW TERM RE-ALIGNED SOLUTIONS
WORKSHEET 3 -2021**

Subject: Mathematics

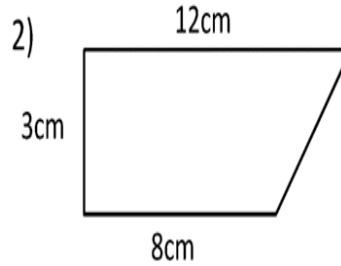
Year: 7

Name: _____

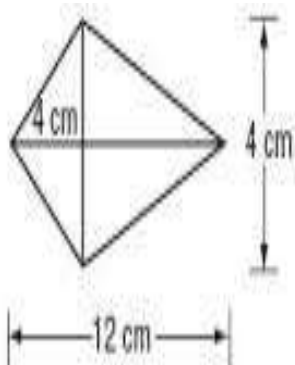
ACTIVITY: Calculate the area of the following:



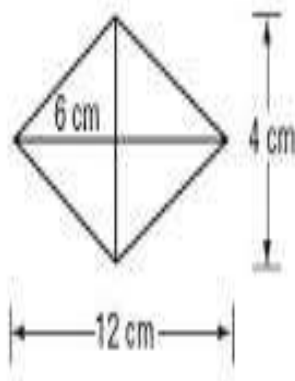
$$\begin{aligned}
 A &= \frac{1}{2} (a + b) \times h \\
 &= \frac{1}{2} (4\text{cm} + 10\text{cm}) \times 5\text{cm} \\
 &= \frac{1}{2} \times 14\text{cm} \times 5\text{cm} \\
 &= \underline{35\text{cm}^2}
 \end{aligned}$$



$$\begin{aligned}
 A &= \frac{1}{2} (a + b) \times h \\
 &= \frac{1}{2} (12\text{cm} + 8\text{cm}) \times 3\text{cm} \\
 &= \frac{1}{2} \times 20\text{cm} \times 3\text{cm} \\
 &= \underline{30\text{cm}^2}
 \end{aligned}$$



$$\begin{aligned}
 A &= \frac{d_1 \times d_2}{2} \\
 &= \frac{12\text{cm} \times 4\text{cm}}{2} \\
 &= \underline{24\text{cm}^2}
 \end{aligned}$$



$$\begin{aligned}
 A &= \frac{d_1 \times d_2}{2} \\
 &= \frac{12\text{cm} \times 4\text{cm}}{2} \\
 &= \underline{24\text{cm}^2}
 \end{aligned}$$

NANUKU SANGAM SCHOOL
NEW TERM RE-ALIGNED
WORKHEET 3

Subject: Veika Vaka-viti

Year: 7

Name: _____

STRAND	Na ivakarau vakavanua
Sub- Strand	Meke/ Serevasi/Qito vakaviti
Content Learning outcome	Me vulici, lagati ka matanataki na meke vakaviti/ serevasi kei na qito vakaviti

Wilika na serekali e ra ka sauma na taro e rukuna.

Na Vuli

“Dou vuli vei au ni’u sa yalo malua” Qori na vosa ni
noda **i Vakabula**
Taura dei ko na yalomatua
Na **mataniciva**, isa! Kua ni vakalutuma.

Dau Kaulotu era kauta mai
Me sa noda i yau ka i sasabai tu e dai Veisau ni
draki ni bula sa veirawai Kawa i Taukei me kua
na yalowai.

Veikawa tamata e Viti e veisisivi
Vakatagedegede ni vuli cecere me sauvi
Veiliutaki e veivanua ni cakacaka me yacovi
E dodonu me vakavure vakasama ni vakacagau na vuli.

Isa lei gauna ni bau Iesu tale mai!
Meu mai vuli tale mada la vakalailai Domomuni memela
ni la’ki voqa yawa mai Sa moce na wekaqu, kua na
yalowai.

Vola ko: V.Sukanatabua

Sauma na veitaro e ra ena yadua na i yatu vosa.

1. E vakaibalebaletaki vei cei na **i Vakabula**?

Jisu/ Kalou/ Karisito

2. Na cava era kauta mai na **Dau Kaulotu**?

Na vuli kei na lotu.

3. Vola e **rua** na vosa rorogo vata.

a) mai

b) sasabai

4. Vola e **dua** na laini ka tukuna na veivutuni.

Isa lei gauna bau Iesu tale mai meu mai vuli.....

5. Vola e **dua** na i vakasala e cauraki tiko ena serekali.

Vakayagataka vakavuku na gauna ka ni na sega ni rawa mo tarova na kena toso.

**2034 NANUKU SANGAM SCHOOL
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WORKSHEET 3 -2021**

Subject: Healthy Living Year: 7 Name: _____

ACTIVITY:

1. Define the term **Trauma**?

Trauma is an emotional response someone has from an extremely negative event.

2. List down some **signs** which indicate that a person is suffering from **trauma**?

- Traumatized person will be depressed, shaken and disoriented.
- Person will not respond to conversation as they would normally do.
- A person will suffer from anxiety.
- Person seems to be withdrawn or not present when speaking.
- Person will have poor concentration and mood swings.

3. List **two** emotional symptoms of trauma?

- Denial
- Anger
- Sadness
- Emotional outbursts
- Depression

4. List **two** physical symptoms of trauma?

- Paleness
- Lethargy
- Fatigue
- Poor concentration
- Anxiety
- Mood swings
- Racing heartbeat

2034 NANUKU SANGAM SCHOOL
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WORKSHEET 3 -2021

Subject: Hindi

Year: 7

Name: _____

प्रश्न

क प्रत्येक सवाल के चार जवाब दिए गए हैं। सही जवाब को चुनकर उसके बगल वाले अक्षर में गोलाकार निशान बनाइए।

1. अध्यापक पंकज से क्यों खुश रहते थे ?

क. वह दौड़ने में तेज था

ग. वह पढ़ने में होशियार था

ख. वह बहुत धनी था

घ. वह ताक़तवर था

2. पंकज के पिताजी की हालत कैसी थी ?

क. वे स्वस्थ थे

ग. वे बूढ़ थे

ख. वे अमीर थे

घ. वे बीमार थे

3. पाठ में आप “आश्चर्य” शब्द का अर्थ है

क. घबड़ा जाना

ग. निराश होना

ख. खुश होना

घ. नाराज़ होना

4. पंकज कितने दिनों तक पाठशाला नहीं गया था ?

क. पूरे तीस दिनों तक

ग. दस दिनों तक

ख. लगभग बीस दिनों तक

घ. एक महीने तक

5. पंकज ने क्यों घर पर रुकना चाहा?

क. पिताजी को सिर्फ़ खुश करने के लिए

ख. घर पर खेलने के लिए

6. विद्यार्थी गुरुजी के पास क्यों पैसा जमा कर रहे थे ?

क. पिकनिक के लिए

ख. पुस्तक के लिए

ग. फीस के लिए

घ. यात्रा के लिए

7. क्या पंकज ने फीस जमा की थी ?

क. जी नहीं

ख. जी हाँ

ग. नहीं मालूम

घ. शायद

8. पाठ में आप परेशानी शब्द का पर्यायवाची है

क. खुशी

ख. मुसीबत

ग. हँसी

घ. प्रसन्नता

नीचे दिए गए सवालों का जवाब पूरे वाक्य में लिखिए

9. पंकज को फीस क्यों नहीं जमा करना पड़ा ?

अध्यापक उस के ईमानदारी से खुश होकर फीस माफ कर दिया था ।

10. सच्चाई और ईमानदारी के विषय में क्या बताया गया है ?

सच्चाई और ईमानदारी मानव जीवन के लिए बहुमूल्य है ।

**2034 NANUKU SANGAM SCHOOL
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WORKSHEET 3 -2021**

Subject: Social Science

Year: 7

Name: _____

ACTIVITY:

1. Where did the migrants of Cook Islands originate from?

- In Cook Islands history, migrants from French Polynesia

2. What is the capital of Cook Island?

-Rarotonga

3. When did the first migrants arrive?

-around 800 AD

4. What was the purpose of the capital of Cook Islands?

-it had been the launching site of waka ship voyagers who originally settled in New Zealand

5. Where did the waka ship voyagers settle in?

New Zealand

6. What is the language of the Cook Islands?

The Cook Islands Maori language is closely related to the Te Reo Maori indigenous language of New Zealand.

7. The language of the Cook Islands is closely related to:

the Te Reo Maori indigenous language of New Zealand.

8. The country is named after

-Captain James Cook

9. When did he land in the Cook Islands?

between 1774 and 1777

**2034 NANUKU SANGAM SCHOOL
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WORKSHEET 3 -2021**

Subject: Basic Science

Year: 7

Name: _____

ACTIVITY:

1. What does sound give us?

It gives us Pleasure

2. What is an oscilloscope?

Oscilloscope is used to see the patterns that sound makes

3. How are wave shapes formed?

By the vibrations from sound

4. The more waves on the screen, the higher the frequency

5. The higher the frequency, and the higher the pitch of the sound.

6. Sound is very important in our world.

7. Things that vibrate fast have a higher pitch.

8. Frequency means the number of waves passing per second.

9. There are different kinds of energy in Sound called electromagnetic energy.

10. Sound is made when an object vibrates or when moves backward and forward very quickly.

11. The vibrations pass through the air until they reach our ears.

12. Sound is made when something vibrates.

13. A short overhanging ruler vibrates more quickly than a long overhanging ruler when plucked.